EPPING BOYS' HIGH SCHOOL Strive to Achieve



Co-Curricular Activities 2018



Dear Students and Parents/Carers,

This booklet, outlining the co-curricular activities available at Epping Boys High School, promotes our philosophy of *Boys to Men* that seeks to engage all boys and build fine men. It involves providing for the well-rounded growth and development of the whole boy.

To achieve this goal the school offers a wide range of co-curricular activities to enhance our students' intellectual, social, cultural and physical development.

Please note, at the time of printing the fees/costs associated with each activity (where stated) is an approximate cost. In most cases, these amounts will not increase.

I encourage **all boys** to become involved in at least one activity that you are interested in. I know that by participating in these activities you will increase your enjoyment of school life at Epping Boys High School.

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Tim O'Brien Principal November 2017

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Academic Competitions

Auricon Bridge Building Competition

Auricon is an international engineering firm who hold a competition across Australia and New Zealand for school students. Each year Epping Boys enters a team of four students to compete at the international competition held at Homebush. All Stage 5 Engineering students are encouraged to compete at the school stage of the competition. A team will be selected to represent the school at the next stage, where they will be required to build a bridge, which will be tested with the latest computer based software to replicate the forces bridges face in nature.

Contact Mr Chew in the TAS Staff Room

Australian Geography Competition

The Geography Competition is a national competition.

Students studying Geography in Years 7 to 11 are eligible to sit for the examination. It is usually held during May. There is an entry fee of approximately \$4.00 per person. Certificates are presented to those students achieving high marks.

Contact Ms Dunn and Mr Edwards in the Social Sciences Staff Room

Australian Mathematics Competition

Students sit for a 75-minute, multiple choice competition testing problem solving skills (as opposed to mathematics examination techniques). Problem solving skills are practised in the classroom prior to the competition. The competition is held annually in late July/early August.

This competition is open to all students and costs approximately \$6.50.

Contact Mr McKenzie and Mr Pham in the Mathematics Staff Room

Australian National Chemistry Quiz

This competition is open to all students, Years 7 to 12. Students undertaking Chemistry studies in Years 11 and 12 are strongly encouraged to take part.

The aims of the Quiz are to promote and encourage an awareness of the nature and relevance of chemistry amongst secondary school students. It is hoped that such a Quiz will interest students in the further study of chemistry and will indicate to students the important role chemistry has to play in our society.

The competition is usually held in August with an entry fee of approximately \$5.50.

Contact Mrs Chen in the Science Staff Room

Australian Science Olympiads Qualifying Examinations

The National Qualifying Examinations (NQEs) are the first stage of the Olympiad Programs. An NQE is held annually for each discipline - Biology, Chemistry and Physics. Entry is approximately \$10.00 per student.

Students sitting the NQEs must be in Year 11 or below. Around the top twenty five students in each NQE will be invited to become Australian Science Olympiad (ASO) Scholars. The ASO Scholar Training School will be conducted at the National University.

Contact Mrs Chen in the Science Staff Room

Bebras Computational Thinking Challenge

Bebras is an international initiative whose goal is to promote computational thinking for teachers and students (ages 8-17 / school years 3-12). Bebras is aligned with the new Australian Digital Technologies Curriculum. Bebras is run by NICTA under the Digital Careers program, funded by the Australian Government as represented by the Department of Communications.

For more information see: http://www.bebras.edu.au/

Selected students will participate as individuals or in groups. The Challenge is run online and takes no more than one hour. The competition runs during the second half of the year. There is no fee to enter.

Contact Mr G Kayes in the TAS Staff Room

Digital Technologies Competition (ICAS)

Students participate in a state-wide computer competition run by the University of New South Wales that assesses a wide range of computer skills areas.

The competition is open to all students from Years 7 to 10. There is an entry fee of approximately \$9.00. Time is made available at school for the students to compete in the competition. Certificates are presented to all participants.

Contact Mr G Kayes in the TAS Staff Room

English Competition (ICAS)

This competition is provided by ICAS, the University of NSW, and provides an opportunity for all students to gain a measure of their own achievement in an external assessment situation. It provides schools and teachers with extensive reporting of results and also gives parents helpful information regarding their child's performance in reading, textual devices, grammar and vocabulary.

The competition takes place each year in schools throughout Australia, New Zealand and the Pacific Region. All students receive a certificate and an individual Results Letter indicating which questions they answered correctly, as well as the average mark for their state.

The competition is usually held in August and there is an entry fee of approximately \$10.00.

Contact Ms Arandale in the English Staff Room

English Writing Competition (ICAS)

This competition is provided by ICAS, the University of NSW, and requires a text-type based response. Stimulus material and detailed instructions are supplied. The competition is open to all students who will receive a certificate and an information feedback sheet. The competition is usually held in June and there is an entry fee of approximately \$20.00.

Contact Ms Arandale in the English Staff Room

Future Problem Solving

Future Problem Solving is an international competition that requires students to investigate future scenarios. Students identify a range of issues or problems and set about constructing possible solutions to these real world situations. The program begins in Term 4 and competitions take place in Terms 1 and 2. There may be a small cost involved.

Contact Mrs Blue in the TAS Staff Room

Macquarie University Business Innovation Challenge

Are you an innovative problem solver? Do you have a passion for technology and finding creative solutions to real-life problems? Macquarie University hosts a two-day Business Innovation Challenge (BIC). This competition gives the student the change to team up and solve real-world business problems. The student will receive industry and academic mentoring and will pitch their solution to a panel of industry judges. The student will participate in a complete design life-cycle and gain skills crucial for the 21st Century workplace.

This competition is open to students in Year10

Contact Mr Edwards in the Social Sciences Staff Room

Mathematics Competition (ICAS)

This is an annual one-hour competition. Any student in Mathematics may enter. Students in Years 8 to 12 can bring in any calculators or other instruments. Year 7 students may not use calculators.

The competition is held in May and there is an entry fee of approximately \$9.00.

Contact Mr McKenzie and Mr Pham in the Mathematics Staff Room

Mock Trial

This is an interschool mock trial competition which is run by the NSW Law Society. Boys from Year 11 Legal Studies travel to other schools and compete in a legal trial.

Contact Ms Dunn and Mrs Ghorayeb in the Social Sciences Staff Room

MUNA – Model United Nations Assembly

MUNA is an annual, two-day weekend event that is part of an International Rotary project to educate senior high school students on the United Nations organisation and its vital commitment to world peace, in addition to health, education and living standards around the world. This event provides an excellent forum for students to develop and practice their public speaking skills whilst debating on topical world issues.

The competition is held in May.

Contact Mr de la Pena in the Science Staff Room.

Python Challenge

Year 11 Software Design and Year 9 IST plus selected Year 10 IST students participate in the National Computer Science School Python Challenge. This is run over five weeks, beginning early August. The entry fee is approximately \$20.00 Students are expected to work on the competition both in class and at home.

For more information see: <u>http://challenge.ncss.edu.au</u>

Contact Mr G Kayes in the TAS Staff Room

Rotary STEM Competition in conjunction with Newcastle University

Each year we enter a STEM competition, run by Newcastle University for students who are interested in Science and Engineering. Rotary subsidise the entry for our students. Priority will be given to the boys who are involved in the lunchtime STEAM group.

Contact Mr Leggo in the Science Staff Room, Mr G Kayes and Mr Simmons in the TAS Staff Room

Science Competition (ICAS)

This competition is available for students from Years 7 to 12. Students sit for a 60-minute, multiple-choice paper, testing problem and process solving skills.

The competition is held annually in May with an entry fee of approximately \$8.80.

Contact Mrs Chen in the Science Staff Room

Spelling Competition (ICAS)

The Spelling Competition is provided by ICAS, the University of NSW, and is open to Year 7 students. It is conducted at school.

The entry fee is approximately \$14.00 and the competition is usually held in June.

Contact Ms Arandale in the English Staff Room

Stock Market Competition

The ASX Stock Market Game is a national competition open to all year levels.

Students are given a \$50,000 hypothetical portfolio which they can trade over an 8-week period. The game actually follows the market in real time and any gains/losses are virtual. They learn about the stock market and take an active interest in the daily fluctuations. Certificates are presented to participants and students compete with others across the nation. It also assists students' learning in subjects such as Economics and Business Studies.

Contact Mr Kinsky in the Social Sciences Staff Room

Sydney University Solar Car Competition

A part of our Technology Mandatory Program, we design and construct solar cars with a focus on problem solving and utilisation of alternate energy. The winning teams from the school competition go on to compete at the Sydney University STEM solar car day.

Contact Mr G Kayes in the TAS Staff Room

Tournament of the Minds

Tournament of the Minds is an international completion. It is a problem solving program for teams of students from Years 7-10. The teams are required to solve open ended challenges from one of the following disciplines: Applied Technology; Language and Literature; Maths Engineering; and Social Sciences.

Tournament of the Minds is for students with a passion for learning and problem solving to demonstrate their skills and talents in an exciting, vibrant and public way.

Contact Mrs Blue in the TAS Staff Room

United Nations Assembly

Macquarie University conducts a Mock UN Assembly which has two committees in session: the Security Council and the 1st General Assembly. Students debate real life current issues facing the international community. 12 students from each school attend. This mock assembly is open to Year 11 Legal Studies boys..

Contact Ms Dunn, Mr Edwards and Mrs Ghorayeb in the Social Sciences Staff Room

Working with Wood Competition

This competition is available for Years 9-10 students who study Industrial Technology Timber. The aim of the competition is to develop students' skills and problem solving ability in a team environment. The first round of the competition is held in the classroom, where all students are encouraged to compete. At the completion of this stage, a team is then selected to compete in a regional competition with other local high schools. The winning team competes in the state wide final, during the National Working with Wood Show.

Contact Mr Mathieson in the TAS Staff Room

World Skills Competition

World Skills is an International competition, which is held in conjunction with industry and tertiary education establishments. The competition potentially allows boys to compete interstate and overseas. Our school competes in the Kitchen Operations component of this course. Any student who studies Hospitality is encouraged to compete in this competition at a school level. At the completion of this stage a group of boys is selected to compete in the Regional competitions.

Contact Mr Kayes, Mrs Koff and Mrs Blue in the TAS Staff Room.

General

Animal Appreciation Group

The aims of the group are to encourage students to gain knowledge of a wide variety of animals, increase their knowledge of Taronga Zoo, and the role and workings of zoos worldwide.

A group of ten to fifteen students meet weekly at lunchtime to discuss their research projects. These cover a wide range of topics from research about particular rare or unusual animals, through to planning animal enrichment for possible use at Taronga Zoo. This group is for any student who has an interest in animals and their conservation.

Contact Miss Corkery in the Science Staff Room

Charity Assistance

Epping Boys has built strong links with the local community, assisting in many charity organisations. Some year groups have adopted their own charity which they support for the six years of high school. Other groups within the school such as Prefects, SRC and specific interest groups, support a wide range of charities.

The charities Epping Boys support include Red Cross, Salvation Army, Wesley Mission, Children's Medical Research Foundation, Cancer Council, Stewart House, Oxfam, Cystic Fibrosis, Breast Cancer Foundation, Blood Bank, World Vision, Legacy and the Nui Dat School in Vietnam.

Activities include door-knock appeal, selling merchandise, collecting donations, and being part of a team in organising intra-school activities, such as Mufti Days, BBQs and Charity Eisteddfod/Film Fest. Charity involvement is a requirement of the Duke of Edinburgh's Award. All students throughout the school are invited to be involved in charity activities as part of the *Boys to Men* program.

Contact Ms Barui in the Science Staff Room

Chess Club

The Chess Club is open to any student who enjoys playing chess.

The club operates during lunchtimes on Mondays, Tuesdays, Thursdays and Fridays. The club is not open on sports day (Wednesday); however, chess is available as a Social Sport. Competitions are run in-school at various times in the year.

The club has two locations: K Block, upstairs in K23; and also in the Year 8 playground at The Big Board. Students can improve their knowledge and skills of playing chess, as well as taking responsibility for looking after the room and chess sets.

Contact Mr Lochner the English Staff Room

Commonwealth Start Smart

Years 9 and 10 Commerce students participate in the Commonwealth Bank Financial Literacy workshops. The program changes the way young people learn about money, by making money management interactive, engaging and fun through a series of free workshops and online resources. Students participate in sessions on saving, running a business, employment and budgeting. This is an additional activity provided to students enrolled in the Stage 5 Commerce elective.

Contact Mrs Dunn the Social Sciences Staff Room

Dr Who Club

The Dr Who Club is an opportunity for those who are keen *Dr Who* fans to watch an episode and have a chat about it. The episodes watched are the 30-minute original episodes, not the modern version which are 50 minutes in duration. The Dr Who Club meets once a week on Fridays during lunchtime in K4. All students who enjoy *Dr Who* are welcome and invited to attend.

Contact Ms Lane in the Science Staff Room

CRASH, formally known as the *Inter-School Christian Fellowship group or ISCF*, is a registered activity of Scripture Union. CRASH provides a relaxed and fun space where students can come and discuss issues of faith, hopefully provoking them to think a little deeper about how they fit into the world and what on earth we're all doing here. Boys from all grades attend, providing an excellent opportunity for peer support, as well as fostering new relationships that may never have otherwise developed. The majority of these meetings are student lead giving the boys a chance to lead, teach and share what they feel is relevant to their fellow students' school lives and overall personal development. A big highlight of the year is the weekend away with the Cheltenham Girls group. We have an awesome time in the care of the senior leaders and adult volunteers, as they entertain us with various games and activities, as well as hearing from guest speakers from within our community. Weekly meetings are held each Friday at lunchtime in C7 and all students are welcome. Parental permission is required each year for students to attend.

Contact Mr Nic McInerney (School Chaplain) in H Block (H25)

Homework and Learning Centre

The Homework and Learning Centre supports the wide range of learning needs of our students. The Centre assists students with homework, assignments/assessment tasks, organisational and study skills. The Centre is staffed by Ms Shubnum Morabi, Ms Rebecca Yang, Mrs Sarah Jung, teachers and mentors. The Homework and Learning Centre operates Monday afternoons between 3.30 and 4.30pm in the library. Afternoon tea is served.

Contact Ms Rebecca Yang in the Mathematics Staff Room

Multicultural Day

Multicultural Day is a celebration of cultural diversity. Epping Boys High School embraces the day with food, fun and festivity. As a community, we respect and uphold the values of multiculturalism. This day provides a range of opportunities for all students, parents and staff to contribute food, entertainment and skills. It is always a delight to see many of our students participate and enjoy all the planning and preparation!

Contact Mr Gibb in the LOTE Staff Room

Muslim Prayer Group

Every Friday during lunchtime, the Muslim boys within our community meet together for the congregational prayer known as the Jumu'ah. As part of this meeting a sermon or Khutbah is also delivered by a registered volunteer from the Islamic Council of NSW. This Friday sermon and congregational meeting for prayer are important parts of the Muslim faith and all boys are welcome to participate in them. Boys from all grades attend, providing an excellent opportunity for peer support, as well as fostering new relationships that may never have otherwise developed. Meetings take place in C8. Parental permission is required each year for students to attend.

Contact Mr Bailey in the Head Teacher Administration Office or Mr Martin in Mathematics Staff Romm

Newsletter Team

This team writes reports, takes photographs of school events and interviews staff, students and community members for the school newsletter, *Epping High Standard*. This newsletter is published fortnightly. Students with an interest in journalism or photography should apply to join the team.

Contact Ms Schadel, Deputy Principal Senior School

Nui Dat Team

The Nui Dat charity was established in 2009 as part of the "Dare to Care" initiative within the *Boys to Men* program. The charity is adopted by the Year 9 cohort every three years. Over the three-year commitment, the Nui Dat committee guides various fund raising activities. The funds raised go towards educational materials and building projects that assist the local kindergarten and primary school in Nui Dat, Vietnam.

Contact Ms Chang in the CAPA Staff Room or Mr Monsted in the History Staff Room

Premier's Reading Challenge

The Premier's Reading Challenge is a state wide program to encourage student reading. Run by the Department of Education, the program requires students to read from a list of books and log their reading online. The Challenge begins in March and ends in Term 3. There is no cost involved.

Contact Ms Crosswell in the Library

Sound and Lighting Crew

This is a small group responsible for running and designing the sound and lighting for assemblies, musicals, concerts and performances. Twelve boys from Years 8 to 12 form the group. They plan and liaise with staff, maintain equipment, attend performances, both in and out of school hours.

Contact Mr Tabrett in the CAPA Staff Room

STEAM

The STEAM group meet once per week at lunchtime in K07. STEAM challenges students in all years to apply their knowledge of science, technology, engineering, art and mathematics to solve real world problems in a project based manner.

During STEAM students work in small project groups to identify the nature of their problem, collaborate ideas, design a solution and execute their resolution to the task. To date, students have designed heat shields for the space shuttle, built bridges of fettuccine and launched model rockets from the oval. STEAM challenges students to broaden their perspective on the world, push materials to their limits and solve the problems of the future as part of a functional team.

Contact Mr Leggo in the Science Staff Room and Mr Simmons in the TAS Staff Room

Leadership and Personal Development

Debating

Students debate against other state schools in The Premier's Challenge Debating Competition.

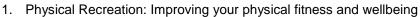
Any student interested in debating may go in the school trials for team selection, including reserves. Debating teams of five or six boys are formed in all years: Years 7-12. Debating commences with other state schools in the Northern Region. The winner of the zone then debates in a knockout competition against other zone winners, until a Northern Region champion is decided.

Contact Mr Kovea-Vueti in the English Staff Room

Duke of Edinburgh's Award Scheme

Duke of Edinburgh's Award Scheme aims to develop skills as a leader and active citizen while empowering students to explore their potential. This is achieved through a series of challenges extending the mind, body and community spirit. It is best achieved through a balanced and engaging series of goals.

The program is divided into three stages: Gold, Silver and Bronze each with its own level of commitment. During the program, at all levels, participants must complete four fields of activity:



- 2. Service: Connecting you with your community as an active citizen giving service
- 3. Skill: Develop your talents and broaden your abilities in a chosen area
- 4. Adventurous Journey: Students undertake their expedition in a bush environment developing their skills in bushcraft, teamwork and time management. This is organised as part of the school's program.

Each stage of the Award has progressing levels of commitment to each field. These are outlined below.

Stage	Standard Commitment	Additional Requirements	Entry Age
Bronze	3 months each	+ 3 months of one chosen major	14 years
Silver	6 months each	+ 6 months of one if silver direct	15 years
Gold	12 months each		16 years

Students generally enter at the Bronze level in Year 9, however, it is possible for older students to begin at Silver entry if spaces allow.

Contact Mr Leggo or Mr Hungerford in the Science Staff Room

Gardening Club

Each week, during sport, students will work with their peers, teachers and members of the community on a variety of sustainable gardening, construction and environmental tasks within the school. We have witnessed tremendous successes as a result of this initiative, as it encourages the boys to interact as part of a team with their peers, teachers, and various members of the community outside of the normal classroom setting.

The program provides the boys with further opportunities to thrive by gaining new skills, leading others, taking initiative and interacting socially that they may or may not ordinarily be able to access in the classroom. This promotes a sense of pride in their work, in themselves, and in being part of the wider community.

Contact Ms Lane in the Science Staff Room

House Captains, House Vice-Captains and Sports Captains

All students in the school are placed in one of the four houses. Throughout the year points are awarded to each house on the basis of their success in the many competitions that run throughout the year. Major contributions come from events such as swimming, athletics and cross-country carnivals, but events as diverse as academic competitions, green cards and school-based round robin sports competitions are also included. The house captains are instrumental in organising these events.

Contact Mr Nelson in the PDHPE Staff Room

Network Cafe

The Network Café program is a student development initiative designed to assist students to enhance their self-confidence and communication skills in a simulated work environment.

Selected Year 9 students have an opportunity to work in our Network Café one day per week, serving morning tea to staff and senior students. The following year nine students are then selected to progress to the Year 10 cafe management team. They work a number of rostered shifts per week, as the café opens before school and at recess every day. These boys also mentor the next group of Year 9 trainees in the procedures of the café, providing a superb leadership opportunity. The management team is then streamlined further as the students enter Year 11, with four boys forming an executive management team to oversee operations and directions.



Duke of Ed walk

The Network Café program at Epping Boys High School has been featured on Radio National and Triple J as an exemplary student welfare initiative, and was the subject of a documentary on Australia's well renowned coffee culture for Japanese TV network NHK.

Teachers involved in the coordination of the Network Cafe are Mr Percy, Mr McInerney and Mr Stewart Contact Mr Percy (School Counsellor) for further information.

Panorama Magazine Committee

This student committee plans and produces the school magazine, Panorama.

Any student from Years 8 to 11, who feels he would like to contribute in some way, may apply. Students learn a variety of skills ranging from gathering information, writing reports and taking photographs. Working with professional design programs such as Photoshop and InDesign, students learn how to produce a quality publication from the initial concept to printing.

Contact Ms Chang in the CAPA Staff Room

Peer Mediation

Mentoring is part of the *Boys to Men* program. Mentoring is an opportunity for students to take a role of leadership in the Middle School.

In the first two weeks of high school, Prefects are attached to Year 7 classes who escort them from class to class, providing help and support during the transition from primary school. Throughout the year, Year 10 students will mentor the Year 7 students in a number of mentoring sessions and help them make a successful transition into high school.

The program is designed to achieve several outcomes. The older students have an opportunity to take an important role at the school, while the new students are made to feel a sense of belonging by establishing relationships with senior students. This enables them to gain valuable knowledge and experience from responsible students already accustomed to the routines and activities of high school.

Year 9 students participate in training days where they are made aware of their role as a mentor when they are in Year 10 and are given the appropriate skills to successfully run small group mentoring sessions. The structure of the mentor sessions become more informal as the year progresses with the expectation that leaders will continue to support the Year 7 students outside of organised session times.

Contact Mrs Tang-Vrataric in the Mathematics Staff Room

Prefect Body

The Prefect Body is elected annually at the beginning of Term 3 by staff and students from Years 9 to 12. Their term of office goes from midway of Year 11 to midway of Year 12. This leadership group consists of 28 students who serve the community and uphold the traditions, values and ethos of the school. At the Prefect Leadership Camp, the prefect body elects the Captain, Head Prefect and Vice-Captain. The Prefects regularly represent the school and they have a traditional role, which includes monitoring student movement on to buses, at the canteen and on assembly; assisting staff when required; attending school functions; and supporting charity appeals within the school and the broader community. They also organise whole-school activities and fund raising events. Each year they determine specific goals, which become a focus for their year of office. The experience of the Prefecture provides opportunities for service and preparation for leadership for life beyond school.

Contact Mrs Hartley in the History Staff Room

Public Speaking

There are three formal areas of public speaking:

- (a) All Year 7 participate in Term 4 for the Margaret Lawrence Award, overseen by Mr Lochner.
- (b) Senior students, (Years 10-12) may enter The Sydney Morning Herald Plain Speaking Competition
- (c) Middle School students from Years 7, 8 and 9 may enter Legacy Public Speaking Competition

Contact Mr Symonds or Mr Lochner in the English Staff Room

Students' Representative Council (SRC)

This is a student leadership body which identifies and voices student opinions and ideas. This can lead to improvements in school spirit, school amenities and closer ties with the local community.

In Years 7 to 10, six students in each year group and seven boys from Year 11 are democratically elected by their peers. Four Year 11 students form the executive board as President, Vice President, Treasurer and Secretary. Weekly meetings are held during lunch time. The group discuss students' rights and responsibilities, organises fund raising activities, such as the annual school dance, and supports charities through the annual charity event. The SRC also provides ongoing sponsorship of three World Vision children and support to the Prostate Cancer Foundation.

Contact Mrs Ghorayeb, SRC Coordinator, in the Social Sciences Staff Room

Creative and Performing Arts

Visual Arts

Art Exhibition

Each year, Term 3, Week 7, the Art department holds an annual Art Exhibition in the School Hall which showcases the work from students in Year 7 through to Year 12.

As part of this exhibition, students are provided with the opportunity to help organise this event. This involves the designing of invitations and promotional material, as well as the selection and arrangement of work.

Selected students from Year 9 are involved in the coordination of this exhibition.

Contact the Art Staff

Visual Arts Camp

A three-day camp at the Arthur and Yvonne Boyd Education Centre at Bundanon on the Shoalhaven River is offered to Year 10 and 11 students. This involves a variety of activities including visiting the Boyd's Studio and Homestead and visiting the artists in residence at that time.

Contact the Art Staff

Year 8 Art Day In

An annual event in Term 2, Year 8 students are provided with a whole day artmaking experience, choosing a workshop of their choice. Some of the workshops include realistic drawing, experimental painting, photography, soft stone carving and Claymation.

Contact the Art Staff

Drama

Drama Performance Evening

Students present a showcase of dramatic talent within the school. All elective students in Years 9-12 and the Junior Ensemble perform an evening performance. The performance contributes to the elective students' assessment weighting.

Contact the CAPA Staff Room

Junior Drama Ensemble

This is a small group of enthusiastic boys in Years 7 and 8 who meet before school to experience Drama. Contact the CAPA Staff Room

Music

Our music program employs a number of professional musicians as directors of the many music ensembles. Ensemble fees are in addition to the general school contributions and are important to cover the cost of external directors, purchasing and maintenance of instruments and equipment such as music stands, transport to venues and entry fees. Fees for each ensemble are listed below. Students who participate in multiple ensembles are eligible for the fees to be waived for the third and subsequent ensembles.

Beginner musicians who wish to learn an instrument should contact Music staff to discuss their options. The school has a limited selection of instruments for hire.

Wind Ensemble

Wind Ensemble members have enjoyed a wide variety of success in recent years. Their musical journey has taken them to Honolulu for the Pacific Basin Music Festival and the Los Angeles International Music Festival. In recent years they were prize winners at the Sydney Eisteddfod, and have had a featured item in the Arts Unit Festival of Instrumental Music.

Students must be experienced instrumentalists and join by audition.

Rehearsals are Monday morning at 7.20am.

Fees are \$330.00. Contact the Music Staff

Concert Band

Concert Band performs at school functions and community events. They enter eisteddfods and band competitions. In recent years the Concert Band has enjoyed success at the Yamaha Festival and Ryde Eisteddfod. They have toured regional NSW, including Parkes, Forbes, Berry, Hunter Valley and Byron Bay.

Open to any student who plays an instrument (other than strings) may join. Students are expected to have lessons with an instrumental tutor.

Rehearsals are Thursday afternoon 3.30pm

Fees are \$330.00.

Stage Band

Stage Band performs at school concerts and community events. The Stage Band has been extremely successful in a range of eisteddfods and state school auditions. The band has performed at Darling Harbour, in the Queen Victoria Building, Sydney Town Hall and the Sydney Opera House. They have toured to Mt Gambier, Port Macquarie for the *Big Band Blast*, and performed alongside the famous jazz band, *Generations in Jazz Academy Big Band*.

Students are encouraged to also belong to Wind Ensemble or Concert Band.

Rehearsals are Tuesday lunch and Friday morning 7.20am

Fees are \$330.00

Contact the Music Staff

Jazz Band

This band has been very successful in various events at school and in the local community, including 3rd place in the City of Ryde Eisteddfod. They have performed at the Eastwood Spring Fair, Eastwood Heights Public School Fete and Kent Road Public School. They have toured regional NSW, including Parkes, Forbes, Berry, Hunter Valley and Byron Bay. All boys interested in Jazz can apply to join. Students are encouraged to belong to Concert Band.

Rehearsals are Monday lunch.

Fees are \$330.00.

Contact the Music Staff

String Ensemble

Over the years, Epping Boys High School has formed an Orchestra and String Ensemble. Each year they perform at various school functions. They have performed at the Westmead Children's Hospital and were selected to perform at the Sydney Town Hall for the Arts Unit. They have toured regional NSW, including Parkes, Forbes, Berry, Hunter Valley and Byron Bay.

Students who play violin, viola, cello and double bass are welcome.

Rehearsals are Thursday lunch.

Fees are \$330.00.

Contact the Music Staff

Guitar Ensembles

The Guitar Ensembles perform at Grandparents Day and *An Evening of Music*. The senior ensemble has also performed at the City of Ryde Eisteddfod and has placed first on two occasions. Students are expected to have individual tuition, as well as school practice. All keen beginner and experienced guitarists are welcome.

Rehearsals are Friday lunch.

Fees are approximately \$330.00.

Contact the Music Staff

Percussion Ensembles

These ensembles provide a dynamic introduction to school activities and have performed at the City of Ryde Eisteddfod, *An Evening of Music,* Grandparents Day and the Year 7 Concert.

The Senior Percussion Ensemble participates regularly at the Sydney Eisteddfod and the Australian National Eisteddfod, where they have been regular prize winners.

Students from Years 7-10 may join the Junior Percussion Ensemble. Entry to Senior Percussion Ensemble is by audition.

Rehearsals: For Junior Percussion Ensemble - Monday mornings at 7.20am. For Senior Percussion Ensemble – Tuesday mornings at 7.20am

Fees are \$330.00.

Contact the Music Staff

Choir

Performances are both in and out of school. The choir has been invited to sing at venues such as Government House, Sydney Opera House and State Principals' Conference. In 2016, they toured to Honolulu, where they participated in world class workshops and performed on the international stage. They have achieved much success at the Melbourne and Sydney Eisteddfods, and have performed as soloists at the Sydney Town Hall with the Arts Unit. Students from all years may join.

Rehearsals are Friday mornings at 7.50 am.

Fees are \$330.00.

Contact the Music Staff

Junior Vocal Ensemble

This group is open to Year 7 students and provides a stimulating and fun environment to sing together. **Rehearsals** are one lunchtime per week.

Fees Nil.

Contact the Music Staff

Year 7 Massed Choir

All Year 7 students perform at the annual *Evening of Music,* which is held in the School Hall.

Rehearsals are in class time with students memorizing their songs.

Contact the Music Staff

Year 12 Massed Choir

All Year 12 students form a choir to perform at a concert for the older members of the Epping and Eastwood communities, as a goodwill gesture during the last week of Term 3. All Year 12 students participate.

Rehearsals are scheduled after the Year 12 Trial HSC exams.

Contact the Music Staff

An Evening of Music

Year 7 Massed Choir

This annual concert features all the main ensembles throughout the year. Year 12 soloists, small ensembles and the Year 7 Massed Choir also perform. You do not have to do elective music to be involved. The night offers a wide variety in musical style and showcases the musical talents within our school.

Contact the Music Staff Room

Annual Concerts:

Other concerts and ceremonies throughout the year may include:

An Evening of Jazz, Formal Assemblies, High Achievers' Assembly, Prefects Induction, Anzac Day, Speech Day, Year 7 Concert, Year 12 Community Concert, various eisteddfods and competitions: state, national and overseas tours.

Musical Production

Previous productions were West Side Story (2017), Beauty and the Beast (2014), Jesus Christ Superstar (2008), Bye, Bye Birdie, Guys and Dolls and How to Succeed in Business Without Really Trying. The enthusiasm and hard work results in productions that are satisfying to cast and crew and enjoyed by all who are involved. Future productions will be advised.







Beauty and the Beast

Jesus Christ Superstar

How to Succeed in Business Without Really Trying

Sport

AFL NSW/ACT Swans Cup

This competition is open for Under 14, Under 16 and Open grade (Years 7-12) students. Contact Ms Horstead in the PDHPE Staff Room

AFL Swan Shield

This competition is open to Under 15 grade (Years 7-10) students. This competition is a Department of Education knockout.

Contact Ms Horstead in PDHPE Staff Room or Mr Archer in English Staff Room

Baseball Competition - Proud Shield

Students compete in a state-wide Combined High Schools open grade knockout competition.

Any student in Years 9 to 12 who feels he is a good baseball player may enter, but as it is an open competition the final selection is usually made up from senior boys who are in grade baseball. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Mrs Dwyer in the Science Staff Room or Mr G Kayes in the TAS Staff Room

Basketball Competition

Students compete in a state-wide Combined High Schools knockout competition.

The final selection is made from senior boys who are in grade basketball during summer sport. The competition starts in February and the top eight teams go to a central venue to play rounds 3, 4 and 5. Training and coaching will be given. The actual games against other schools are held during school time.

Contact Mr Crawford in the PDHPE Staff Room or Mr Mathieson in the TAS Staff Room

Basketball Knockout Competition – Under 15s

Students compete in a regional knockout competition.

This competition is open to all boys under the age of 15 in Years 7 - 10. The only cost involved is transport fares when games are away from home.

Contact Mrs Tang-Vrataric in the Mathematics Staff Room

Chess – Metropolitan Secondary Schools Competition

The NSW Junior Chess League conducts a weekly teams' competition during Term 2 each year. Matches are scheduled on a home and away basis and are played on Fridays after school. Entree fee is free for Chess Club members.

1. Junior grade (Years 7 and 8)

- 2. Intermediate grade (Years 9 and 10)
- 3. Senior grade (Years 11 and 12)

The competition is for teams of four players and is played in three grades.

Interested students may apply to play by contacting Mr Lochner in the English Staff Room

Cricket Competition - Davidson Shield

Students compete in a state-wide Combined High Schools open grade knockout competition. In addition, open grade also competes in the **Northern Districts Cricket Cup**.

Any student in Years 9 to 12 who feels he is a good cricket player may enter, but as it is an open competition, the final selection is usually made up from senior boys who are in 1st grade cricket. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Mr Chew and Mr Bell in the TAS Staff Room

Football - Annual Dinner

The Annual Football Dinner is held at the completion of the Winter Sports Competition. The evening is a celebration of football for all age groups at Epping Boys High School. The evening attracts noted football guests and Old Boys to present trophies and speak to all school football players.

Contact Mr Bailey, Mr S Kayes or Mr C Gordon



2017 winners of the Davidson Shield

Football – Indoor (Futsal)

Epping Boys High School competes in the Annual NSW Futsal Indoor Championships.

This competition has age groups in U14, U16 and U19. Epping Boys High School nominates teams in each category based on students who have played in the indoor soccer competition during zone summer sport. Students who are interested in selection to represent the school at the NSW Futsal Indoor Soccer championships may enter.

Contact Mr Simmons in the TAS Staff Room and Mr S Kayes in Inclusive Education Faculty

Football Junior Competition - Turner Cup

Students compete in a state-wide Combined High Schools junior grade knockout competition.

Any student under 15 years of age who feels he is a good soccer player may enter but the final selection will probably be made from boys who play grade soccer and who are involved in the Applied Sport subject. Training and coaching will be given. The games against other schools are usually held during school time.

Contact Mr Simmons in the TAS Staff Room and Mr S Kayes in the Inclusive Education Unit

Football Open Competition – NSWCHS Boys Knockout

Students compete in a state-wide Combined High Schools open grade knockout competition

Any student in Years 9 to 12 who feels he is a good soccer player may enter but as it is an open competition the final selection is usually made up from senior boys who are in 1st grade soccer. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Mr Bailey in the PDHPE Staff Room

Football – Wanderers Cup

A football competition hosted by the Western Sydney Wanderers for our school's most talented Years 7 and 8 players. Winners of the zone competitions then progress to a finals day and the top four from the finals day will play before an A league match and receive free tickets to watch that match.

Contact Mr S Kayes in the Inclusive Education Staff Room

Golf (Zone and Regional)

The school's best four junior and four senior players compete against the other schools in the zone and if successful, then play against the best schools in the region. Epping was champion school in 2014. Please register interest with the Sports Coordinator.

Contact Mr Sutton in the PDHPE Staff Room

Grade Sport Choices - Summer

Students can try out for inclusion in the various age groups or grades of the following sports: cricket, baseball, basketball, volleyball, indoor soccer (Futsal), Oztag, water polo and tennis.

These grade teams have regular coaching at school and play against other schools in the zone on Wednesdays afternoons.

Contact the Sports Coordinator, Mr Nelson in the PDHPE Staff Room

Grade Sport Choices - Winter

Students can try out for inclusion in the various age groups or grades of the following sports: rugby, soccer, hockey, tennis, table tennis, badminton and lawn bowls.

These grade teams have regular coaching at school and play against other schools in the zone on Wednesday afternoons.

The contact person is the Sports Coordinator, Mr Nelson in the PDHPE Staff Room

Hockey

Students compete in a state wide Combined High Schools competition.

The team will be selected from the grade junior and open school hockey teams. Games against other schools are usually held during school time.

Contact Miss Corkery in the Science Staff Room

Lawn Bowls

Students compete in a state-wide Combined High Schools lawn bowls knockout competition.

Any student in Year 7 to 12 who feels he is a good lawn bowl player may enter. Games against other schools are usually held during school time.

Contact Mr Kinsky in the Social Sciences Staff Room

Netball

This competition is for students in Years 7 to 12.

Contact Ms Horstead in the PDHPE Staff Room

North vs South (U13, U14, U15 Soccer and Rugby Competition)

A concept where the zone's most talented Under 13, 14 and 15 rugby and football players play against each other: North (including Epping, Asquith and Normanhurst) vs South (including Homebush, Randwick, Ashfield and North Sydney). Games are played at Epping Boys High School the week after winter sport grand finals. U13s kick off at 12.00, U14s at 1.00pm and U15s at 2.00pm. Players are nominated by their coaches or sports coordinator.

Contact Mr Crawford and Mr Bailey in the PDHPE Staff Room

Rugby League

Students compete in a statewide Combined High Schools Under 14s and Open grade knockout Rugby League competition. This competition is open to all students dependant on the competition.

Contact Mr O'Brien in the Principal's Office

Rugby Union - Annual Rugby Dinner

The Annual Rugby Dinner is held at the completion of the Winter Sport Competition. The evening is a celebration of Rugby for all age groups at Epping Boys High School. The evening attracts noted Rugby guests to present trophies and speak to all Epping Boys High School Rugby players.

Contact Ms Laman in the PDHPE Staff Room

Rugby Union U16 Knock out – Buchan Shield

Students compete in a state-wide Combined High Schools 16 Years and below knockout competition.

Any student who feels he is a good rugby union player may enter but the final selection will be made from junior boys who are in grade rugby union. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Ms Laman and Mr Crawford in the PDHPE Staff Room

Rugby Union Open Competition - Waratah Cup

Students compete in a state-wide Combined High Schools open grade rugby union knockout competition.

Any student who feels he is a good rugby union player may enter but the final selection will probably be made from senior boys who are in grade rugby union. Training and coaching will be given and the actual games against other schools are usually held during school time.

A tradition at Epping Boys High School is the participation of rugby union players in the combined rugby choir.

Contact Mr Martin in the Mathematics Staff Room

Social Sport Choices Summer and Winter

The students may choose from the following sports:

badminton, basketball, mountain bike riding, golf, ice skating, lawn bowls, recreational swimming, soccer, tennis, ten pin bowling, table tennis, laser tag, fitness training, chess, parkour, touch football, squash, and rock climbing.

These sports are played on Wednesday afternoon.

Contact the Sports Coordinator Mr Nelson in the PDHPE Staff Room

Softball Competition – Teachers' Credit Union Cup

This competition is open for students in Years 9 to 12.

Contact Ms Horstead in the PDHPE Staff Room

Sports Academies (AFL, Cricket, Football, Rugby)

These began in 2014, with more sports to be added in the future. More details to follow. Contact Mr Bailey in the PDHPE Staff Room

Sports Photographers

Opportunities are available for boys with an interest in photography to take photos or videos of Epping sporting competitions which are then used in school publications (website, newsletter, assemblies, football and rugby dinner). Boys who regularly help out will receive "Sports Photographer" badges.

Contact Mr Nelson in the PDHPE Staff Room

Sports Referees (Football, Touch Football, Oz-Tag)

Leadership opportunity for boys to referee grade football matches on Wednesdays or knockouts, gala days or North vs South matches. Boys are acknowledged and rewarded at the annual football dinner each year in August. Boys also have opportunities to referee touch football and Oz-Tag gala days for primary school competitions in the local area.

Contact Mr Gordon in the Mathematics Staff Room

Sportsman of the Week Award

There is a weekly award presented on Fridays. The recipient of these awards is called to the dais and a citation read out in relation to the student's achievement. The award is based on submissions to the Sports Coordinator by coaches and representative sporting teams.

Squash

Students compete in a state-wide Combined High Schools squash knockout competition.

Any student in Year 7 to 12 who feels he is a good squash player may enter. Games against other schools are usually held during school time.

Contact Mr Nelson in the PDHPE Staff Room

Table Tennis Competition (Inter-school) – Butterfly Shield

Students compete in the state-wide Combined High Schools open grade knockout table tennis competition.

Any student in Years 7 to 12 who feels he is a good table tennis player may enter but as it is an open competition the final selection is usually made up from senior boys. The final team is made up of four boys. In competition games the team plays a number of singles and doubles matches against other schools. The actual games against other schools are usually held during school time.

Contact Mr S Kayes in the Science Staff Room

Tennis Competition – Stan Jones Cup

Students compete in a state-wide Combined High Schools open grade knockout competition.

Any student in Years 9 to 12 who feels he is a good tennis player may enter but as it is an open competition the final selection is usually made up from senior boys who are in grade sport. The final team will comprise four singles players and four doubles players. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Mr McKenzie in the Inclusive Education Unit

Touch Football

Students compete in a state-wide Combined High Schools Open Touch Football knockout competition.

Any student in Years 7 to 12 who feels he is a good Touch player may enter. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Mr Nelson and Mr Crawford in the PDHPE Staff Room

Triathlon

Statewide team and individual competition for competitive swimmers, runners, cyclists in Years 7 – 12. Contact Mr Nelson in the PDHPE Staff Room

Volleyball

Students compete in a state-wide Combined High Schools open grade knockout competition.

Any student in Years 7 to 12 who feels he is a good volleyball player may enter but as it is an open competition the final selection is usually made up from senior boys who are in grade sport. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Mr Chedra in Science Staff Room

Water Polo

Students compete in a state-wide Combined High Schools open grade knockout competition.

Any student in Years 7 to 12 who feels he is a good water polo player may enter but as it is an open competition the final selection is usually made up from senior boys who play water polo in grade sport. Training and coaching will be given and the actual games against other schools are usually held during school time.

Contact Mr Nelson in the PDHPE Staff Room

Weights Training

This activity is open for students in Years 9 to 12. The sessions take place before school. Contact Mr Crawford in the PDHPE Staff Room

Tours

Canada and USA (rugby)

Every three years in April, the Open Rugby teams visit schools in the USA and Canada. In the between years, teams from schools in Canada have traditionally visited us to play rugby. The next tour will be April 2020.

Two teams, First and Second Grade usually play four games each on the tour. The tour is also a significant cultural learning experience for the boys. In 2017 the teams went to a Major League baseball game at AT&T Park in San Francisco, visited Alcatraz, walked over the Golden Gate Bridge, visited Fisherman's Wharf, spent time in Vancouver, learnt about the Canadian First Nation, played games in Calgary, Banff and Vancouver and went snow skiing on Whistler Mountain, to name just some of the activities.

During the 19-day tour the boys were billeted by parents of our opponents on three separate occasions. Some have made firm friends with whom they still correspond.

Contact Mr Martin in the Mathematics Staff Room

Europe (history)

This tour is open to all students studying elective History in Year 10 and Ancient and/or Modern History in Year 11. Students will enhance their historical learning by visiting Italy, to view ancient and Renaissance sites which build onto course content for both junior elective and senior Ancient History. For Modern History students, visits are made to French historical sites of World Wars I and II, as well as a tour of Paris. The next tour will be taking place in April 2018, depending on level of interest and the NSW Department of Education approval.

Contact Mrs Hartley in the History Staff Room

Honolulu (music)

In partnership with Cheltenham Girls High School, a combined Wind Ensemble and Choir visited Honolulu to participate in the 2016 Pacific Basin Music Festival. International tours are open to students who participate in the co-curricular music program. Future tours to international destinations will take place every three years.

Contact Mr Tabrett in the CAPA Staff Room

Japan (cultural)

The Japanese cultural tour involves a 10 day visit to Japan, where students are immersed in the culture and art of the country. Students visit a variety of cities, including Tokyo, Hiroshima, Osaka and Kyoto. Whilst at these destinations students visit art galleries and culturally significant sites, as well as being encouraged to try different cuisines.

This tour is primarily for senior students and will take place every two years, with the next Japanese tour planned for 2019.

Contact Mr Gibb in the Languages Staff Room

New Zealand (rugby / football)

Epping Boys High School travels to NZ every second year with a selected group of 44, Year 8 and Year 9, boys who have represented the school at grade soccer and/or rugby. The teams consist of U14 and U15 football and an U15 rugby team. The boys have the privilege of playing against Nelson College "the home of rugby", where the first game of rugby in NZ was played. Selection criteria are based on being a good ambassador for the school and skill level in selected sport. Boys who have represented the school in both codes increase their level of eligibility.

The 10-day tour includes travelling from North Island (Wellington) to South Island, ending in Queenstown for a couple of days skiing. The teams play three games each and visit a number of cultural activities, including glacier walk, white water rafting, Queenstown gondola ride and skiing.

This tour is run during the end of Term 2 and the first week of the mid-year break. The next tour will take place in 2018.

Contact Mrs Tang-Vrartaic in the Mathematics Staff Room

Sea World Nara Resort (Hospitality)

During this program, students will get to experience first-hand operations and skills required to work in an award winning four star hotel environment. Students will be engaging in interactive learning sessions and performing practical skills whilst gaining a sound knowledge and understanding of hotel operations. Students will expand their knowledge base with applied duties in key departments such as Housekeeping, Front Office, Concierge, Food and Beverage, including both preparation and service and Hotel Maintenance department.

This excursion is available to VET Year 12 Hospitality students and will take place in Term 1, 2018. They will be attending Hotel school for two nights.

The cost of the program, including 3 nights' accommodation is \$800.00.

Contact Mrs Blue and Mrs Koff in the TAS Staff Room



















Strive to Achieve