# EPPING HIGH STANDARD

THE NEWSLETTER OF EPPING BOYS HIGH



Telephone: 9869 2701 | Fax: 9868 1198 | Email: eppingboy-h.school@det.nsw.edu.au | Website: www.eppingboy-h.schools.nsw.edu.au

#### Issue No: 13 - 24 October, 2016

#### IMPORTANT DATES

**13 October—4 November** HSC examinations

**27 October** Year 11 (2016) Parent/Teacher Evening

**31 October** Year 12 sign-out

**7 November** Year 12 sign-out

7- 11 November DOE Gold test walk

**11 November** Year 7 Vaccinations

**14—17 November** Year 10 Yearly exams

22 - 25 November Year 10 Camp

28-30 November Year 10 Crossroads

6 December Speech Day

9 December Orientation Day

**15 December** HSC results

**16 December** End of Term 4 for students

**30 January 2017** Students return Term 1



**Congratulations** to our Year 12 student Hugh O, who has been nominated for Encore in Music Extension. We wish him all the best for the next selection process. We also acknowledge his teacher Mr Antony Mutch for his guidance with the Year 12 Music Extension Class.

# From the Principal - Tim O'Brien

Welcome to Term 4.

The HSC is well underway with a minimum of disruption. Hopefully our boys are meeting their expectations and parents are coping with the usual stresses. Our Year 11 boys have begun their HSC and I encourage all parents/carers to attend the parent teacher evening this Thursday to discuss your son's report which will be issued tomorrow.

I urge all parents to consult the school calendar for Term 4 as there are many functions and events taking place.

Looking forward to a successful Term.



# Deputy Principal – Senior School – Ian Lowcock

After two weeks of being in holiday mode, we have returned for the challenges that a very busy final term present. After 2 days, the memory of holidays seemed so far away!! It is comforting to know that something that doesn't fade, like the memory of holidays, is the positive and supportive learning environment at Epping Boys where every student is valued and safe.

Year 12: The HSC began on Thursday, October 13. We have 195 boys sitting the HSC this year and feedback from the English papers was "the first one was okay, the second one a bit tougher" I hope that the remaining exams receive equally "high praise".

Year 11: At the end of the first week of Term 4, our large 2017 HSC cohort (233 boys) had a study skills day which rotated around 9 sessions designed to enhance the boys' approaches to study. These covered areas of "Study Skills and Habits", "Organising Notes/Note-taking, Working Smarter and Learning Styles", "Improving Writing and Reading to Remember", "Balance/Stress and Support", "Overcoming Procrastination and Time Management", "Excellence and Personal Best", "Growth-Mindset", "Careers". Thanks go to all teachers involved. Thanks also to the Prefects for organising the BBQ lunch.

In Period 4, there was a full year meeting where the boys received their HSC Assessment Schedule booklet, HSC Rules and Regulations booklet, EBHS Student Policy booklet. The boys were also spoken to about the mentor program and the jersey orders. At this meeting the boys were given advice on what to do in the case of Illness/Misadventure forms, the meaning of 'N' Awards in course, punctuality to class, school and attendance in class during assessment periods, and a variety of other essential information.

A reminder that reports for Year 11/12 will be handed out on October 25 and the Parent/Teacher Evening is on October 27 for parents to discuss Preliminary Exam results and the HSC course of 2017. No student in Year 11/12 has been allowed to drop a subject until this discussion with teachers has taken place and the boys will also have an interview with the Principal. We welcome 3 new students into Year 11/12 for their HSC study and hope they enjoy their year of study with us.

Year 10: Yearly Exams in most subjects will be held in Week 6 (14th-18th November). It is important that the boys prepare themselves with regular revision before the exams and by asking their teachers for clarification on areas they do not understand or need more assistance with prior to the exams. A study plan leading up to the exams is important as this sets good precedents for the coming Stage 6 studies. A reminder also that boys can only take a clear pencil case/plastic sleeve into their tests with their writing equipment (this is similar to the HSC requirements). Black pens only to be used.

It has come to my attention that there has been an increase in malpractice in assignments in Year 10 with boys looking for the quick and short alternative to doing the work themselves. This is not only very sad to hear but also an extremely bad ethic to attempt to claim someone else's work as their own. Copying large amounts of information from the internet will result in 0 marks as a requirement of study in assessments is that work is original. This applies to all years in the Senior School. Parents will be informed via "N" award warning letters that this has taken place and the student will be required to resubmit the work, done honestly and fairly. This will still receive a 0 mark but will allow the student to satisfy the outcomes and requirements of the course and show that they have eventually worked with due diligence.

General: Some dates to remember:

27 October Year 11/12	Parent teacher Afternoon/Evening
6-11 November Gold	D of E walk
14-18 November	Year 10 Yearly Exams
22-25 November	Year 10 Camp/Crossroads
28-30 November	Year 10 Crossroads at school
1-2 & 5 December	Presentation Day rehearsals at school
6 December	Presentation Day at Sydney Town Hall
9 December	Orientation Day-new students
15 December	2016 HSC results released, Last Day of Term for students

M.I.Lowcock Senior School Deputy Principal



## Deputy Principal - Middle School - Ralph David

#### Transition from year 6 to 7

The transition process from year 6 to year 7 it extremely important. Effective transition can reduce student anxiety about moving to a bigger school with more personal challenges and responsibility. Some of these challenges include,

Students move from having between 1 and 3 teachers to between 8 and 14 teachers. Students need to pack their bag with the books and equipment for their timetabled classes each day. Students need to move to different rooms across the school at the end of each period to find their next class. Students go from being one of the oldest students in the school to being one of the youngest Students become part of a much bigger cohort of students Students may know only a few other students from their primary school and Student workload increases

We as adults would have memories of this transition when we were students. This memory will be different for everyone and of course each person deals with this challenge in different ways. Some find it easy and cannot wait to get to high school, while others find it stressful and full of uncertainty.

At Epping Boys High School we have a team of staff who focus on ensuring that your son's transition to high school is a positive one. Our team is made up of the Deputy Principal Middle School, the Head Teacher Middle School, the Year Adviser for the students coming into year 7, the School Counsellor, the English as another language or Dialect Teacher, the Learning and Support Teacher and because we have an autism unit, (what we call our Inclusive Education unit) the head teacher of Inclusive Education. As a team/school we want to understand the individual needs of each student coming to Epping Boys High School. We work closely with our partner primary school to build positive mutually beneficial partnerships that promote effective sharing of Information around students' needs and past learning experiences to ensure that we can cater for students needs and improve the continuity of learning from primary to high school.

During 2016 we worked with primary school to develop a scaffold to provide important information about a student's academic, social and wellbeing needs. The scaffold also provides details of topics studied, books read and technology that students are familiar with so that EBHS can build on what has already been covered in primary school.

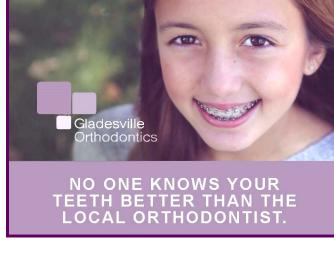
We promoted and hosted a sharing afternoon to better coordinate information sharing to support student transition to high school. This afternoon was attended by representatives from both local high schools and primary school, allowing them to learn about students who will be transitioning to their school in 2017.

Another aspect that promotes effective transition to high school is the development of opportunities for high school students to work with primary school students. Epping Boys High School has worked with its partner primary schools to establish a number of opportunities to work with the primary schools. Some examples include,

Physical Activity and Sports Studies, (PASS) in year 10 help to run primary school carnivals. Game design workshops for primary school students run by students studying Information Software and Technology, (IST). High school students reading to primary school students

Mentoring days led to raise awareness and change behaviours around bullying and School Representative Council, (SRC) leaders mentor primary students at leadership camps.

This process works as a result of teachers hard work and commitment and a willingness to work together across schools. Thank you to all of the partner schools, teachers and students that give their time and energy to make the transition process so successful at Epping Boys High School.



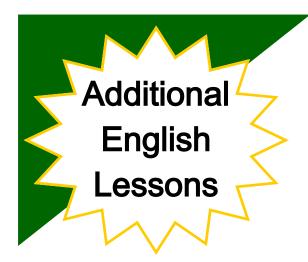
#### NO ONE KNOWS YOUR TEETH BETTER THAN THE LOCAL ORTHODONTIST.

At Gladesville Orthodontics, we're committed to providing children, teens and adults with orthodontic care of the highest quality in a friendly, community environment.

> Get in touch today and we'll give your family a reason to smile.

P (02) 9817 4018 | E info@gladesvilleorthodontics.com.au www.gladesvilleorthodontics.com.au

163 Victoria Road, Gladesville NSW 2111



Additional English lessons are being offered to assist students in Years 11 and 12 who are doing Standard and Advanced English.

These lessons will be beneficial for revision especially as boys head toward Year 11 exams and the HSC.

We especially encourage boys who would like to improve the quality of their narrative and writing styles to attend.

Class	Day	Time	Venue
Advanced English	Monday Week B	From 7.30am - 8.30am	K24
Standard English	Monday Week A	From 7.30am - 8.30am	K24

# Uniform shop - Delma Marsden

#### YEAR 10 BOYS - 2017

Year 9 boys going into Senior School (Year 10, 2017) will need to purchase white shirts and a senior tie before the start of the new school year.

# HELPERS NEEDED FOR ORIENTATION DAY FRIDAY 9 DECEMBER 2016

Come and join us for a fun day! Have a yummy lunch and coffee (on us) AND earn a shop credit voucher (that can be used at a later date)!!

A limited number of helpers are needed to assist in the sale of uniforms at the Daylight Uniform Shop for incoming Year 7 students on Orientation Day on Friday, 9 December 2016.



Please call Delma Marsden on 0451 255 624 for further information or to leave your details.

Call Now for Availability!				
MOBILE 0421 532 882   EMAIL aba@aba08.com.au				
50% OFF enrolment onto a Beginners Course* New Students Only PROMO CODE WEB100				
AUSTRALIAN BADMINTON ACADEMY				
www.aba08.com.au				

# Alison Howard- Head Teacher, Welfare

#### **Cybersafety Public Talk**

Australian high school students love the internet. Market research has revealed that 82% of high school students see it as very important in their lives and most are using their phone to go online, whether at home, school or increasingly from wireless hotspots.

While the internet brings many benefits, its dangers include hacked data security, cyber-bullying, online fraud, grooming for terrorist and paedophilic purposes. Families, schools, students and young people have a vital role to play in ensuring cyber safe communities by remaining up-to-date with the way people are using technology and aware of its risks and challenges.

**Macquarie University** is hosting a cyber safety seminar for current and recent high school students, their families and members of the school community to attend on **Wednesday 26 October**. Four Macquarie University cyber safety teachers will present on key issues that young people face in cyber safety, including practical tips for minimising risk while online.

Together we can keep you and your family safe and free from dangers which can lead to psychological and emotional distress lasting for years.

http://www.cvent.com/events/cybersafety-public-talk/event-summary-792c4f80c2bf402ba436cbcb4e8a576a.aspx

# SRC - Aida Ghorayeb - SRC Coordinator



#### Film Fest 2016

The Students' Representative Council (SRC) are hosting the second 'Film Fest' on the 4th of November.

All students from both Epping Boys and Cheltenham Girls are being invited to make a small film (not exceeding 7 minutes), to be placed into the competition.

This year's theme is card.

To compete, students must enter the Film Fest Google Classroom (Classroom code - 99w7clu).

The students must then complete a film nomination form and submit it to Ms Ghorayeb in the Social Sciences Staff Room.

All funds raised go towards the Prostate Cancer Foundation.

Students can win prizes up to a value of \$300 for first place. On the night, students can be guaranteed great food, great company, a great environment, and even greater films.

Jack Foster - SRC



# Leadership Day at NSW Parliament House



Leadership can come in different forms, showing off all it's true, immature and boundless qualities in one grand old place; Parliament House. The trip to Parliament House for the Prefect Body was an adventure for all to experience, from the long stretch of Martin Place, to the extreme 'Question Time' within the Legislative Assembly.

Getting a wave from Mike Baird, we sat above the MPs from each electorate, witnessing the fury of childish repartee coming from what are our 'state leaders'. With each member verbally trying to abuse the other, the Speaker gave warnings and desperately tried to control the situation. It was a bit like an unruly classroom with a strict teacher up the front. Unfortunately we did not get to see the true entertainment of watching members getting ejected from Question Time but it was a very absorbing experience. We left the Legislative Assembly to meet Victor Dominello, the Member for Ryde, in the Jubilee room. Listening to Mr. Dominello give his speech came forth an inner sense of leadership within the prefect body.

By the end of the trip, the prefects that stood as representatives for Epping Boys High School had all taken away something that will inspire them to achieve not only for themselves, but set standards for others to 'Strive to Achieve'. Mr. Dominello's favourite quote sums up the true qualities of leadership; "If your actions inspire others to dream more, learn more, do more and become more, you are a leader".

Robbie Hill Prefect

#### Attention all parents please note

#### **NEW ONLINE PARENT TEACHER BOOKING PROCESS**

Epping Boys have moved to SENTRAL online bookings (accessed through the parent portal) for all future parent teacher nights. This begins with the Year 11 (Year 12 2017) parent teacher night on Thursday 27th October 2016. All parent teacher nights next year will use this new system and in order to make a booking you will need to be registered with the school's parent portal.

If you are already registered with the school's parent portal, you will receive an email in the week leading up to any parent teacher night for your son/s which will explain how and when you can make bookings.

#### If you are NOT registered with the school's parent portal – please follow these steps:

If you haven't registered yet please visit: http://web3.eppingboy-h.schools.nsw.edu.au/portal/register and enter your details (Please ensure you use the same email address you used when enrolling at the school). Once you have registered you will receive an email to confirm your access has been approved (Please note this process can take a few days). You will require the student key (From the letter you received last year) once you login to the parent portal for the first time, this student key must be entered so that your account links to your son's profile. If you have any issues with this process or have lost your student key please email the school on: eppingboy-h.school@det.nsw.edu.au and put in the title: Parent Portal. Our friendly IT staff will help you with the process from there.

Thank you Mr Jonathan Bailey Head Teacher Administration

# Thank you from Social Science

With the conclusion of the year 12 study period, we also bid farewell to Mr Jacob, who taught year 12 Economics and Ms Wybenga, who took the year 12 Geography class through to the end of the HSC, after picking up the class mid-year. We thank them for their tireless work with the HSC boys.

# Tournament of Minds-State Competition

Unfortunately a name was left off the list of students participating in the State Competition of Tournament of Minds.

Thankyou to AJ Terno for your participation

Epping Boys high school students from years 7 to 10 compete in the Tournament of Minds Competition. A few years ago one of our teams won the regional competition in the Engineering and Maths category.

On Sunday the 11th of September they competed in the state competition. Ms Barui and Ms Wybenga worked with the boys to prepare for the competition. On Sunday they were accompanied by Mr Gibb to the competition.

Thank you, boys for your great efforts and excellent teamwork. Jack Foster, Bailey Shakesheff, Aditya Rao, Bhavik Aggarawal, Salam Safi, Aiden Tiong and AJ Terno



# ENGAGING ADOLESCENTS™

**ONE-DAY INTENSIVE PARENTING WORKSHOP** 

Learn practical skills for resolving teenage behaviour problems in modern times Build a stronger relationship and renew your sense of confidence by the skills to hold tough conversations about challenging behaviour w



Saturday 22 October 2016 | 9:00am - 4:00pm Venue: The King's School, 87-129 Pennant Hills Rd, North Parramatta Prices : \$109 one-person | \$189 two-people \*\*\*Spaces are limited. Book early.\*\*\*

REGISTER NOW http://parentshop.com.au/kings

Parentshop

International Teachers' Day - Friday 28th October

The P&C and Events Support Committee will host morning tea for EBHS teachers and staff to mark International Teachers' Day to thank the terrific teachers for their professionalism, teaching and support of our boys. This is especially during the lead up to the HSC exams. If you would like to assist in some way, please give me a call. I also encourage you to personally thank your teachers.

Meeting dates for 2016 P&C General Meeting are: 7.30 pm on Monday nights – 7th November, and 5th December. All parents and carers are welcome. Meetings are held in the Common Room, B Block.

Susan Day P & C President — 0418 213212

# Judy Crosswell – Teacher Librarian

HSC and Other Student Resources at Ryde libraries

To find information about Ryde council libraries go to www.ryde.nsw.gov.au. Their library website has all the information needed to access the Ryde network libraries and their collections and online resources.

Here are the main links and information for students.

HSC collections are at Ryde and Gladesville libraries and students can borrow or use resources in the library: http://www.ryde.nsw.gov.au/Library/Something-for-Everyone/Youth/HSC-Collection

Bookable meeting rooms for group study (Ryde library), printing and scanning facilities, free Wifi and public PCs: http://www.ryde.nsw.gov.au/Library/Using-the-Library/ Library-Facilities

Educational Online databases: ttp://library.ryde.nsw.gov.au/cgi-bin/spydus.exe/ MSGTRN/OPAC/ODBS

Ebooks/eAudiobooks to borrow: http://www.ryde.nsw.gov.au/Library/Online-Library/ eBooks-and-eAudiobooks

eMagazines to borrow: http://www.ryde.nsw.gov.au/Library/Online-Library/ eMagazines

More information is available from the Ryde librarians.







#### School Student Transport Scheme

#### Information for parents and students

School travel passes only need to be updated when a student:

- Changes their address, or
- Change school

A new application is required when:

- Applying for an SSTS Pass for the first time.
- Progressing from Year 6 to Year 7.
- Requesting an additional pass as a result of a new shared parental responsibility situation.

For more information on planning your school travel, visit www.transportnsw.info or contact your local operator.

#### IMPORTANT—Passes for 2017 Travel

Opal Network: Please remind ALL students to keep their School Opal Cards for travel in 2017. These cards will be automatically deactivated for school holidays and then reactivated for school travel in Term 1. Current School Opal Card can be updated with changes of school, home address or operator.

# Grade Table Tennis: NSW Secondary



Late in Term 2 ten Grade Table Tennis boys represented EBHS at the NSW Secondary Schools Table Tennis Competition. These boys were split into five teams of two, followed by a game against a school. If the first game was successful, they moved onto the championship where those who succeeded, competed in a tournament to win the NSW Secondary Schools Cup for table tennis. Fortunately, 4 of the 5 teams qualified to the championship tournament. Two of the five teams reached round 5 of 7, whilst the others reached round 4 and round 2. This amazing effort was demonstrated through their immense commitment and dedication to the game, as they strived to achieve, the best, for EBHS. Overall, all the boys had a great day competing in the NSW Secondary School Competition.

Anosh Samsudeen Year 10



Congratulations to EBHS Year 7 student, Matthew Simmons, for being selected to perform in the 2016 School Spectacular. The School Spectacular is an out-

standing talent in the

ets are from Tick-



showcase of NSW public schools. Tickavailable now etek.

#### It's switching your banking to us. But it's bigger than that. It's a chess arena for Epping Boys High School.

Our bank invests its profits into our community, so just by banking with us, you automatically become part of something bigger. **Bigger than a bank.**  Drop into our branch at 2 Oxford Street, Epping or phone 9869 0818 or apply now at bendigobank.com.au

bendigobank.com.au





#### NSW All Schools Athletics

This year, we had six of our students compete at the NSW All Schools Athletics Championships at Sydney Olympic Park Athletic Centre.

We would like to congratulate the boys on their efforts and thank them for representing the school in such a positive manner.

Harrison W -	1st 17 years 3000m
	2nd 17 years 1500m
George D -	5th 13 years 3000m walk
Max C -	18th 14 years 100m
Daniel B -	8th 15 years 200m hurdles
Michael M -	9th 15 years 200m hurdles
Louis P -	6th 16 years 400m
	8th 16 years 200m



Special congratulations to our school Sports Captain; Harrison for being selected to represent NSW at the National Championships! Harry T - Rugby





Harry has continued with his Rugby journey, accomplishing more in the sport.

Harry has been named captain of the NSWCHS 1st XV for the 2017 South African tour. They have already commenced pre-season training with the NSW Waratahs Strength & Conditioning coach in preparation for the upcoming tour. He has also been selected for the Waratahs Academy. The academy is a 3 year development program and a pathway into the Australian under 20s team.

At the same time, Harry has also been selected in the under 17 Waratahs Rugby 7s squad. The squad has been cut down from 64 players to 28, with the final 24 being selected next month for the Nationals 7s Championships in December. We wish Harry all the best in this final selection!

#### Jimmy H & Alex L—State Volleyball

Congratulations to two of our grade Volleyball players; Jimmy and Alex for being selected to play in the U17 NSW Volleyball team at the Australian Junior Volleyball Champs which was held on the Gold Coast.





# Sportsman of the Week

Well done to Jack S. Outstanding service performance! 18 dynamic serves in a row to lead

the U14 Volleyball team to an 18-0 lead before Randwick knew what was happening.

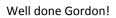
Congratulations Jack!



Gordon H – Dragon Boating Two years ago, Gordon was selected in the under 16 National Dragon Boating team to compete at the World Championships last year in Canada.

This year, he has been successful in being selected for under 18 National Dragon

Boat team who will compete at the 2017 World Championships in China.





#### News from Social Science

It's hard to believe we have reached Term 4 in 2016. Our HSC boys are about to sit their final examinations. We hope they are prepared and will perform to the best of their ability. HSC teachers are still available in the lead up to the Business, Legal, Geography and Economics examinations to assist in any final preparations.

This term we welcome Mr Vimaleswaran who is a pre-service teacher from University of NSW. Mr V is working toward his education degree in Economics, Business Studies and Commerce teaching. He will be joining us for four weeks and teaching a year 9 and year 10 Commerce class. Hopefully, the students will enjoy his enthusiasm and knowledge. He is also a keen mathematician. Currently we are missing Mr Kinsky as he recovers from an ear operation. He will be absent for weeks 2, 3 and 4. It is believed that he still working from his hospital bed, including marking papers and writing reports. We wish him a speedy recovery. Year 9 and 10 Commerce are due to receive a visit from the University of NSW law students in week 2 to discuss current legal issues. A group of volunteer law students will be presenting informative lectures on public law for year 10 and consumer law for year 9.

#### geoSNAPS

geoSNAPS is back in full swing in term four. Week 1 was won by Jason Rees in year 9 for his excellent snap for the sunrise and sunset theme. Also, congratulations to Mark Han in year 9 for his win in the travel theme week at the end of term 3. Both of the boys, with their prizes and snaps are pictured. All of the most recent entries are posted on the geoSNAPS noticeboard in the H block, opposite H23. Students who are interested in entering should collect the Google Classroom code from Geography teachers.





#### Teaching and learning fun

Some wonderful things are already happening in classrooms. Year 7 Geography students are working through the Global Environments topic, Year 8 are learning about Global Issues and year 9 and 10 are working through respective Australian Geography topics. Year 9 Commerce are learning about effective ways to run a business and year 10 are completing a very important topic based on inquiry based learning about making major decisions in terms of finance, goal setting and making major purchases like a car.

In the topic of Global Environments, 7P had the task of recreating visual representations of environments such as mountains and rainforests. Their challenge was made harder by having to use as many recycled items as they can. This taught the students about the idea of sustainability, as well as reusing everyday household items. The students worked in groups to create their models. Each project demonstrated great planning and a good understanding of how items can be reused, rather than discarded. Some of the projects are pictured below.



Jason Rees-Sunrise/Sunset

As part of the unit "Unequal World" 8E participated in a simulation of the differences between developing and developed nations. Students were allocated one nation to represent and working together they had to make decisions on how to share resources such as food and water. Students were surprised to learn of the differences in development and access to necessities across the world. It was interesting to see what nations were prepared to share their good fortune and access to resources and those who wouldn't. Students also learnt about population and GDP of different nations and worked on their debating and reasoning skills.

# **Community Notices**

# Stringfest Festival



The Northern Sydney Youth Orchestra (NSYO) is inviting String players, of Primary, High School & University age to attend the Stringfest Festival, a special musical event, directed by renowned British music educator and conductor Alan Broadbent.

Venue: St Albans, 3 Pembroke St. Epping

Date: Oct 29<sup>th</sup>, 30<sup>th</sup> (Sat/Sun)

Time: 12.00-5.00 (Sat), 1.00-5.00 (Sun) Concert 5.00-5.45pm Sunday (friends & family)

Players need to be at AMEB Grade 2 or above. To register, please visit: https://www.trybooking.com and search NSYO Cost: \$60 (non-members), \$50 (members)

Or for further information visit: www.nsyo.org.au



# Crisis Support, Suicide Prevention, Need crisis support now? We're here to help. Call 13 11 14 (24/7) IFELINE BOOK FAIR comes to SAT/SUN 8am - 5pm **OAKHILL COLLEGE OLD NORTHERN RD** AST 40,000+ Books, CDs, DVDs & Computer Games. Pristine fiction at a fraction of retail prices. Non-fiction in 40 subject areas. On site parking. Find us on f www.facebook.com/lifelineH2H Enquiries: www.lifelineh2h.org.au 24/7 Book Donation Points - See over for maps. Thanks to:

© Lifeli∩e Saving

#### **WESLEY GIANT GARAGE SALE**

Tel: 9498 8805

Where:	In the Wesley Uniting Church grounds at 32
	Showground Road, Castle Hill
Dates:	Friday 4th November 2016
	(operating from 8.00am to 1.00pm)
	Saturday 5th November 2016
	(also operating from 8.00am to 1.00pm)

Oakhill

Sale items/Stalls will include Books, Records, CDs, DVDs, Christmas, Clothing, Electrical, Jewellery, Plants, Toys, Furniture, Manchester, White Elephant, Fine Art and China etc.

We will also be providing refreshments (tea, coffee and cake) during sale hours, together with a Sausage Sizzle for lunch on both days, and Bacon and Egg rolls for breakfast on Saturday morning.

Enjoy the friendly atmosphere, and pick up a bargain (or two) knowing you are helping those families who need our assistance within the Hills area.

#### PLEASE NOTE:

Due to current roadworks on Showground Road, there will be LIMITED or NO parking on either side of Showground Road. Parking on the north side of Showground Road will be possible in (part of) Kentwell Avenue, Worthing Avenue or Castle Street, whilst on the south side parking will be possible in Cheriton Avenue or Cecil Avenue.

# unwind, relax and revive

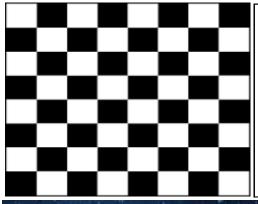
#### information session for healthy lifestyles

Come and learn the common causes of mental health problems, early signs and the strategies to deal with them. Take a little time to unwind, relax and revive and learn how to use mindfulness and relaxation to enhance your concentration, sleep and feel recharged. Please bring along a towel or mat for relaxation activity.





#### @ EBHS



**Chess Club** is located in K23 during lunch time on Monday, Tuesday, Thursday and Friday. No experience necessary. Come along and make new friends.

# ALL WELCOME

# **Dr Who Club** Friday during lunchtime in K04



See Ms Lane in the science faculty for more information

#### ALL WELCOME

# envirogroup

Interested in the Environment !!

Come along and join this fun and interesting group

Tuesday - lunchtime in K4

See Ms Lane in the Science Faculty for more details.



Need Help with Homework or Assignments ...

# Come to the Homework and Learning Centre

Extra help with homework and assignments is available at the Homework and Learning Centre

# School Library

Monday afternoons 3 .30pm - 4.30pm See Miss Morabi in C Block for more information or

Mrs Frank in the office for a permission note



Epping Boys High School

is on Facebook

# STEAM

ScienceTechnologyEngineeringArtsMathematics

STEAM challenges students to solve the problems of the future in a creative way supported by evidence and first-hand research. All students are welcome to come along and change the world on

Tuesdays at lunch time in K07.

# See Mr Leggo in Science

#### PAGE | 12

BREAKFAST:		SALADS:		
Hash brown	.80	Salad Only Plate (Order Only)	\$3.20	
English Muffins Ham and Cheese	\$1.30	Salad with Protein Plate (Order Only)	\$3.80	
Herb and Cheese Toastie (Thursday's)	\$1.30	Pasta Plain Salad (Term 1 and 4 Only)	\$3.20	
Hot Chocolate (Term2and3 only)	\$2.80	Pasta Chicken Salad (Term 1 and 4 Only)	\$3.80	
	\$2.60		\$3.60	
		SAUCES:		
HOT FOOD:		Tomato	.30	
Chicken Fillet	\$2.70	Mustard	.30	
Chicken Corn Roll	\$2.70	Sweet Chilli	.30	
Sausage Roll	\$3.00	BBQ	.30	
Spinach and Cheese Roll	\$2.70			
Pizza Rounda	\$2.70	DRINKS:	↓ ↓	
Hot Dog	\$2.70	Water (600ml)	\$1.00	
Hot Noodles- Chicken/Oriental	\$3.00	Water (1.5 Lt)	\$2.90	
Chicken Burger	\$3.70	Pump Water (750ml)	\$3.50	
Vegie Burger (Order Only)	\$3.70	Fruit Juices (350mls)	\$2.60	
Pork Rib Roll (Friday only)	\$4.00	Juice Poppers	\$1.20	
Lasagne	\$3.70	Up and GO	\$2.20	
Beef Meat Pie	\$3.70	Oak Flavoured Milk (600ml)	\$3.20	
Curry Pie	\$3.70	Oak Flavoured Milk (300ml)	\$2.20	
Pizza Pie	\$4.20	Rush Flavoured Milk (latte, Mocha)	\$3.20	
Butter Chicken Pie	\$4.20	Pura Plain Milk (600ml)	\$2.20	
Vegetable pastie	\$3.70	Lipton Iced Tea	\$3.40	
Hot Special Roll of the day	\$4.00	Okf Sparkling	\$2.20	
		Appletiser	\$2.20	
COLD ITEMS		ICE BLOCKS and ICE CREAMS:		
Sandwiches	\$3.20	Zooper Dopper	.50	
Wraps	\$3.70	Frozen fruit cups	\$1.00	
Chicken Caesar Roll	\$3.70	Tnt	\$1.00	
ADD FOR TOASTED	.50	Juicie	.80	
ADD EXTRA FOR 2 OR MORE PROTEINS	.40	Moosies	\$1.20	
Protein Fillings are:		Yogo Snapz	.60	
Chicken, Corned Beef, Ham				
Roast Beef, Plain Egg, Curried Egg		SNACK ITEMS:	1 1	
Tuna or Cheese	1 1	Toasted Garlic Tortilla	.80	
Salad Fillings are:	1 1	Lamington	\$2.90	
Lettuce, Tomato,	1 1	Mega Muffins	\$3.90	
Carrot, Cucumber, Capsicum		Brownie	\$2.20	
Mixed salad leaves and Celery		Jelly	\$0.50	
Condiments:		Koala Popcorn	\$1.80	
Pesto, Mayo, Pickles, Mustard		BBQ Snaps	\$1.80	
Chutney, BBQ and Tomato Sauce		J J snacks	\$1.80	
charley, bbq and romato sauce			\$1.80	
		Jumpy's Rice Cracker Mix		
		Mamee Noodle Snacks	\$1.20 \$1.20	—



ABN 76 069 733 455 35 Garema Circuit, Kingsgrove NSW 2208 Telephone: (02) 9758 5588 Fax: (02) 9758 5566 Email: daylight@daylightcorp.com

# Epping Boys High School Uniform Shop Price List

Name:	Year: Date:		Rec#	
Item	Price \$	Size	Qty	Total incl GST
Tailored Trousers	43.00			
Grey Beltloop Shorts	35.00			
S/S Grey Middle School Shirt	30.00			
L/S Grey Middle School Shirt	33.00			
S/S White Senior School Shirt	30.00			
L/S White Senior School Shirt	33.00			
Jumpers				
Green Wool Jumpers 10 – 16	72.00			
Green Wool Jumpers 18 – 22	72.00			
Green Wool Jumpers 24 – 28	72.00			
Sport / PE				
Microfibre Jacket	65.00			
Winter Jackets	65.00			
Trackpants	40.00			
Sport Polo	35.00			
Sport Shorts Darvall	26.00			
Sports Shorts Harris	26.00			
Sports Shorts Terry	26.00			
Sports Shorts Midson	26.00			
Others				
School Socks	7.50			
Rugby Socks	8.00			
Boys Blazers	110.00			
Bottle Caps	12.00			
Middle School Tie	20.00			
Senior School Tie	20.00			
		Тс	otal to Pay	

We accept cash and credit card - eftpos facility. Cheques will not be accepted.

The Uniform Shop is open:

Monday 10.00 am until 2.00 pm Thursday 7.30 am until 11.30 am

The Uniform Shop is located in G Block. If you have any queries, please contact Delma Marsden on 0451 255 624

#### EBHS CHANGE OF STUDENT PERSONAL INFORMATION

Student First Name:Stude	ent SurnameRoll Class
Previous Address:	
	Date Address Changed:
New Address:	
	Post Code:
Home Phone:	
Parent/Guardian 1: Work Phone:	Parent/Guardian 1: Mobile
Parent/Guardian 1: Email:	
Parent/Guardian 2: Work Phone:	Parent/Guardian 2: Mobile:
Parent/Guardian 2: Email:	
Emergency Contact 1 (someone other than Parent/Gu	uardian)
Name:	Emergency Contact Phone:
Relationship to Student (eg Aunt, Friend):	
Emergency Contact 2 (someone other than Parent/Gu	uardian)
Name:	Emergency Contact Phone:
Relationship to Student (eg Aunt, Friend):	
Parent/Guardian Name:	
Parent/Guardian Signature:	Date:
OFFICE USE ONLY	BOS Transport

#### **SMS NOTIFICATIONS**

#### Absences

If you receive a text regarding your son's absence, please only reply if he is sick or on leave. If you believe your son is at school or on a school excursion etc., please telephone the school on 9869 2701.

#### **General SMS Information**

Due to the SMS system we have, all text messages are sent in bulk from the computer. We are unable to reply to any text messages we receive. If you have any queries about an SMS please phone the school on 9869 2701.

#### **Notification of Absence**

If your son is going to be absent, please call the school ASAP and upon return, please use the following form to explain your son's absence. NB: Early Leavers form should be submitted to the Front Office in the morning before 9.00am. Any other notes are to be submitted during roll call or handed to the Front Office.

If your son will be away for five or more days, an application for extended leave/travel form must be filled out and submitted to the Principal two weeks prior to absence. Forms may be collected from the Front Office.

#### NOTIFICATION OF ABSENCE

Student Surname:	. Given Name:	. Roll Class:
WHOLE DAY ABSENCE Date(s):	LATE ARRIVAL Date:	
EARLY LEAVER Date:	Departure time:	
Reason for absence:		
Parent/Guardian Name:	Parent/Guardian Signature:	Date:
(Please Print)		