EPPING HIGH STANDARD

THE NEWSLETTER OF EPPING BOYS HIGH



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Issue No: 6 – 27 May 2019

IMPORTANT DATES

30 May Grandparents Day

31 May Zone Cross Country Flannel Friday commences 3 June

Year 10 Vaccinations

7 June - 27 September Flannel Friday

10 June Queens Birthday

15-16 June MUNA Weekend 25 June

Year 8 Parent Teacher Evening 28 June

School Dance

Honour Book Assembly Year 10 Parent/Teacher Evening

4 July Multicultural Day Business Day

5 July End of Term 2 22 July Staff Development Day

23 July Start of Term 3

From the Principal - Tim O'Brien

World's Greatest Shave

I congratulate our Prefects and the Prefect coordinator, Ms Ghorayeb, for their organisation of the *World's Greatest Shave*. Well over \$25 000 was raised by the boys. This is an exceptional effort and shows the strong sense of social justice that is present in our school community.

Most pleasing to see were the large numbers of boys in the Middle School who also showed their support for this cause by shaving their heads; indeed fine young men.



Flannel Friday For Framers

This Friday will be our first week of fundraising for Tullamore Central School through our Flannel Friday For Framers. In discussion with the principal of that school, she made it clear that for the area the drought had only worsened and the impact on their community was devastating.

I am proud that as a school we are again adopting a regional school to support.

Year 12 Parent/Teacher Evening

Thank you to all parents who came along and to all staff who spent a considerable amount of time in preparation for these extended interviews, providing quality feedback to parents about this very important final year of school.



After an epic musical, we congratulate two of our CAPA teachers Ms De Souza and Ms Wiseheart and also Mr McInerney for their selfless act and shaving their hair on Friday last week.

The teachers are raising money with the boys in the Epping group and have raised over \$25000, their goal is \$30 000.

See more on page 6.





Deputy Principal, Years 11 and 12 – Narelle Kathryn

On Thursday evening we had another very successful Year 12 Parent/Teacher evening. The format of longer interview times seems to work well for both staff and parents with many parents commenting on quality interviews and being a bit less rushed. Thank you to all the parents who were able to attend the evening, it is great to see such supportive parents of the students and hopefully everyone has discussed ways we can all work together to help the boys work to their best and support them through to their HSC exams.

Resilience is something that we have been discussing a lot recently. We are trying to build fine young men and as part of that process they need to build resilience. An understanding that life is going to be tough, things aren't always going to go exactly how you want them to and that sometimes you are going to fail are all important life lessons. Mr O'Brien spoke to Year 12 about build-ing resilience, moving outside their comfort zone and embracing all factors of life. It is something all our boys need to acknowledge, sometimes failing is the best lesson we can get and it makes us move up and onto better things.

In the last newsletter I reminded all the boys who were driving to school that it is essential for them to register their car with me. Mr O'Brien spoke to all Year 12 last week and also reminded them that they are to park in the top of the school car park and not in Crimera Road. We have had many residents ringing to let us know how dangerously the boys are driving down Crimera Road at the end of the day and we wish to keep the boys and members of the community safer by requiring them to park on school grounds.



Mr Symonds has been working with the Year 10 boys to complete their Minimum Standards exams. At

this stage almost all the boys have successfully passed their Reading and Numeracy exams, they will be sitting their Writing exams before the end of term. The few boys who were unsuccessful in these tests are being given extra support to help them meet the Minimum Standards as well as support for their course work. The few boys in Year 11 who are yet to meet the Minimum Standards are being supported either individually or in small groups to assist them meet these standards.

Deputy Principal, Years 9 and 10 - Seddique Martin

School is more than what can be taught from any textbook or novel, and yet, most people judge knowledge based on what can be regurgitated from roee learned information. Epping has always been focussed on developing the "whole boy". The key element is developing a relationship with all students beyond the confines of a classroom, whether it is in the sporting arena, during extracurricular activities or during recess and lunch. It is hoped that as a consequence, 'our boys' all develop into fine young men, who will be confident individuals, leaders rather than followers, and men who are respectful, responsible and empowered to make good life choices and decisions irrespective of circumstance.

Year 9 have just completed NAPLAN and may breathe a sigh of relief, but school Assessment Tasks continue with the bulk of assessments for Year 9 and Year 10 due in weeks 4, 5, and 6. Parents may want to check assessment booklets with gentle reminders about staying on task and trying to meet deadlines. To discuss issues or provide an opportunity to talk generally does have a positive effect for relationships with young men. This term is particularly stressful for young men. Assessment and reports for Semester One can be overwhelming to all our boys.

Year 10 will soon be conducting individual interviews with Ms Coleman (Careers Advisor) Ms Morabi, Mr Kovea-Vueti and myself to help them to identify their post school goals assist them in making appropriate subject selections to align with future career prospects. This realisation of school coming to an end allows students to explore strategies and avenues for improvement to empower them to reach their own personal goals this year, next year and plan for their future.

Deputy Principal, Years 7 and 8 - Jessica Schadel

NAPLAN

Amidst a media storm the NAPLAN Online testing has taken place at our school over the last two weeks, with complete calm. I congratulate all boys in Year 7 and 9 on their excellent conduct during testing and for remembering to bring their devices to school fully charged and with the locked down browser installed. Special praise must also go to Aida Ghorayeb, our Head Teacher Middle School, who coordinated the entire testing process and to Steven Botto, our Computer Coordinator and Mathew Jessop, our Technical Support Officer, who ensured that all IT systems at Epping Boys High School functioned smoothly, despite the inadequacies of the online platform from ACARA.

Much of the discussion in the media has been around how the results from NAPLAN Tests are used in schools. At our school, we find that results invariably reinforce what we, as teachers, know already from the extensive formative and summative assessment we do with our students every day. If you are concerned about your child/ward's progress in either Literacy or Numeracy you can contact their teacher at any time and be assured that they will know better than any point in time standardised test the areas that your child/ward should focus on!

Deputy Principal, Years 7 and 8 - Jessica Schadel - continued

Leaving School Early - Just a reminder about procedures for leaving early.

We ask all Parents/Caregivers and students to ensure that they adhere to the process required for students wanting to leave school early for appointments made during school hours:

- 1. The student is to bring a written note to one of the Deputy Principals before school to be signed. An emailed note or phone call to the Attendance Officer can be made by the Parent/Caregiver if their son/ward forgets to bring a written note.
- 2. The signed note is presented to the Attendance Officer in the School Administration Office for an Early Leave Pass to be issued.
- 3. This Early Leave Pass is shown to the class teacher at the allocated time to enable the student to sign out at the office and leave the school grounds.
- 4. Students are <u>not</u> to phone parents directly to come and pick them up. They should come to the office if sick. Parents cannot wander through the school looking for students must come through Reception and should sign in if staying for any reason.
- 5. WEDNESDAYS: If student has an injury and cannot play sport they should support their Grade Sport Team in another capacity. For Social Sport, students who are injured are expected to attend non-sport in the Library. **Early leaves will not be granted by the Deputy Principals.**

Of course we request that where possible no appointments are made during lesson time or sport time, and, that unless in emergency situations, parents do not turn up at the office to collect students without this process being followed.

We thank you for your support with this.

Year 7 Grandparents Day Thursday 30th May, 2019 9.30 am to 11.00 am

Grandparents Day will take place on Thursday 30th May, 2019. Grandparents Day provides an opportunity for students in Year 7 to bring their Grandparent to school to share school experiences across the generations. This year we are hoping to increase the number of grandparents attending, providing translations of the invitations, and extending the concept of grandparent to include close elderly members of the family where a grandparent is unable to attend. We have placed greater emphasis on student involvement this year with the Year 7 student mentors from Year 10 facilitating the event. The day is a lot of fun and a great opportunity to build bridges between generations, the school and community.

If you have any further enquires or would like to RSVP, please contact Mrs Aida Ghorayeb via Email: aida.ghorayeb@det.nsw.edu.au Phone: 9869 2701 ext 111

祖父母日(祖孙交流日)将在2019年5月30号,星期四举行。祖父母日给七年级的学生们提供了一个良好的机会,让他们把长辈带来学校,共同分享跨越年代的校园生活的经历与感受。今年,我们期待着更多祖父母们的参与,我们提供了邀请函的翻译件,以求扩大参与者的范围,如果祖父母不方便出席,家中亲近的长辈也可以参加此次活动。我们也加强学生的参与度,让七年级学生与其十年级指导者来组织和帮助此次活动的举行。这次活动不仅充满乐趣,而且还能促进学生们和长辈之间,以及学校和社区之间的良好交流。如果您有任何疑问或者想要参加,请通过以下方式联系Mrs Aida Ghorayeb:

邮件: aida.ghorayeb@det.nsw.edu.au

电话: 9869 2701 ext 111

2019년도 조부모님의 날을 맞이하여 저희 학교에서 학생들과 조부모님들, 그리고 지역 단체의 시니어 분들을 위해 추억에 남을 특 별한 행사를 진행하려 합니다. 7 학년 학생들의 조부모님, 그리고 가정에 계신 시니어분들 모두 초대하여 모든 세대가 즐길수 있는 행사를 진행합니다. 올해에는 더 많은 학생들과 조부모님들께서 참여하시길 원하여 이렇게 번역하여 드립니다. 이 행사에서는 7학 년 학생들을 멘토해 주는 10학년 학생들의 도움으로 진행하고자 합니다. 참여하시면 학생들에게도 좋은 경험이 될것 입니다. 조부모님의 날 행사는 5월 30일 화요일 오전 9.30 부터 오전 11시 까지 저희 학교 홀에서 열립니다.

학교단체와 학생들 그리고 그 가정에 특별하고 좋은 추억이 될것을 기대합니다.

참석이 가능하시거나 문의가 있으시면Mrs Aida Ghorayeb에게 이메일을 보내주시기 바랍니다.

메일주소: aida.ghorayeb@det.nsw.edu.au

전화번호: 9869 2701 ext 111

Wellbeing and BTM (Boys to Men) - Cameron Gordon, Head Teacher Wellbeing

Important BTM or Wellbeing Reminders and Upcoming Important Dates

Year 7

BTM Community Visit – Held in class during BTM in Period 3 – Friday 7th June Year 7 BTM Semester 1 Assembly – Friday 5th July Period 3

Year 8

Year 8 BTM Semester 1 Assembly – Monday 1st July Period 3

<u>Year 9</u>

Year 9 BTM Semester 1 Assembly – Tuesday 25th June Period 2

<u>Year 10</u>

Year 10 Immunisations: NSW Health will be offering the Meningococcal ACWY Vaccine – 1 Dose to all Year 10 students on **Monday 3rd June 2019**. Please read the information contained in the letter and consent pack that was recently handed out to students at school. If you would like your child to receive this vaccination, please return the completed consent card to the Administration Office before Tuesday 28th May. Students must see Mr Gordon or Ms Morabi if they require another consent card. At this school immunisation clinic the nurses must check that the student has not already received this vaccine and they will be asked if any vaccines have been received in the past 12 months. If your child has received any vaccines in the past 12 months, we kindly request that you send in a copy of the vaccination record attached to the immunisation consent form or as a separate sheet. This could be a report from your GP, or a letter from you including the name of the vaccine and the date given. The nurses will be unable to vaccinate your child if the consent card is not signed.

Sleep Connection Incursion: Year 10 Students have recently received information about an upcoming incursion presented by Lisa Maltman from The Sleep Connection which will take place on **Tuesday 18th June and 2nd July**. The aims of the program are to create an awareness of the current level of sleep deprivation among students and the effect that is having on all aspects of their lives, empowering students with the knowledge, practical strategies and tools to make informed decisions regarding their sleep health, and provide information to students and parents regarding options for those who may require professional help. Parents and guardians are asked to return the payment and paperwork to the Administration Office as soon as possible.

<u>Year 12</u>

Year 12 - batyr Mental Health Seminar - Stressed Out? Held on the 4th of July during Period 1. The aims of batyr's programs are to empower young people to start positive conversations about mental health and to reach out for support when they need it. The programs revolve around two relatable, young people sharing stories about their lived experience with mental ill health. Their stories are real, empowering and have a focus on reliance and hope. The "Stressed Out" Program in particular is designed to equip students with coping strategies for dealing with stress and managing anxiety. The batyr facilitator gives tips that students can implement into their daily lives, identifies supportive resources and services available, and promotes the effectiveness of practicing mind-fulness. Parents and guardians are asked to return the payment and paperwork to the Administration Office as soon as possible.



Epping Boys High School has registered for the *Earn and Learn Promotion* that Woolworths is currently running. (1 May - 25 June)

https://www.woolworths.com.au/shop/discover/earn-and-learn

If you shop at Woolworths please ask for the stickers at the checkout.

You get one sticker for every \$10 you spend.

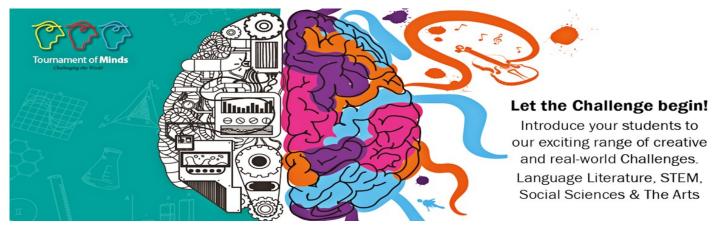
You can stick the stickers on to the collection sheet they provide and send them through to the school front office or to Mr Cameron Gordon in the library.

The stickers will be used for Tullamore Central School.

Enrichment News - Jaye Dunn, Enrichment Program Coordinator

The Enrichment Team has been working tirelessly to create challenging projects and learning opportunities for students currently in the Middle School. At present the finishing touches are being applied the Cross Curriculum Project Based Learning task for 7E, to be launched in Week Seven.

Additionally, we have a fantastic opportunity available to all students in years seven and eight. Please see the details below and make contact should you have any further questions. This information will be distributed to students during week five.



"Tournament of Minds (TOM) is an Australian educational program developed especially, but not exclusively, for talented and creative students across all sectors of primary and secondary school education. It provides a dynamic approach to learning, whilst developing students' enthusiasm for experimentation, problem finding and problem-solving."

Students will work in a group to complete a six week challenge for one of the four discipline groups below:

- STEM
- The Arts
- Language Literature
- Social Sciences

Team members will need to complete this challenge without any help from teachers, parents or peers. Each team member will need to be available on **Saturday August 31 or Sunday September 1** to present their solution to a panel of judges and an audience. Team members will also need to undertake an unseen Spontaneous Challenge on the day!

This opportunity is available for students from Yrs 7-8. Teams must consist of seven students with at least two students from Yr 7.

APPLICATIONS OPEN NOW

In order to be part of this team you MUST complete a document of no more than one page to address the following criteria:

- Excellent teamwork and communication skills
- Possess the Three C's of Thinking: Creative, Critical and Caring
- Be committed to working on the challenge either before school, during lunch and/or after school
- Be available on the dates listed above

If you liked to be challenged, work in a competitive environment, solve complex problems and fit the criteria above student are required to submit an expression of interest, printed and handed to Ms Korsos (<u>daniela.korsos@det.nsw.edu.au</u>) or Mrs Dunn (<u>Jaye.Crawford@det.nsw.edu.au</u>). You can come and find us in the Social Science staff room by **Tuesday 4th**, **June 2019**.

Uniform Shop

Why not shop **ONLINE** – it's quick and easy. Simply create an account profile, place your order and select 'walk-in' to pick up your order from the School Uniform Shop on the next open day (Mondays 10am – 2pm or Thursdays 7.30am – 11.30am) **Daylightsportswear.com/epping** or **PHONE** to place your order paying by credit card – **0451 255 624**

When ordering ONLINE, orders must go through the Daylight Sportswear website, NOT Epping Boys High School (see the above address)

SOCKS – thank you for your patience while we are waiting for our delivery of socks. They should be back in stock at the end of May/early June.

*for those of you who have left your name and phone number – I will phone as soon as I have them in the shop.

Delma Marsden - On behalf of Daylight Sportswear Uniform Shop

Worlds Greatest Shave

Epping Boys High School and the Prefect body have listened to the words of wisdom from the World's Greatest Shave Team and have truly done their best to "shave the world from blood cancer" with more than 70 boys and teachers participating in this great event. Epping Boys have so far raised more than \$25,000 in funds that will go directly towards assisting further research into treatments and cures for blood cancers such as Leukaemia, lymphoma and myeloma.

The Prefects tried out new fun and crazy fundraising methods to make sure that they can raise as much as possible for this great cause. Knowing that Epping Boys has a soft spot for Krispy Kreme doughnuts, the Prefects purchased 600 doughnuts not expecting the onslaught of teachers and students all flocking in to grab a doughnut and support the Leukaemia Foundation. To raise awareness, the Prefect body decided that they should adopt a crazy hairstyle for the week which ranged from the mighty mullet, the monstrous mohawk and the unique reverse mohawk! The Prefects also organised a traditional Epping Boys Barbeque as there is no such thing as a fundraiser without an Epping Boys Barbeque. We also held a mufti day to raise even more awareness about blood cancer and the importance of funding this research.

Our teachers are always praised for going above and beyond for our students at Epping Boys, and their participation in World's Greatest Shave just reflects these efforts. The Epping Boys Prefects would like to especially thank Mr McInerney, Ms De Souza and Ms Wiseheart for being brave and doing the shave to help the Leukaemia Foundation and the Epping Boys prefects in raising funds to assist blood cancer research. These teachers are a perfect example of the involvement of our teachers in our charity events!

The fundraising still hasn't finished and you can do your part in helping Epping Boys and the Leukaemia Foundation by "shaving the world from blood cancer" by donating to the link below! http://my.leukaemiafoundation.org.au/eppingboyshighschool

Ghanesh S



Spring Working Bee - Sunday 19 May

We had glorious weather on Sunday 19th May to plant new trees and ground cover on Parson's Pathway, weed/ trim at different sites and clean the demountable.

Thank you all the staff, parents, prefects and students who participated, over 40 attended. One Year 7 boy was most excited when he realised the sausage sizzle was free!











Working Bees for 2019 Sunday 25th August

Claire Roos & Susan Day Grounds Committee

Year 12 Modern History Excursion - Sydney Jewish Museum

Last Thursday 16 May, the Year 12 Modern History students visited the Sydney Jewish Museum as a part of our 'Conflict in Europe' unit of study. It also covered some parts of the Power and Authority topic on Nazi Germany. Our day began listening to the story of Jack, a 90 year old Holocaust survivor, throughout which we were able to ask many questions, attempting to gain a deeper understanding and emotionally connecting with the horrors faced by the victims. We greatly appreciated his willingness to share such traumatising stories. Next, we listened to a lecture and looked at source material from the period. This was followed by a guided tour around the museum's multiple exhibits, which included various photographs, pieces of clothing and artefacts, both found in the camps and those owned by the survivors. These exhibitions followed the journey of the victims throughout the horror period of their life, with many personal stories attached to each and every piece of clothing, book, jewellery or photograph. This was followed by a brief seminar based around our syllabus discussing the treatment of the Jewish people under the Nazi Regime, including many photographs and sources explained by a member of the Jewish Museum staff.

Overall, the day was very insightful and humbling for us boys. It was an unforgettable experience and really allowed us to perceive the horrors of the Holocaust through a more personal lens.

We thank our teachers, Ms Gallen, Mrs Hartley and Mr Monsted who organised the day. We would also like to thank the Sydney Jewish Museum for providing us with this experience and ensuring that we as a nation never forget. Additionally, we thank the volunteers and survivor at the Museum for giving their time to teach and guide us through the museum.

Matt Henning Year 12 Modern History Student





Epping Boys High School State CHS Cricket Champs

Epping Boys High School First XI cricket team recently concluded yet another highly successful season, winning the NSW Combined High Schools, Alan Davidson Shield, and came runner-up in the Challenge Cup in the finals played at Bathurst.

The State wide tournament is played from October through to April and saw Epping win 9 games straight to get to the final. Sydney Boys High were our opponents fielding a very strong side of grade batsmen and bowlers. Sydney won the toss and elected to bat. Epping's strong opening bowlers.

(Jack O'Brien and Kartik Khetarpaul) immediately put pressure on an unsuspecting batting linuep using the pitch conditions to great advantage and taking early wickets. Sydney Boys reeling at 7/61 were steadied by a late partnership which took them through to 9/130 off 40 overs. In reply Epping lost an early wicket and then steadied with Morris Fredriksson and Brendan Ford putting on 62 for the second wicket. Several partnerships of 20 plus followed with man of the match Morris Fredriksson losing his wicket with less than 20 runs to get. Epping overhauled the target in the 37th over. As was the case in the 16/17 win it was a team effort with everyone contributing with bat, ball and in the field.

The following day Epping played Westfield Sports High in the Challenge Cup. Epping won the toss and elected to bat. The going was tough against a very solid bowling attack and a pitch that provided a lot of movement. Wickets fell at regular intervals but our batsmen showed perseverance to compile a defendable total of 113. Westfield's reply was again solid in the face of some quality bowling from the Epping openers. With one or two key wickets needed to make a breakthrough Epping couldn't break Westfield who were just too strong batting with real composure, eventually closing the match out at 5/114 in the 38th over.

Epping Boys High School would like to congratulate the local cricket clubs, coaches and parents who have put in so much hard work into coaching, managing and transporting the boys over the years. It is a wonderful achievement for everyone concerned. A huge congratulations to the boys as well on this memorable win.

Several long serving players will leave this year having been in the side since year 9. Brendan Ford, Suraya Malhotra and Ammar Shirazi have all contributed heavily to the rise of Epping Boys High Cricket in this time. Epping boys prides itself on its record of achievement in cricket and these boys have served this cause with bat, ball, in the field, as well as by mentoring younger players directly. Another area which is key for our success and an area in which these senior players have achieved so much, is demonstrating very competitive but sportsmanlike behaviour. Respecting themselves, their team mates and the opposition. Well done boys on your achievements over the past 4 or 5 years. I don't think there are many students in the state who have won two state titles!



In conclusion I would like to say a very special thankyou to Noel Ford. Noel has been our parent liaison for the past 8 years and in this time has helped the side out by sharing his experience of players, umpires, grounds, uniforms and most importantly coffee runs. Noel travelled to many of the games in support over this time and has provided our side with invaluable service. Thank you Noel and we hope to see you in Bathurst next year in early April!

One final, final thank you must go to our principal Mr Timothy O'Brien who has supported the side by providing casual relief, umpire payments, getting along to games and also completing a fantastic refurbishment of the schools cricketing facilities.

Epping Boys High School's winning Davidson Shield side

From bottom left Nick Everitt, Alex Hudson, Brendan Ford (C), Billy Mc Carthy, Jack O'Brien Top Left Mr Nick Bell, Jack Barry, Kartik Khetarpaul, Ryan Drake, Mitchell Harrison, Morris Fredriksson, Suraya Malhotra, Ammar Shirazi, Tristan Chung Mr Paul Chew

Sport Draws for the week can be found on the school calendar



News from Social Science

Term Two is moving swiftly and a lot of exciting things are occuring in Social Science. We welcomed Ms Graham to the faculty this term to teach Business Studies, Commerce and Geography. So far, she has made a positive impression on students and is enjoying teaching a variety of subjects within Social Science.

Year 11 Legal Studies just completed the second round the Law Society of NSW Mock Trial and we will report on this in the next newsletter. Year 12 Economics will be visiting UBS for their annual Finance Day in week five and Year 11 Business Studies classes are busily preparing for the upcoming Business Day; a very important date on the Social Science calendar.

Some lucky Year 10 Geography students recently attended the Refugee Challenge and a recount from several students, along with some photos, are provided below.

Reflection on the Refugee Challenge

On the 22nd of May, 18 students went to Riverside Girls High School to experience life as a refugee. Instructors from a Refugee program informed us about the horrid conditions and unnerving sights that many or most of the refugees face. We faced challenges that every single refugee would have to endure and it has truly been an insightful experience.

After a brief introduction about safely and problems that may arise in the experience, the instructors led us to the simulation. Even before we entered the building, soldiers started pouring out the building and herding us into groups based on our country of origin, religion and language we spoke. We were forced to kneel and place our hands on our heads while the guards sorted the people out. Group by group, they forced us into either into an urban city or a refugee camp. My group and I landed into a refugee camp. Services like medical aid, education, food and even water was extremely scarce and needed to be earnt or bought with a price. Even building a small shelter was tiresome and problematic as the soldiers would constantly destroy them and force us to rebuild them. After some hard labour in trying to get basic supplies, we were informed that this refugee camp was closing down.

After this horrible message, we were forced into a small room or as they say, a small crammed boat. As we sat in a damp, moist and hot room, water was strayed onto us as with a boat hitting the waves. After sitting in a small crammed room, we arrived at our final destination.

Soldiers let us to a detention center on the coastline of Australia. After a brief speech about how traveling by boat illegally would result in us going to the Manaus Islands or some other island in the Pacific, each group was interviewed about why and how they had come to Australia. The interviewer pressed us with questions like what languages we speak, where we came from, why are we here and other tedious questions. After being denied access to both Australia and a refugee camp, the simulation ended.

For the most part I enjoyed the experience. It not only opened my eyes to what all refugees experience but also the conditions they have to suffer in. Even the basic things like food, water and shelter must be earned and can be taken away at any time. I think everyone should at least have the chance to experience this as it would truly open their eyes to what millions of people suffer. **Aidan T**

Hi my Name is Giulian, I am a student at Epping Boys High School who is currently in year 10 and I am thankful that I got to experience this. The Refugee Challenge was a great experience that I believe everyone should do as it gives you an insight on what a large amount of people go through everyday.

When we got there we were given a brief talk about what we would experience today, we then were brought to the front of the simulation where there where many actors playing as refugee camp leaders bossing you around an shouting at you. You're then brought into the simulation where you have to complete a number of tasks with your "family" once you complete them your brought on a "boat" and shipped to Australia where you are interviewed and then rejected from the country. That's was the end of the simulation and you are given a half an hour debrief on what you've learnt.

As my mum says "Son you're a softie", and she's right I am; it really touched me and pulled at my heartstrings to hear about how people go through awful things like this on a daily basis. I have told multiple people about my experience already and they were very interested in what I took part in. I will continue to spread the word about this program as I believe everyone should know about this. Overall it's a great experience and I really took a lot out of it, Thank you to the company for providing this program. **Guilian S**

In our middle school classrooms, some engaging lessons have been happening. Year 9 Geography have been making board games as part of the Changing Places topic. The aim of the task was to develop a board game illustrating the connections between push and pull factors in relation to urbanisation. One of the happy teams, Andrew, Bowen and Noah, are pictured.





www.schoolatoz.com.au

Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

Bronchitis	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	Antibiotics may be needed.	
Chickenpox (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	for 5 days from the onset of the rash and the blisters have dried.	
Conjunctivitis	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.	
Diarrhoea (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	for at least 24 hours after diarrhoea stops.	
Fever	A temperature of 38.5°C or more in older infants and children.	🧟 until temperature is normal.	
Gastroenteritis	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	for at least 24 hours after diarrhoea and/or vomiting stops.	
German measles (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	for at least 4 days after the rash appears.	
Glandular Fever (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	unless they're feeling unwell.	
Hand, Foot and Mouth Disease (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	until all blisters have dried.	
Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	unless they feel unwell or are taking a medication which makes them sleepy.	
Head lice or nits* (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	while continuing to treat head lice each night. Tell the school.	



Hepatitis A	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.		
Hepatitis B	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	Symptoms. Contact your doctor before returning to school. infection (not the first outbreak) and no symptoms.		
Impetigo (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	until antibiotic treatment starts. Sores should be covered with watertight dressings.		
Influenza	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	A until well.		
Measles	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	for at least 4 days after the rash appears.		
Meningococcal Disease	Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.	Seek medical attention immediately. Patient will need hospital treatment. Close contacts receive antibiotics.		
Molluscum Contagiosum	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	a		
Mumps	Fever, swollen and tender glands around the jaw.	Quarter of the second s		
Ringworm* [tinea corporis]	Small scaly patch on the skin surrounded by a pink ring.	for 24 hours after fungal treatment has begun.		
Runny nose or common cold		unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.		
Scabies*	ltchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	until 24 hours after treatment has begun.		
Shigella	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.		
Slapped Cheek Syndrome (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	as it is most infectious before the rash appears.		
Whooping Cough (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.	until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.		
Worms (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	and tell the school as other parents will need to know to check their kids.		

*It is important that the rest of the family is checked for head lice, scabies and ringworm

NSW Inform

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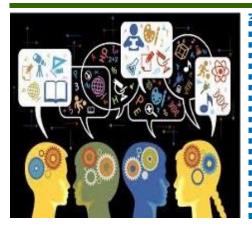
CHESS CLUB

is located in K23 during lunch time on Monday, Tuesday, Thursday and Friday. No experience necessary. Come along and make new friends.

ALL WELCOME

Year 8 are invited to play on the BIG OUTDOOR BOARD in the Year 8 area on





RECYCLE YOUR BATTERIES @ EBHS

Batteries are made up of heavy metals and other toxic elements, including nickel, cadmium, alkaline, mercury, nickel metal hydride, and lead acid. It is these elements that can threaten our environment if not properly discarded and/or recycled.

A household battery recycle bin can now be found outside the science staff room.

Please take advantage of this service and help reduce toxic chemicals poisoning our environment by disposing of your house-hold batteries in our recycle bin.

Recycle bins can also be found at Eden Gardens at North Ryde

RECYCLE ME



ScienceTechnologyEngineeringArtsMathematics

STEAM challenges students to solve the problems of the future in a creative way supported by evidence and first-hand research.

All students are welcome to come along and change the world on

Tuesdays at lunch time in K07.

See Mr Leggo in Science



Daylight Sportswear Pty Ltd ABN 76 069 733 455 6-8 Lone Pine Place, Smeaton Grange NSW 2567 Telephone: (02) 4648 1066 Fax: (02) 4647 0143 Email: daylight@daylightcorp.com

Epping Boys High School Uniform Shop

Price List

Name:Ye	Year:		Re	Rec#	
Item	Price \$	Size	Qty	Total incl GST	
Tailored Trousers	45.00				
Grey Beltloop Shorts	37.00				
S/S Grey Middle School Shirt	32.00				
L/S Grey Middle School Shirt	35.00				
S/S White Senior School Shirt	32.00				
L/S White Senior School Shirt	35.00				
Jumpers					
Green Wool Jumpers 10 – 16	72.00				
Green Wool Jumpers 18 – 22	72.00				
Green Wool Jumpers 24 – 28	72.00				
Sport / PE		-			
Microfibre Jacket	67.00				
Winter Jackets	67.00				
Trackpants	42.00				
Sport Polo	37.00				
Sport Shorts Darvall	26.00				
Sports Shorts Harris	26.00				
Sports Shorts Terry	26.00				
Sports Shorts Midson	26.00				
Others					
School Socks S 2-8; M 8-11; L 11-14; XL 14-17	7.50				
Rugby Socks	8.00				
Boys Blazers	110.00				
Caps – one size	12.00				
Middle School Tie	20.00				
Senior School Tie	20.00				
Total to Pay			+		

Cash and credit card - eftpos facility. Cheques will not be accepted.

The Uniform Shop is open:

Monday 10.00 am until 2.00 pm Thursday 7.30 am until 11.30 am

The Uniform Shop is located in G Block. If you have any queries, please contact Delma Marsden on 0451 255 624



Please note that we are now bag free

EBHS CHANGE OF STUDENT PERSONAL INFORMATION

Student First Name:		Student Surnam	ie	Roll Class
Previous Address:				
			Date Addres	ss Changed:
			Post Code:	
Home Phone:				
Parent/Guardian 1: Wo	ork Phone:	Ра	irent/Guardian 1:M	obile
Parent/Guardian 1: En	nail:			
Parent/Guardian 2: Wo	ork Phone:	Pa	arent/Guardian 2: M	lobile:
Parent/Guardian 2: En	nail:			
Emergency Contact ?	I (someone other	than Parent/Guardian)		
Name:		Emergen	cy Contact Phone:	
Relationship to Studer	it (eg Aunt, Friend):		
Emergency Contact 2	2 (someone other	than Parent/Guardian)		
Name:		Emergen	cy Contact Phone:	
Relationship to Studer	it (eg Aunt, Friend):		
Parent/Guardian Name	ə:			
Parent/Guardian Signa	ature:			Date:
OFFICE USE ONLY	ERN	Student File	□ NESA	□ Transport

SMS NOTIFICATIONS

Absences

If you receive a text regarding your son's absence, please only reply if he is sick or on leave. If you believe your son is at school or on a school excursion etc., please telephone the school on 9869 2701.

General SMS Information

Due to the SMS system we have, all text messages are sent in bulk from the computer. We are unable to reply to any text messages we receive. If you have any queries about an SMS please phone the school on 9869 2701.

Notification of Absence

If your son is going to be absent, please call the school ASAP and upon return, please use the following form to explain your son's absence. NB: Early Leavers permission notes should be submitted to the Front Office. These notes must be signed by a deputy principal prior to being submitted to the front office. If your son will be away for five or more days, an application for extended leave/travel form must be filled out and submitted to the Principal two weeks prior to absence. Forms may be collected from the Front Office.

NOTIFICATION OF ABSENCE

Student Surname:	. Given Name:	Roll Class:
WHOLE DAY ABSENCE Date(s):	LATE ARRIVAL Date:	
EARLY LEAVER Date:	Departure time:	
Reason for absence:		
Parent/Guardian Name:	Parent/Guardian Signature:	Date:
(Please Print)		