

# EPPING HIGH STANDARD

THE NEWSLETTER OF EPPING BOYS HIGH



Telephone: 9869 2701 | Fax: 9868 1198 | Email: [eppingboy-h.school@det.nsw.edu.au](mailto:eppingboy-h.school@det.nsw.edu.au) | Website: [www.eppingboy-h.schools.nsw.edu.au](http://www.eppingboy-h.schools.nsw.edu.au)

Issue No: 10 – 16 August 2019

## IMPORTANT DATES

**20 August**

Rugby Dinner

**22 August**

Prefect Induction Assembly  
Football Dinner

**27 August**

Evening of Music

**30 August**

Winter Sports Assembly

**3 September**

Art Exhibition Opening Night  
Technology Expo

**9 September**

Year 11 Exams Commence

**18 September**

Year 12 Graduation Dinner

**23 September**

Year 7 Vaccinations

**25 September**

Year 12 Community Concert

**26 September**

Year 12 Farewell Assembly

**27 September**

End of Term 3

**14 October**

Start of Term 4

## From the Principal – Tim O'Brien

### CLONTARF

This week we hosted 35 Aboriginal Boys and 5 Staff from Oxley High School in Tamworth and Quirindi High School. The boys stayed at school and participated with success in a State Wide Aboriginal Rugby League Knockout. This is a yearly event and the boys were great Ambassadors for their respective schools.

The Clontarf Foundation exists to improve the education discipline, life skills, self-esteem and employment pursuits of young Aboriginal and Torres Strait Islander men and by doing so equips them to participate more meaningfully in society.

Epping Boys is proud to be supportive of the boys and staff from these two Clontarfs.

The Rugby and Football dinners are next week. I am looking forward to attending both events. This is the last year a "Stand alone" dinner for the Rugby - due to declining participation numbers in the sport. From 2020 it will be part of a dinner inclusive of other sports played in the school.

### Duke of Edinburgh

Well done to the staff and boys on the Silver Duke of Edinburgh walk this week. Unfortunately they had to return a day early due to a fire developing close to their hike area. All returned safe and sound.

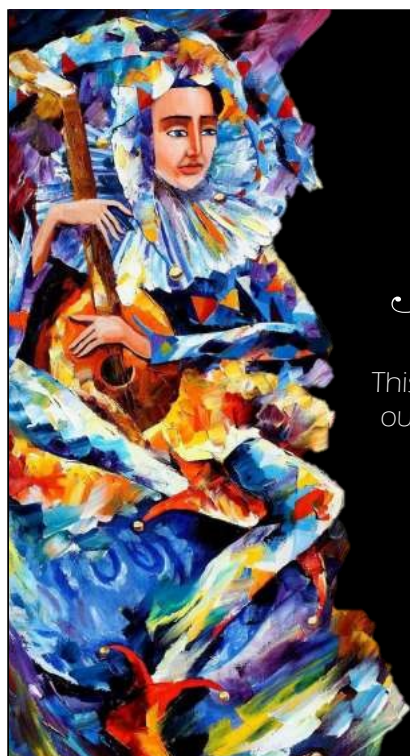


### Year 11 BTM

Two notes were given to the year 11 boys regarding their participation in the Boys to Men program. I urge all boys to attend these events even though they are not compulsory.

### Year 10 Camp

A note was given to all year 10 boys regarding Term 4 mandatory activities, the camp and Life Ready Course. Please ensure you place these new events on your calendars.



## Epping Boys High School

presents

## *An Evening of Music*

This concert is our school's annual showcase of music talent. It will exhibit outstanding music from our student community and include Ensembles, Soloists, Instrumental and Vocal Works

Tuesday 27 August, 2019

Assembly Hall – 7.00pm

Tickets can be purchased online at [Trybooking.com/BEQES](http://Trybooking.com/BEQES)

Adults \$20 / Concession \$10 / Family \$50

## Senior Executive Report

### Year 7

All Year 7 boys are currently rehearsing during their Music lessons and the BTM period to stand together as a Mass choir during the Evening of Music on 27<sup>th</sup> August. Singing the School Song' goes a long way to establishing them as Epping Boys' and consolidates that sense of belonging. I encourage all parents to please support the concert and enjoy the night as a community. The boys will next sing as a massed choir when they graduate in year 12.

Year 7 have just completed a very successful Parent & Teacher evening with multiple teachers booked out. Please understand that this is not the only opportunity to talk to teachers and teachers are available to discuss progress at any time. Progress reports can be done via email ([eppingboy-h.school@det.nsw.edu.au](mailto:eppingboy-h.school@det.nsw.edu.au)) and indicate staff member or a personal conversation over the phone.

### Year 8

Year 8 subject selections have just closed, it is a very exciting time for the boys to be able to select opportunities for their own learning based on their individual interests. I am very pleased with the number of boys who put in their selections on time! Now the process of creating lines and classes can start to take place, the boys will be told their selections later this term. If any of the boys now wish to make changes to their subject selection they will need to see Ms Brierty or Ms Kathryn to do so.

It has been observed by staff that a number of boys are bringing significant amounts of cash to school - this is wholly unnecessary. All payments at school including the canteen and the uniform shop can be made online or using tap and go.

A reminder that the Year 8 area is mobile device free area. The boys are encouraged to talk and interact with their peers, which is restricted if they are on devices. There is no need for students to bring gaming devices to school at all and these should be left at home.

### Year 9

Each Year group takes on a charity that they support for the 6 years they are at Epping Boys High School. Year 9 supports a small community in Timor called Oecusse, they call it the "Oecusse Project". The boys are currently collecting small items such as pens, pencils, caps, balls or other basic items to send over to the community as care packages. All Year 9 families are encouraged to donate to this cause and support the Oecusse community. Donated items can be given to either Mr Nelson in the PDHPE staffroom or Ms Gallen in the History Staffroom.

Year 9 have recently had a very well attended parent teacher evening and we were pleased to see so many parents/carers wishing to be involved with their sons education. If you wish to contact one of your sons' teachers to discuss his progress please contact the school and staff will endeavour to get back to you as soon as possible.

Many of our Year 9 boys were involved in the recent Grand Final matches that marked the end of the Winter Sport competition. Congratulations to all the boys who participated in grade teams this season, making the Grand Finals is a bonus. For all those who won their Final Well Done, I encourage you all to continue representing Epping in the years ahead.

### Year 10

Year groups have completed their form assemblies where boys are recognised for their efforts made in semester one. Year 10 had their assembly last week and acknowledged boys for their positive contributions to the school and upholding the school values of RESPECT, RESPONSIBILITY and ENGAGEMENT.

Summer sport selections and subject selections are now closed as time-tableing for 2020 starts to take shape. Summer sport will have 4 weeks of trials and then run into term 1, 2020. If any boy wishes to discuss their sport selection please see Mr Kovacic in the PDHPE staffroom. If any boy wishes to discuss their subject selections for 202 please see Ms Brierty in the PDHPE staffroom or Ms Kathryn in the DP office.

Year 10 will be doing their mandatory "Life Ready" program next term. This will coincide with the camp in week 9 Term 4 and seems a long way off. I make mention of this now as it will cost around \$415 to complete the program and camp and will be subsidised by the school. This is often a very expensive month for parents and as a result we would like to allow parents to pay in instalments. One payment this term and one at the end of November in Term 4. This information will be sent home in the next week.





## Senior Executive Report—continued

### Year 11

Year 11 will be visiting the, 'Youth Road Trauma Forum', at Homebush Olympic Centre on Tuesday, **10<sup>th</sup> September**. This is an all-day session and students will be travelling as a year group by bus. They will be dismissed from the venue at 2:15pm and will be required to make their own way home. This is a rare opportunity to obtain information and exposure to road trauma and how it affects those around you. "B-STREET SMART", was started by two trauma nurses who were sick of seeing young people in the trauma unit in hospital and is now run by, Westmead Hospital. This gives a rare insight in to what happens during and after a road accident and the lives that are affected by split second decisions. All students are encouraged to attend as it will be part of the mandatory Cross-roads program. Parents are encouraged to visit the website below, for more information. (Information and permission slips will be sent home week 3.) <https://bstreetsmart.org/about-the-event/>

As the Year 11 Year Examinations approach, it is timely to remind everyone about some of the key points within our Senior Assessment Guidelines.

1. An absence on the day before an assessment task, including leaving early or not attending sport, will result in a zero being awarded for that task. If the absence is due to illness or misadventure then the appropriate form must be completed and accompanied by a medical certificate or some other official form of documentation outlining why the absence occurred. This documentation must be completed on the first day of return.
2. If a task has been missed it must be completed on the first day of return to school.
3. During the "Life Ready" program all boys do a section called "All My Own Work" this outlines the seriousness of plagiarism and the boys are informed that plagiarism in assessment tasks may result in a zero mark being awarded.

All boys are encouraged to be in class at all times and to use the final few weeks of Year 11 to study, study, study so they are prepared for their Examinations in weeks 8 and 9.

### Year 12

Year 12 have been doing their Trial Examinations over the past 2 weeks. I must compliment the boys on their punctuality and politeness to the invigilators of the Examinations. Hopefully as the papers are being marked and handed back the boys will take on board all the teacher feedback and now continue with their preparations for their final HSC Examinations in October.

A reminder as well that many of the teachers at Epping are also HSC markers. Their knowledge of the course and requirements for the HSC are superb. The boys will be able to focus and study with much greater impact by attending all their classes from now until the end of this term.



## Wellbeing and BTM (Boys to Men) – Cameron Gordon, Head Teacher Wellbeing

### Student Wellbeing Team

The Student Wellbeing Team are busily working in preparation for R U OK? Day on the 12<sup>th</sup> of September. A number of activities will take place in the lead up to this event including:

- Artwork Competitions
- Push-Up Challenge – with a Mental Health Focus
- BTM lessons dedicated to R U OK? Day

All students are encouraged to support these events and to regularly check in with friends by starting a conversation.

### Year 7

Year 7 students recently attended a presentation from the *Independent Drug Education Australia* (IDEA). This comprehensive presentation provided students with a broad covering of all drug concepts including prescription & OTC medications, alcohol, tobacco, illicit & performance enhancement drugs. This information will be consolidated in Health lessons throughout the term.

The Year 7 cohort is also preparing for the Evening of Music during BTM lessons. It is a long standing tradition for the Year 7 Massed Choir to sing at this event. All Year 7 students are expected to attend and participate in this opportunity!

### Year 8

The focus for Year 8 BTM lessons continues to be *Building Resilience in Young People*. Students will explore the following concepts that are essential for building their resilience:

1. Emotional awareness and self-regulation
2. Impulse control
3. Optimism
4. Flexible thinking
5. Empathy
6. Self-efficacy
7. Connectedness and reaching out

I have already received positive feedback from students and teachers alike about the value of these lessons.

### Year 9

Year 9 students have had a couple of BTM lessons to develop their practical skills. Activities include learning how to change a tyre and maintaining a car, ironing a shirt and managing a budget. Students will continue to rotate through these activities throughout the term.

On the 3<sup>rd</sup> of September, all Year 9 students will attend *The Life Choices Presentation* by the *Life Choices Foundation* ambassador Racing Car Driver Andrew "Fishtail" Fisher who tackles some of the more difficult decisions facing teenagers such as smoking, drugs, social media, road safety, relationships, values and beliefs.

### Year 10

Year 10 students have recently received permission slips about two upcoming incursions. Please ensure that these notes and payments are returned as soon as possible.

### Module 1: Leader of your Life of the GAME PLAN FOR GREATNESS program delivered by Daniel Merza.- Tuesday 27<sup>th</sup> August 2019 (Period 2 – during timetabled BTM lesson)

In the midst of self-discovery, social survival and navigating life's possibilities on the roller coaster adolescent journey, this program will empower, inspire and equip students to become the leader of their life through greater self-awareness, self-belief, and resilience – leaving empowered and inspired to get the "monkeys" off their back. *Key Focus: Personal leadership, inspiration, empowerment.*

### Batyr Standard Program - Tuesday 22<sup>nd</sup> October 2019 (Period 2 – during timetabled BTM lesson)

The original Batyr program! This original program is designed to be both informative and fun, for students and teachers alike. Young, relatable speakers engage the students with their stories of hope, resilience and courage in their experiences with mental ill-health. Trained facilitators educate students on the support networks and services available to them (including the school's services), and empower students to reach out for help when needed.

### Year 11

On Friday the 27<sup>th</sup> of September Northern Sydney General Practitioners and Nurses will be facilitating a GPs in Schools workshop for all Year 11 students. GPs in Schools is a 2.5-hour workshop that is delivered by Sydney North Primary Health Network who are funded and guided by the Australian Department of Health. The evidence-informed program brings registered General Practitioners and Nurses into their local schools to build confidence and health literacy in areas such as access to free healthcare, specific youth health issues, confidentiality, Medicare, bulk billing, and their healthcare rights.



## Wellbeing and BTM (Boys to Men) - continued

GPs in Schools includes:

- What is health?
- How to use the Australian healthcare system
- Health services available, where they are, how to use them, and what they cost
- Student anonymous health questions

Parents and guardians must return the opt out note directly to Mr Gordon if they do not want their son to be part of this program.

### Year 12

At the time of writing this newsletter, Year 12 students are completing their Trial Examinations. This can be a very stressful time for students and their families. Please see the link below for some useful tips for Year 12 students and their families.

<https://eppingboy-h-schools.nsw.schooltv.me/newsletter/surviving-year-12>

### Reminder to parents and guardians

Students across all year groups are regularly given permission notes for upcoming BTM incursions and seminars. Students are reminded via Morning Assembly, Roll Call, Google Classroom, email and School Newsletters about these permission slips and up-coming events. Permission notes and the relevant payment should be returned to the Administration Office as soon as possible to ensure students don't miss out on these valuable learning experiences.

## EPPING BOYS HIGH SCHOOL

213 Vimiera Road, EASTWOOD, NSW 2122  
Ph: 9869 2701 Fax: 9868 1198 Email: [eppingboy-h.school@det.nsw.edu.au](mailto:eppingboy-h.school@det.nsw.edu.au)  
Principal: Timothy O'Brien, BEc, Dip Ed



Dear Parent/Caregiver,

The Wellbeing Faculty has organised two incursions for Year 10 as part of the BTM program. Details are below:

Tuesday 27<sup>th</sup> August 2019 (Period 2 – during timetabled BTM lesson)

**Module 1: Leader of your Life of the GAME PLAN FOR GREATNESS** program delivered by Daniel Merza. In the midst of self-discovery, social survival and navigating life's possibilities on the roller coaster adolescent journey, this program will empower, inspire and equip students to become the leader of their life through greater self-awareness, self-belief, and resilience – leaving empowered an inspired to **get the "monkeys" of their back**.  
**Key Focus:** Personal leadership, inspiration, empowerment.

Tuesday 22<sup>nd</sup> October 2019 (Period 2 – during timetabled BTM lesson)

### Batyr Standard Program

The original Batyr program! This original program is designed to be both informative and fun, for students and teachers alike. Young, relatable speakers engage the students with their stories of hope, resilience and courage in their experiences with mental ill-health. Trained facilitators educate students on the support networks and services available to them (including the school's services), and empower students to reach out for help when needed.

**Dates:** Tuesday 27 August & Tuesday 22 October, 2019  
**Venue:** School  
**Time:** EBHS during Period 2.  
**Cost:** 2 x \$5.00 = \$10

Accompanying staffer is Cameron Gordon and BTM Teachers who have CPR and emergency care training.

In case of an emergency, on the day, please ring the school on 9869 2701.

Please complete the Permission Slip and return with full payment to the Payments Office by **Thursday 22<sup>nd</sup> August, 2019**

**Tim O'Brien**  
Principal  
24 Jul. 19

Cameron Gordon  
Coordinator

-----  
**Permission / Excursion and Date**

I give permission for my son/ward \_\_\_\_\_ Roll Class \_\_\_\_\_ to attend the incursions, Game Plan for Greatness & Batyr on 27<sup>th</sup> August & 22<sup>nd</sup> October, 2019.

☐ I have enclosed /made full payment of \$10.00

My son has the following special needs/allergies (please provide full details and include any relevant medical details): \_\_\_\_\_

Parents must supply all necessary medications for their son (e.g EpiPen, Asthma puffer, allergy medication)

I give ☐ / do not give ☐ permission for my son to receive medical treatment in case of an emergency.

Signature \_\_\_\_\_ Dated \_\_\_\_\_  
Parent/Caregiver

Online Payments can be made when you log onto the school site at: <http://www.eppingboy-h.schools.nsw.edu.au>  
Click on "Make a Payment" and follow the prompts.

**\*\*Note:** If paying over the weekend, payments will not be received by the school until Tuesday

**Cheques:** Made payable to EBHS

☐ I have made an online payment. My receipt number is: \_\_\_\_\_

## Thriving Communities – Networking Evening

In a coup for E.B.H.S, the school was chosen by the “Thriving Communities” Organisation to host the 2019 Ryde/Epping/Macquarie Park pop-up expo and networking evening at the Edmund Barton Centre on Wednesday the 31<sup>st</sup> of July.

This annual event brings together businesses, sports clubs, charities, service clubs, schools, church groups & not-for-profit organisations to celebrate the thriving local community. This year proved to be the biggest ever, with representatives of Ryde and Parramatta Council and Service NSW also in attendance.

The event also provided a wonderful showcase for the considerable talents and skills of EBHS Year 11 VET Hospitality students, who successfully prepared, cooked, presented and served an incredible array of wonderful international food. They certainly stood out in their crisp, white chefs uniforms as they seamlessly and deftly weaved through the crowded centre, replenishing food and drink trays as required and conversing in a friendly, mature and professional manner with those in attendance

Speaker after speaker on the night praised the boys for not just for their culinary skills, but for their very professional presentation and deportment throughout the evening. The Mayor of Ryde City Council, Clr Jerome Laxale, made a special point of visiting the Trade Training Centre, to see the boys in action and praise their efforts on the evening. Their teacher, Mrs. Koff, explained to him the nature of the VET Hospitality course and outlined the kinds of skills and opportunities it affords students in the Senior School.

The boys worked tirelessly throughout the evening and impressed not just the dignitaries and organisers of the event, but all in attendance. The fact that the boys contributed their own time to this highly successful evening speaks volumes for their dedication to their subject and willingness to highlight EBHS and its achievements within the local community.



## Uniform Shop— New Polar Fleece Jacket

The new Polar Fleece Jacket is now in stock at the Daylight Uniform Shop.

The Polar Fleece is \$45 and is in sizes S, M, L, XL, 2XL & 3XL. There is limited stock this year so get in quick so you can grab your size.

Opening hours are : Monday 10 am to 2 pm and Thursday 7.30 – 11.30 am. If you can't get to the shop in opening hours, you can order online at :

Daylightsportswear.com/epping or phone : 0451 255 624 to pay by credit card.

When ordering **online** – orders must go through the **Daylight Sportswear website, NOT Epping Boys High School (see the above address)**

Delma Marsden  
On behalf of Daylight Sportswear



## Prefects—VP Commemoration Service

On 11th August, several of the newly instated 2019-20 EBHS Prefects attended the Victory in the Pacific (VP) Commemoration Service at the Epping Club. The VP service commemorates the surrender of the Japanese forces and the end of the Second World War. This year was the 74th anniversary of the historic day.

The service tested our best hymn singing voices, thank goodness we were very well accompanied by the Epping RSL Golden Kangaroos. The VP Day Address by COL Mark Hoare was a very insightful look into not only the war, but also some interesting after effects. He shared with us how his father had insisted that he learn Japanese, his exchange to Japan and his education at a Japanese War college.

The service moved from the Grand Ballroom, to the front of the Epping Club where everyone assembled for the police escorted march to the Boronia Park Cenotaph, for the wreath laying ceremony by the different community groups and individuals. The 322 Squadron Australian Air Force Cadet Corps were very impressive as they carried out their job as the Catafalque Party.

Epping Boy, Thomas J, represented Beecroft Scout Group and spoke extremely well when presenting the scripture reading to the audience. John Curdie OAM (uncle of old boy, Ben C), was very appreciative of the strong Epping Boy's contingent of support at the service.

It was a very informative day which definitely enriched and deepened our understanding and appreciation of those who have served, so that we can enjoy the freedom we have today.

Lest we forget.

By Haydyn R-A



## CGHS and EBHS Prefects - Toiletry Drive

Over the past two terms, the Epping Boys and Cheltenham Girls Prefects have run a toiletry drive with the aim of collecting sanitary products for those in the community who are less fortunate than ourselves.

After collecting enough toiletries to fill Mrs Ghorayeb's office (thanks mostly to the wonderful Cheltenham community), we sorted through and gathered all of the cakes of soap. These were donated to Days for Girls, a charity who collects and distributes female sanitary items to girls across the globe.

Our donations were packed and sent to 250 refugee girls. The remaining toiletries are ready to be donated to another charity in the near future! Thank you to Ms Sue Day, Past P&C President, for assisting us with the donation process. Most importantly, a huge thank you to all those across the communities of both schools who donated items for this worthy cause!

Logan Wade





## Creative & Performing Arts Leadership Team and the 2019 CAPA Assembly

My name is Fareez Kasad (Year 11) and I'm the CAPA Captain for the year 2019/20. This year's CAPA promotional team consists of Nikolas Zielinski (Year 11) the CAPA Vice Captain, Sharone Justin (Year 8) and Henry Hall (Year 7).

I have been heavily involved in CAPA since I joined the school in year 7 of 2015. I have been a part of many ensembles in my time here, Junior vocals (2015), Junior drama (2015/16), Concert Band (2015-17) and Wind Ensemble, where I played trombone (2017-18), Senior Choir (2016 to present) and both combined schools' musicals; West Side Story (2016) and Les Misérables (2019). I have also attended numerous eisteddfods for both choir and band, was lucky enough to go to Hawaii in 2016 for an international music tour and have been a part of the NSW Public Schools State choir and Schools Spectacular in 2018 and was lucky enough to be offered a place in both again this year (2019).

In doing all these activities, and having amazing support from the teachers at my school; especially those in the CAPA department, I sought a high role which entailed responsibility and was fortunate enough to be elected CAPA Captain for 2019/20.

The CAPA Assembly happens annually and recognises students who have made a contribution through their sustained engagement in Co Curricular Music, Drama, Visual Arts, Panorama, Sound and lighting and the school musical. This year's assembly was led by Matthew Henning, the 2018/2019 CAPA captain, who spoke of how rewarding he found this role and the opportunity to support the CAPA Faculty and build his leadership capacity. Students in years 7 and 8 attend the assembly providing them with a better understanding of the opportunities available and encourage them to get involved. I received an award at the assembly for outstanding contribution to the school musical and for that, and all the opportunities I've been given throughout my time at this school, I am eternally grateful.

**Fareez Kasad (Year 11) Creative & Performing Arts Captain 2019/2020**





## EBHS Spring Working Bee

Sunday **25<sup>th</sup>** August

9 am to 12 md including yummy lunch



**Come and help improve the grounds.  
Lots of hands make light work.**

Contact Claire Roos on [Lncroos@internode.on.net](mailto:Lncroos@internode.on.net)  
or Sue Day [susan.day388@gmail.com](mailto:susan.day388@gmail.com)

<https://www.eventbrite.com.au/e/ebhs-working-bee-tickets-64166239951>

**tiles | pavers | stone | retaining walls**

**Amber Tiles  
Eastwood  
is now open!**

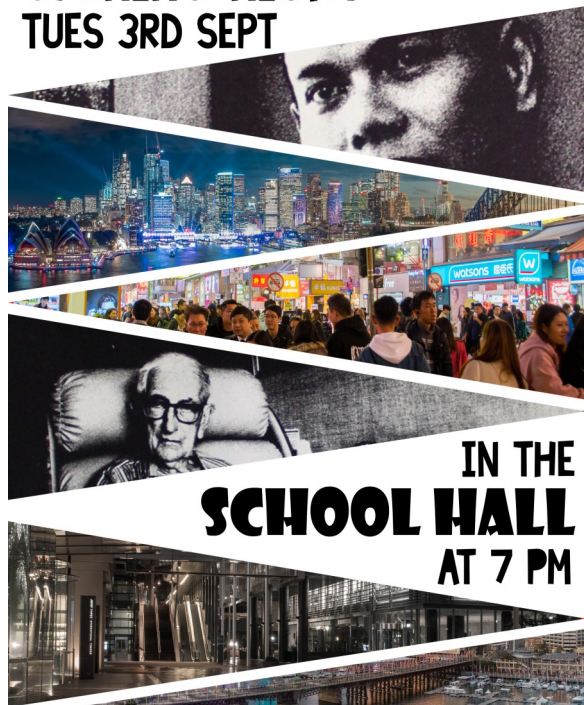
Bring in this advert to receive  
10% off your first order\*

**amber.**  
EASTWOOD

606 Blaxland Rd Eastwood  
9804 6755  
[ambertiles.com.au](http://ambertiles.com.au)



**EPPING BOYS HIGH SCHOOL  
HSC VISUAL ARTS EXHIBITION  
OPENING NIGHT  
TUES 3RD SEPT**



# LOST PROPERTY

If your son has lost anything recently, please ask him to ask at the school office.

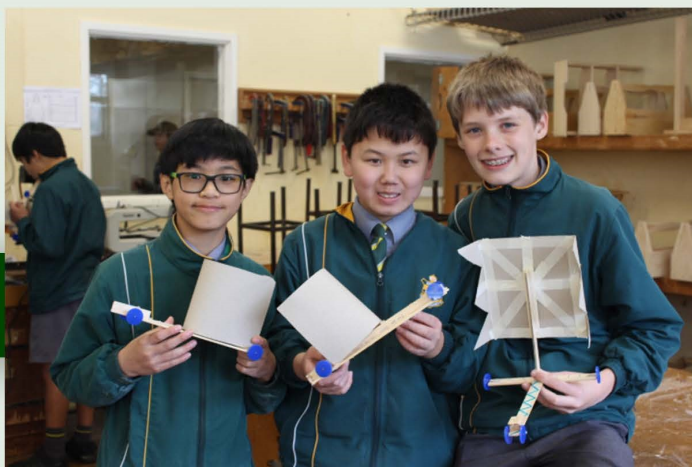
We have many items of clothing, including jumpers, jackets, shoes and hats, sports gear, keys, lunch boxes, drink bottles etc.....

Any unclaimed items of school clothing will be donated to the second hand clothing pool at the end of the term.

**Please label your son's belongings**

# TAS EXPO

## INDUSTRIAL TECHNOLOGY



Location: F Block  
Opening: 7pm-9pm  
Date: 3rd September 2019







# TAS EXPO

## INDUSTRIAL TECHNOLOGY



Location: F Block

Opening: 7pm-9pm

Date: 3rd September 2019



# TAS EXPO

## INDUSTRIAL TECHNOLOGY



Location: F Block

Opening: 7pm-9pm

Date: 3rd September 2019





# STRIVE TO ACHIEVE

## Community Notices



### A one-day guest speaker event

7th September 2019 | 10:00 - 4:00pm  
Manly Golf Club - 40 Balgowlah Road, Manly

#### THE PARENTING TEENS 2019 IS A LOCAL COMMUNITY ONE DAY EVENT

With a professional guest speaker forum covering the many important topics and challenges of raising teens that are common to all of us. The audience will hear from mentors, practitioners and community leaders about all the issues facing our local teens in the age in which we live. We were all teens once but perhaps in a very different world.

#### SPEAKERS



**DR KRISTY GOODWIN**  
Digital Wellness



**PAULINE POLLARD**  
From Anxiety to Calm & Confident



**MATTHEW JOHNSTONE**  
Mindset and Wellbeing



**LEONIE SMITH**  
The Cyber safety lady



**DIANNE LAVENDER**  
Building Resilience



**GABRIELA BILIBIO**  
Building Resilience

#### WHAT TO EXPECT

Our intention is for you to leave the Parenting Teens event uplifted and confident about the road ahead. Feeling empowered and equipped with strategies, solutions and expert advice to help you and your teen navigate through the challenging years.

#### WE GRATEFULLY ACKNOWLEDGE THE SUPPORT OF...

G.J. Gardner. **HOMER**



#### TICKETS

Visit [www.parentingteens.com.au](http://www.parentingteens.com.au) to book your place now



[www.parentingteens.com.au](http://www.parentingteens.com.au)  
[parentingteens](https://www.facebook.com/parentingteens)  
[parentingteensips](https://www.instagram.com/parentingteensips)



Crisis Support. Suicide Prevention.

Need crisis support now? We're here to help. Call 13 11 14 (24/7)

## GIANT BOOK FAIR

OVER 60,000 QUALITY PRE-LOVED BOOKS ALL CATEGORISED PLUS CDs & DVDs

**SAT 31st AUG**  
**SUN 1st SEP**

8am - 5pm BOTH DAYS

**MACQUARIE UNIVERSITY**  
**12 Wally's Way**  
**NORTH RYDE**



**Spend less, read more!**

Find us on [www.facebook.com/lifelineh2h](https://www.facebook.com/lifelineh2h)

Enquiries: [www.lifelineh2h.org.au](http://www.lifelineh2h.org.au)

Tel: 9498 8805



## *Pennant Hills High School* **CREATIVE AND PERFORMING ARTS FESTIVAL 2019**

Wednesday 21 August, VA Exhibition, MPC, open 11am - 8.30pm, Official Opening at 7pm

Thursday 22 August, VA Exhibition, MPC, open 9am - 3pm

Friday 23 August, VA Exhibition, MPC, open 9am-3pm

Friday 23 August, Stage 6 Music Soiree, MPC, starting at 7.30pm





## Community Notices



A poster for the 'HORNSBY RELAY FOR LIFE' Youth Cup. The top half features a photo of two smiling young men. A circular logo with a crescent moon and stars is in the top left corner. The text 'HORNSBY RELAY FOR LIFE' is in large white letters, with '2 - 3 NOVEMBER, ROFE PARK, HORNSBY HEIGHTS' below it. A trophy icon is next to the title 'YOUTH CUP'. The text describes the event: 'The Youth Cup is aimed at teams of youth walking as many laps as they can in the space of 6 hours. The team with the most average laps per team member will receive a prize.' It lists the time '12:30PM - 6:30PM SATURDAY 2 NOVEMBER' and the '\$20PP REGISTRATION FEE'. It also mentions a 'Box Car Rally at 3pm' and a 'presentation ceremony at 7pm'. A yellow banner at the bottom provides the contact email 'hornsbyrelayforlife@gmail.com.au'. The footer encourages joining the Relay For Life movement and raising funds for Cancer Council NSW's research and support programs.



Epping Boys High School  
is on Facebook

## Dr Who Club

TUESDAYS during lunchtime in  
K04



See Ms Lane in the science faculty for more information  
**ALL WELCOME**

## Board Games Club

Want to make new friends? - Are you bored at lunchtime?  
Come to the Board Games Club

1.20pm

Come along and have some fun  
**EVERYONE IS WELCOME**

**EVERY DAY AT LUNCHTIME**  
1.20 pm to 2.00pm  
In **F5** Classroom

2.00pm



## CHESS CLUB

is located in K23 during lunch time on  
Monday, Tuesday, Thursday and Friday.  
No experience necessary. Come along and  
make new friends.

**ALL WELCOME**

## RECYCLE YOUR BATTERIES @ EBHS

Batteries are made up of heavy metals and other toxic elements, including nickel, cadmium, alkaline, mercury, nickel metal hydride, and lead acid. It is these elements that can threaten our environment if not properly discarded and/or recycled.

A household battery recycle bin can now be found outside the science staff room.

Please take advantage of this service and help reduce toxic chemicals poisoning our environment by disposing of your household batteries in our recycle bin.

Recycle bins can also be found at Eden Gardens at North Ryde



## STEAM

ScienceTechnologyEngineeringArtsMathematics

STEAM challenges students to solve the problems of the future in a creative way supported by evidence and first-hand research.

All students are welcome to come along and change the world on  
Tuesdays at lunch time in K07.

**See Mr Leggo in Science**





Daylight Sportswear Pty Ltd  
 ABN 76 069 733 455  
 6-8 Lone Pine Place, Smeaton Grange NSW 2567  
 Telephone: (02) 4648 1066 Fax: (02) 4647 0143  
 Email: daylight@daylightcorp.com

## Epping Boys High School Uniform Shop

### Price List

Name: \_\_\_\_\_ Year: \_\_\_\_\_ Date: \_\_\_\_\_ Rec# \_\_\_\_\_

Item	Price \$	Size	Qty	Total incl GST
Tailored Trousers	45.00			
Grey Beltloop Shorts	37.00			
S/S Grey Middle School Shirt	32.00			
L/S Grey Middle School Shirt	35.00			
S/S White Senior School Shirt	32.00			
L/S White Senior School Shirt	35.00			
<b>Jumpers</b>				
Green Wool Jumpers 10 – 16	72.00			
Green Wool Jumpers 18 – 22	72.00			
Green Wool Jumpers 24 – 28	72.00			
<b>Sport / PE</b>				
Microfibre Jacket	67.00			
Winter Jackets	67.00			
Trackpants	42.00			
Sport Polo	37.00			
Sport Shorts Darvall	26.00			
Sports Shorts Harris	26.00			
Sports Shorts Terry	26.00			
Sports Shorts Midson	26.00			
<b>Others</b>				
School Socks S 2-8; M 8-11; L 11-14; XL 14-17	7.50			
Rugby Socks	8.00			
Boys Blazers	110.00			
Caps – one size	12.00			
Middle School Tie	20.00			
Senior School Tie	20.00			
<b>Total to Pay</b>				

Cash and credit card – eftpos facility. **Cheques will not be accepted.**

The Uniform Shop is open:

Monday 10.00 am until 2.00 pm  
 Thursday 7.30 am until 11.30 am

The Uniform Shop is located in G Block. If you have any queries, please contact Delma Marsden on 0451 255 624



Please note that we are now bag free



## EBHS CHANGE OF STUDENT PERSONAL INFORMATION

Student First Name: ..... Student Surname: ..... Roll Class: .....

Previous Address: .....

..... Date Address Changed: .....

New Address: .....

..... Post Code: .....

Home Phone: .....

Parent/Guardian 1: Work Phone: ..... Parent/Guardian 1: Mobile: .....

Parent/Guardian 1: Email: .....

Parent/Guardian 2: Work Phone: ..... Parent/Guardian 2: Mobile: .....

Parent/Guardian 2: Email: .....

### Emergency Contact 1 (someone other than Parent/Guardian)

Name: ..... Emergency Contact Phone: .....

Relationship to Student (eg Aunt, Friend): .....

### Emergency Contact 2 (someone other than Parent/Guardian)

Name: ..... Emergency Contact Phone: .....

Relationship to Student (eg Aunt, Friend): .....

Parent/Guardian Name: .....

Parent/Guardian Signature: ..... Date: .....

OFFICE USE ONLY

☐ ERN

☐ Student File

☐ NESA

☐ Transport

## SMS NOTIFICATIONS

### Absences

If you receive a text regarding your son's absence, please only reply if he is sick or on leave.

If you believe your son is at school or on a school excursion etc., please telephone the school on 9869 2701.

### General SMS Information

Due to the SMS system we have, all text messages are sent in bulk from the computer. We are unable to reply to any text messages we receive. If you have any queries about an SMS please phone the school on 9869 2701.

### Notification of Absence

If your son is going to be absent, please call the school ASAP and upon return, please use the following form to explain your son's absence. NB: Early Leavers permission notes should be submitted to the Front Office. These notes must be signed by a deputy principal prior to being submitted to the front office. If your son will be away for five or more days, an application for extended leave/travel form must be filled out and submitted to the Principal two weeks prior to absence.

Forms may be collected from the Front Office.



## NOTIFICATION OF ABSENCE

Student Surname: ..... Given Name: ..... Roll Class: .....

WHOLE DAY ABSENCE Date(s): ..... LATE ARRIVAL Date: .....

EARLY LEAVER Date: ..... Departure time: .....

Reason for absence: .....

Parent/Guardian Name: ..... Parent/Guardian Signature: ..... Date: .....  
(Please Print)