EPPING HIGH STANDARD

THE NEWSLETTER OF EPPING BOYS HIGH



Telephone: 9869 2701 | Fax: 9868 1198 | Email: eppingboy-h.school@det.nsw.edu.au | Website: www.eppingboy-h.schools.nsw.edu.au

Issue No: 11-2 September 2019

IMPORTANT DATES

3 September

Art Exhibition Opening Night Technology Expo

9 September

Year 11 Exams Commence

18 September

Year 12 Graduation Dinner

23 September

Year 7 Vaccinations

25 September

Year 12 Community Concert

26 September

Year 12 Farewell Assembly

27 September

End of Term 3

From the Principal - Tim O'Brien

I am very concerned about the number of boys, across all years, who regularly come late to school. Being prepared for the day's learning includes being on time for the start of the day. All boys should be at school by 8.40 for the roll call bell at 8.45am. It is the boys' responsibility to be on time. I ask all parents and carers to support them in ensuring this happens.

Evening of Music

Thank you to all involved in this event. The large number of families who attended was pleasing to see. The tradition of the Year 7 Massed Choir is one of the many highlights of the evening.

The Art Exhibition and Technology Expo are on this week and I urge all families to attend the Opening Night on Tuesday.





Snowboarding Championships

The Northern States (QLD, NSW & ACT) Ski and Snowboard Championships were held in Perisher Valley between 21-25th August. Tristan Chung competed for EBHS in the Alpine Downhill and SkierX Division 2.

Amongst some extremely tough competition Tristan placed 29th/80 in the Alpine Downhill and 22nd/80 in the SkierX just missing the cut-off for the Australian Titles.

Senior Executive Report

General

The Rugby and Football dinners were an amazing showcase of the skills and talents that are developed at Epping Boys High School. Not only were sporting awards for individual sportsmanship and teams recognised in both codes, but also the talented musicians and VET Hospitality staff and students who organised and prepared three course meals for almost 400 guests over two nights. This included the decorating of the Edmund Barton Centre, presentation of tables, amazing food and excellent service, throughout both evenings. A special mention should also recognise the amazing effort of the coaching staff of the sporting teams who are able to plan and organise awards, speeches and booklets as mementos for parents and graduating Year 12 students on top of their regular and busy schedules. Yet another example of how the staff at Epping Boys care about the school's traditions and the importance of acknowledging the boys' achievements, thus maintaining the focus on developing the "whole boy", and relationships with all students beyond the confines of a classroom

This week we also hosted the annual, *Evening of Music*. Well done to all Year 7 who enthusiastically partook in the massed choir. As the old Epping Boys tradition continues, Year 7 will repeat this in 2024 when they sing together in their Graduation Assembly at Epping Boys High School. Congratulations to all boys who partook in the *Evening of Music*. Another fantastic evening to view the talent of boys in our school. Always one of the highlights of the year, it was great to see so many of our Middle School boys represented in the bands and musical items. All the boys and their teachers should be congratulated for a great event, especially for all their preparation prior to the evening. Yet another quality production, enjoyed by all.

It was so pleasing to see a group of Year 9 Jazz players performing at the Football dinner last week. Such a professional group of boys who played magnificently throughout the meal times. I look forward to hearing more of them, and others, throughout their school years.

Year 10 have now completed their subject selections with the idea of making appropriate choices to align with their future career prospects. This realisation of school coming to an end, allows students to explore strategies and avenues for improvement to empower them to reach their own personal goals and plan for their future.

Year 11 boys will have the opportunity to join the B-Streetsmart, Road Trauma Forum excursion. This is an event for all young men who have or will shortly be obtaining their license to drive/ride. Parents are once again reminded that all events are listed on the school calendar via the website. Permission notes can be printed directly from the calendar or SENTRAL Parent Portal by clicking on the event. Year 11 will soon be sitting their final assessments for the preliminary HSC course. I would like to remind them that they are required to be at the Edmund Barton Centre 15 minutes prior to the exam start time and dressed in <u>full school uniform</u>. They are also reminded to carefully check their assessment timetable and refer to their *Senior School Assessment Guidelines* should they encounter any issues or concerns regarding assessments. Good luck to all of Year 11 with their assessments.

The end is nigh for our Year 12s, the Trial HSC has been completed and boys will be getting their results and feedback. The time between now and the end of term is crucial for them as all teachers will continue to support them in preparation for their final HSC exams. As always it is so important for the boys to manage their time well and be sure they get enough sleep. A balance between study, recreation and sleep is vital to any good study program. This is definitely the best time and the most fun of all your school days. Boys have just received their Trial HSC results and with that comes the realisation that school comes to an end. Preparation for the Community Concert, Graduation Assembly and the Formal is well underway. Perhaps not as much fun at home for the parents and guardians of these young men...this can be a very taxing and stressful time.

At this stage, it is all about organisation, preparation and managing "STRESS". The boys should really savour these last days of school, as it comes to a sudden and abrupt end. One morning they wake up and have nowhere to go, no need to rush and more importantly, no familiar faces around them to nurture their sense of belonging.

Enjoy your last weeks as a student at Epping Boys High School.

Uniform Shop—New Polar Fleece Jacket

The new Polar Fleece Jacket is now in stock at the Daylight Uniform Shop.

The Polar Fleece is \$45 and is in sizes S, M, L, XL, 2XL & 3XL. There is limited stock this year so get in quick so you can grab your size.

Opening hours are: Monday 10 am to 2 pm and Thursday 7.30 - 11.30 am. If you can't get to the shop in opening hours, you can order online at: Daylightsportswear.com/epping or phone: 0451 255 624 to pay by credit card.

When ordering online – orders must go through the Daylight Sportswear website, NOT Epping Boys High School (see the above address)

Delma Marsden
On behalf of Daylight Sportswear

National Model United Nations Assembly

Year 11 students Ethan A, Patrick CM and Hassan R represented Epping Boys and Afghanistan at National MUNA. Students from all over Australia met and debated in the House of Representatives chamber in Old Parliament House.

The six resolutions considered by the Assembly included the peaceful use of space, climate change, the rules of international migration, human rights in Venezuela, the protection of journalistic freedom, and the proliferation of nuclear weapons on the Korean peninsula.

At the official dinner on Saturday night, our delegation met with Mr Mostainbillah Balagh, Counsellor at the Embassy of Afghanistan and Mr Fred Smith from the Department of Foreign Affairs and Trade who was the first Australian diplomat sent to Afghanistan after the war.

The Epping Boys' delegation was recognised for their outstanding conduct and were highly commended for their participation in this year's Assembly.

The delegation would like to acknowledge the generous support of the Rotary Club of Epping and the Epping Boys High School P&C.













Victory In The Pacific Ceremony

Conor Harris, Charlie Workman and Lachlan Waller represented Epping Boys High School with pride at the Victory in the Pacific ceremony at Boronia Park in Epping on Thursday 15 August.

This event was organised by the Epping RSL.

The boys respectfully laid a wreath as part of the ceremony. Their presence was noted and appreciated by the RSL.



If your son has lost anything recently, please ask him to ask at the school office.

We have many items of clothing, including jumpers, jackets, shoes and hats, sports gear, keys, lunch boxes, drink bottles etc.....

Any unclaimed items of school clothing will be donated to the second hand clothing pool at the end of the term.

Please label your son's belongings

Prefect Camp

On Thursday 14 August, the newly elected Prefect body, accompanied by Mrs Ghorayeb, Ms Laman and Mr McInerney embarked on their Prefect Camp. We were hosted by the Sydney Academy of Sports and Recreation Centre in Narrabeen and learnt the core components of leadership and what it means to be a Prefect for Epping Boys High School.

Day One had the students take part in a variety of team building and leadership activities, including The Spaghetti and Marshmallow Challenge, "One Truth, One Lie" and a presentation by Mrs Ghorayeb on the key roles of Prefects as well as the core components of leadership. Following these activities was the highlight of Day One; the high ropes course. After a quick safety demonstration, each student eagerly geared up and began climbing. The main lesson learned from this activity was the importance of teamwork. Each person paired up and relied on the one another to ensure they were locked in before embarking on many challenges incorporated into the course. By supporting, encouraging and helping one another each and every student was able to complete the toughest of challenges and the flying fox.

Following the high ropes, the students had the opportunity to have a conversation Mr O'Brien and Ms Schadel. It was here that we began to discuss what they wanted to contribute to Epping Boys High School, what they wanted to encourage and most importantly, what their legacy would be. Following this talk, we were given the opportunity to write a note to a loved one. This was a cherished moment for us as it gave us the opportunity to reflect on the path we took to get to this moment in our life and appreciate the support given to us. After this activity was done, we bonded some more by relaxing, playing cards and eating lollies before going off to bed at the early time of 10:30 to get ready for Day Two. Day Two of the Prefect Camp had the team engaged in various activities designed to push us to our limits. This included the trapeze free fall, as well as the giant swing. On the final day, the Prefect body voted for our executive team.

Congratulations to School Captain, Sam Collins, Head Prefect James Cutrone and Vice Captain Haydyn Ryland-Adair.









Prefect Induction Assembly

The Prefect Induction Assembly held on the Thursday 22 August was a commemorative way of celebrating the achievement of the outgoing Prefects, and warmly welcome the new Prefects of 2019/20.

Throughout the assembly, Ms Rachel Coleman presented awards to the retiring Prefects, saluting their achievements as a role-model group. Various melodic items were also performed by the Wind Ensemble, which was greatly appreciated by all present at the time. Alongside this, a funny, yet engaging speech presented by outgoing School Captain Tim C was a great way to show gratitude to both his and the new Prefect body alike. However, it was the iconic exchange of badges and leadership between the relieving Prefects and the new incoming Prefects that was a true highlight of the assembly.

The pledge of service conducted by the Prefects of 2019/20 fortified our commitment to leading the school with pride. Following this, it was an inspirational speech by new School Captain Sam C that summed up our gratefulness for being chosen as representatives for the Epping Boys community. Finally, the traditional and passionate 'Epping War Cry' between the outgoing and newly elected group of boys closed out the special assembly in the true Epping Spirit.

The inclusion of parents, teachers, and students alike made for a celebratory environment; bidding farewell to a standout group of Prefects, and the introduction of 28 newly elected boys for the coming year. Special mentions go out to our Prefect Adviser Mrs Aida Ghorayeb, and our executive team Sam Collins, James Cutrone, and Haydyn Ryland-Adair as we are confident they will lead us to 'Strive to Achieve' new feats, and create our own footsteps in Epping Boys history! Lachlan D: Prefect 2019/2000





Year 10 Human Wellbeing Incursion

On Monday 19 August, Year 10 Geography students hosted 140 Willoughby Girls as part of our Human Wellbeing topic. The day started with an icebreaker exercise. This helped us get to know the girls and overcome any nerves amongst the groups. We moved on to our interviews, where we each delivered our pre-written surveys to 14 girls. That went smoothly, with some interesting responses about their environment, their school, and their social lives.

Then it was their turn to interview us. Some of their questions we found to be a bit surprising – it seemed they did not have quite the same restrictions as we did! In the case that their interviews ran under time, we had to fill it in with some polite conversation. This was followed by a BBQ, run efficiently by the Year 9 and 10 SRC students under the supervision of Mr Kinsky. The lunch time also afforded us the chance for a few further friendly conversations before the girls headed off.

The data we gathered on the day will inform us about the wellbeing of the Willoughby Girls High cohort, and will assist us in the creation of our major Geography project assessment. We wish to thank the Willoughby girls and their teachers for the visit and the Social Sciences faculty for arranging the incursion.

Keats Mackay and Anthony Feng







Creative and Performing Arts Team

We would like to welcome Henry Hall of Year 7 to our Creative and Performing Arts student team. His enthusiasm for CAPA and Music is evident in his engagement in a range of activities. This week Henry took photos of the different ensembles he participates in and has also written about these groups below.

String Ensemble

String ensemble is one of EBHS's many CAPA ensembles. Anyone that plays a classical stringed instrument can join. This week at String Ensemble we rehearsed our piece for the night of music, "Hoedown", with our conductor Mr Tabrett. Over the year we have performed at a range of venues, for example Grandparents Day, the better education meeting and a community dinner. I would definitely recommend string ensemble to anyone even remotely interested in joining.

Junior Vocal Ensemble

Junior Vocal Ensemble is one of our various weekly ensembles, and a simple way to get involved with the CAPA community of Epping Boys High School. Junior Vocals requires no experience to join, you just have to be in Year 7 or 8. Our wonderful teacher Miss Meney makes sure we all sound great! At the moment we are rehearsing our harmonisation to "Fix You" by Coldplay, and "First Men on the Moon" by our very own Mr Tabrett. To hear the Junior Vocal Ensemble perform, come along to "A Night of Music" on 27 August 2019.

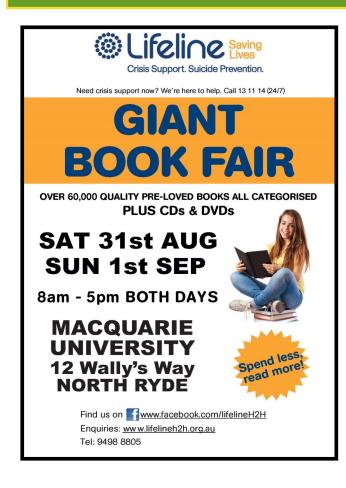
Jazz Band

This week in Jazz Band we rehearsed our pieces for the Night of Music. They are the Girl from Ipanema, and Caravan. Mr Kenny, our conductor, always encourages us to play our best, and makes music even more fun to play.













TAS EXPO

EPPING B H S STRIVE TO ACHIEVE





Location: F Block

Opening: 7pm-9pm

Date: 3rd September 2019





TAS EXPO







Location: F Block

Opening: 7pm-9pm

Date: 3rd September 2019





Community Notices



WESLEY MEGA BOOK SALE

In the Wesley Uniting Church grounds at 32 Showground Road, Castle Hill.

Saturday September 7th 2019 (operating from 8:00am to 1:00pm)

Sale items will include Books, Magazines, Records, CDs and DVDs. We will also have a range of plants available to enhance your garden.

Enjoy the friendly atmosphere, and pick up a bargain (or two) knowing you are helping those families who need help within the Hills District, through the Hills Family Centre.







Community Notices

Western Sydney Symphony Orchestra Sydney Olympic Park Authority



GREAT CONCERTS

OF GREAT CLASSICAL SYMPHONIES

3 2019

Western Sydney Symphony Orchestra Sydney Olympic Park Authority 19 October 2019 7:30 P.M. Armory Theatre Sydney Olympic Park

Collaborated with Sydney Olympic Park Authority, the Western Sydney Symphony Orchestra is very proudly presenting it's third concert to the Western Sydney communities.

Featured with local musicians alongside the professional musicians of the Sydney Contemporary Orchestra, this concert features great symphonic works of great classical composers, and a modern work adapted from a Chinese tradition music:

> Marriage of Figaro Overture by Wolfgang Amadeus Mozart Pavane pour une infante défunte by Joseph Maurice Ravel Fantasia - Clouds Chasing the Moon by Brian Chatpo Koo Symphony No.35 in B flat major by Wolfgang Amadeus Mozart

It will be a great and unforgettable evening as to listening to the great classical symphonies which contain complex structures, rigorous tonalities, rich harmonies, and the contrasting timbres of the various instruments, that like the paintings of the great artists, or the novels of the great writers, all of these can open our minds, widen our vision and enrich our souls.

It is our hope that the Western Sydney Symphony Orchestra will contribute much to the cultural life of Western Sydney and the Hills communities.



Tickets and Bookings



Supporting parents and carers of children and teens with ADHD, learning difficulties and co-existing conditions

Presentation: **ADHD: Executive Functioning**

Thursday 12 September 2019, 6:45-9:00pm

Dr Caroline Stevenson, Senior Clinical Psychologist

This presentation by Dr Stevenson, a Sydney-based Senior Clinical Psychologist, will focus on how to help children with ADHD manage getting organised, staying focussed, sustaining effort and all the other tasks better known as Executive Functions.

Caroline Stevenson is a Senior Clinical Psychologist. She has worked for over twenty-five years in the field of ADHD and learning difficulties. She works in private practice in Frenchs Forest. She is also the Psychology Manager at Royal Far West in Manly, and a past president of the Board of ADDult NSW.

The Chats Function Room, The Ranch Hotel, Corner Epping & Herring Roads, North Ryde www.theranch.org.au

Parents are welcome to visit the bistro for dinner pre or post the talk, open til 9:30pm

TRANSPORT Extensive car parking is available at the hotel.

Public transport options include buses along Epping or Herring Roads, or train to Macquarie University Station.

RSVP https://www.trybooking.com/BDXEH

COST This event is free for financial members and \$10 for the general public online.

Membership applications can be submitted online here to receive the member discount: https://www.macquarieadhd.org.au/membership-form/

Please arrive for 6:45pm with the speaker commencing at 7pm sharp, for approximately one-

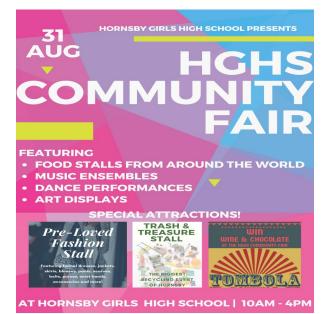
hour presentation, followed by a short break. A Q&A session will follow with an opportunity to meet other parents.

Maximum capacity 120pax. Tea & coffee provided.

Contact Us

ADHD Centre Helpline: 02 9889 5977

Email: info@macquarieadhd.org.au Website: http://www.macquarieadhd.org.au
Facebook: https://www.facebook.com/macqadhd.org.au



Community Notices







Play Cricket with West Epping Cricket Club

Saturday mornings from mid-September

New facilities at West Epping Park

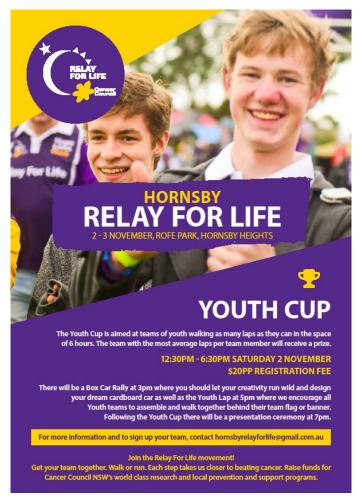
REGISTER NOW TO PLAY FOR WEST EPPING at playcricket.com.au

(\$100 Active Kids Voucher can be used)

Boys & Girls 8-16 all welcome

westeppingcricket@gmail.com
President - Iain Wood
0404 431 409







Epping Boys High School is on Facebook

Board Games Club

Want to make new friends? - Are you bored at lunchtime? Come to the Board Games Club

1.20pm

Come along and have some fun EVERYONE IS WELCOME

EVERY DAY AT LUNCHTIME 1.20 pm to 2.00pm In **F5** Classroom

2.00pm

See Ms Lane in the science faculty for more information

ALL WELCOME

Dr Who Club
TUESDAYS during lunchtime in



is located in K23 during lunch time on Monday, Tuesday, Thursday and Friday. No experience necessary. Come along and make new friends.

ALL WELCOME

RECYCLE YOUR BATTERIES @ EBHS

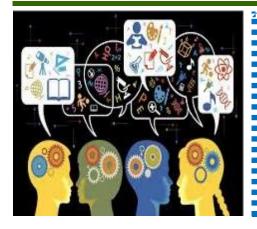
Batteries are made up of heavy metals and other toxic elements, including nickel, cadmium, alkaline, mercury, nickel metal hydride, and lead acid. It is these elements that can threaten our environment if not properly discarded and/or recycled.

A household battery recycle bin can now be found outside the science staff room.

Please take advantage of this service and help reduce toxic chemicals poisoning our environment by disposing of your household batteries in our recycle bin.

Recycle bins can also be found at Eden Gardens at North Ryde





ScienceTechnologyEngineeringArtsMathematics

STEAM challenges students to solve the problems of the future in a creative way supported by evidence and first-hand research.

All students are welcome to come along and change the world on Tuesdays at lunch time in K07.

See Mr Leggo in Science



Daylight Sportswear Pty Ltd ABN 76 069 733 455 6-8 Lone Pine Place, Smeaton Grange NSW 2567 Telephone: (02) 4648 1066 Fax: (02) 4647 0143

Email: daylight@daylightcorp.com

Epping Boys High School Uniform Shop Price List

valle. Teal. Date. Nec#	Name:	Year:	Date:	Rec#	
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Item	Price \$	Size	Qty	Total incl GST
Tailored Trousers	45.00			
Grey Beltloop Shorts	37.00			
S/S Grey Middle School Shirt	32.00			
L/S Grey Middle School Shirt	35.00			
S/S White Senior School Shirt	32.00			
L/S White Senior School Shirt	35.00			
Jumpers				
Green Wool Jumpers 10 – 16	72.00			
Green Wool Jumpers 18 – 22	72.00			
Green Wool Jumpers 24 – 28	72.00			
Sport / PE				
Microfibre Jacket	67.00			
Winter Jackets	67.00			
Trackpants	42.00			
Sport Polo	37.00			
Sport Shorts Darvall	26.00			
Sports Shorts Harris	26.00			
Sports Shorts Terry	26.00			
Sports Shorts Midson	26.00			
Others				Ť
School Socks S 2-8; M 8-11; L 11-14; XL 14-17	7.50			
Rugby Socks	8.00			
Boys Blazers	110.00			
Caps – one size	12.00			
Middle School Tie	20.00			
Senior School Tie	20.00			
Total to Pay	t.	•	at.	

Cash and credit card – eftpos facility. Cheques will not be accepted.

The Uniform Shop is open:

Monday 10.00 am until 2.00 pm Thursday 7.30 am until 11.30 am

The Uniform Shop is located in G Block. If you have any queries, please contact Delma Marsden on 0451 255 624



Please note that we are now bag free

EBHS CHANGE OF STUDENT PERSONAL INFORMATION Previous Address: New Address: Post Code: Home Phone: Parent/Guardian 1: Email: Parent/Guardian 2: Email: **Emergency Contact 1** (someone other than Parent/Guardian) Name: Emergency Contact Phone: Relationship to Student (eg Aunt, Friend): **Emergency Contact 2** (someone other than Parent/Guardian) Name: Emergency Contact Phone: Relationship to Student (eq Aunt, Friend): Parent/Guardian Name: Parent/Guardian Signature: Date: OFFICE USE ONLY □ ERN ☐ Student File ☐ NESA ☐ Transport **SMS NOTIFICATIONS Absences** If you receive a text regarding your son's absence, please only reply if he is sick or on leave. If you believe your son is at school or on a school excursion etc., please telephone the school on 9869 2701. **General SMS Information** Due to the SMS system we have, all text messages are sent in bulk from the computer. We are unable to reply to any text messages we receive. If you have any queries about an SMS please phone the school on 9869 2701. **Notification of Absence** If your son is going to be absent, please call the school ASAP and upon return, please use the following form to explain your son's absence. NB: Early Leavers permission notes should be submitted to the Front Office. These notes must be signed by a deputy principal prior to being submitted to the front office. If your son will be away for five or more days, an application for extended leave/travel form must be filled out and submitted to the Principal two weeks prior to absence. Forms may be collected from the Front Office. NOTIFICATION OF ABSENCE Student Surname: Roll Class: Roll Class: WHOLE DAY ABSENCE Date(s): LATE ARRIVAL Date: EARLY LEAVER Date: Departure time: Reason for absence:

......Parent/Guardian Signature:Date:

Parent/Guardian Name:

(Please Print)