## EPPING HIGH STANDARD

THE NEWSLETTER OF EPPING BOYS HIGH



Telephone: 9869 2701 | Fax: 9868 1198 | Email: eppingboy-h.school@det.nsw.edu.au | Website: www.eppingboy-h.schools.nsw.edu.au

#### Issue No: 9 - 15 October 2020

#### **IMPORTANT DATES**

**19 October** Year 11 going into 12 Study Day

20 October—11 November HSC Exams

26 October P&C Meeting (held virtually)

**27 October** Year 11 Reports issued

9 November—13 November Year 10 Exam

23 November P&C Meeting (held virtually)

1 December Year 7 Orientation Day

9—12 December Year 10 Camp

**16 December** Last Day Year 7–11

#### From the Principal - Tim O'Brien

Congratulations to all our Year 12 boys on their graduation from Epping Boys High School. We wish our class of 2020 the very best of luck in their preparation for their HSC exams. It is essential that they spend these last few weeks in structured study for each subject. Their class teachers are available for extra help if needed and the school library is open for them to study.

It is essential that parents read email communications from the school to ensure they are up to date with changes.

After numerous changes we did get the good news that the Year 12 Formal could go ahead. This will be held at Curzon Hall on November the 11th and promises to be an excellent event.

Term 4 has seen more changes related to COVID 19 and all parents have received information form the school around these changes. It is pleasing that our boys will be able to participate in Grade Sport again for this summer season.

## Farewell Year 12!

What a Year 12 it has been! The year 2020 will certainly go down in history as one of the most challenging of our lifetimes. Wishing all our boys in Year 12 the very best during their HSC and in your future endeavours! Set your goals high and always dream big. May you all be very successful in life.



#### **Senior Executive Report**

Narelle Kathryn 7 & 10 | Seddique Martin, 8 & 11 | Jessica Schadel, 9 & 12

#### Years 7-10

As the term begins, it is important that all students remain focussed on their academic goals. It is often wise to conduct an audit of bookwork and ensure that everything is neat and up to date and that effective notes have been taken in subjects where that may be required, particularly for assessment tasks where knowledge of content is key.

In terms of academic progress we would encourage any boy who feels that he might be struggling with his understanding of course content or his skills base in some subjects to see his teacher or Year Adviser for assistance. Often a little bit of extra guidance can make a huge difference to confidence and future academic success.

#### Year 11

Year 11 Reports will be issued in Week 3 of this term and we will be conducting Parent Teacher Interviews via zoom. This will provide an opportunity for all parents and carers to gain a clear understanding of the strengths that their son has shown in his Preliminary HSC year and also to map out some goals in each subject for Year 12. Detailed information about this will be emailed to parents this term.

#### Year 12

We thoroughly enjoyed farewelling Year 12 in the final week of Term 4 with their Graduation Assembly and Graduation Lunch. Thank you very much to all involved in these events – Our Year 12 Adviser and Assistant Year Adviser for all their hard work in organising these events, CAPA for the beautiful music, Ms Koff and her team in VET for catering and our SAS staff for all the work behind the scenes with booklets, certificates and preparing Year 12 goodie bags! We want all boys to value and cherish their last few weeks as an Epping Boy!

## From all the teachers at EBHS



I will teach you in a room. I will teach you now on Zoom. I will teach you in your house. I will teach you with a mouse. I will teach you here and there. I will teach you because I care. So just do your very best. And do not worry about the rest.

## Good luck, Year 12!!!

#### Year 12 Graduation Speech

#### Samuel Collins—School Captain 2019-2020

Good Morning, Mr O'Brien, Staff, friends and families watching the recording, and of course, "the boys",

What an unbelievable 6 years we've had. A 6 years full of intense handball matches, good banter and an unhealthy amount of large chocolate oaks. A 6 years where we've seen teachers taped to walls for fundraisers, watched intense rugby matches from the Millamurra hill and sung our fair share of 'We are Epping Boys' High School'. A 6 years where we've done everything from building friendships that will last a lifetime, playing sport alongside each other, being involved in a vast array of extra-curricular activities, and also squeezing in a bit of learning.

And there is one group we have to all thank for making this happen. Our teachers. Because at Epping, they don't just teach. They've supported us, particularly through this stressful HSC year, they've taken their own time to mark our practise essays, and they've worked with us to make sure we are the best people we can be – both in and outside the classroom. The work and dedication of our teachers serves as a great reminder of how fortunate we have been over our time here at Epping.

And while at the moment all our thoughts are overwhelmed with syllabus dot points, essay plans, facts and formulae, it's important to remember the real-life applications of the skills each faculty has taught us.

Maths, to think things through logically.

Science, how observation and research can help us understand things.

**CAPA**, how it doesn't hurt to get a little creative.

Social Science, how we can start to understand the world around us.

Languages, how to talk to people around the world.

TAS, how to start with something and use it to create something far better.

PDHPE, how we can stay safe and healthy, and to avoid drinking punch at parties.

English, how we can learn from what others have written, and that quoting poetry will always make you sound impressive.

And History, who have taught us to learn from the past, and to never, ever, invade Russia.

We have had so many caring people working to make sure our school life is the best it can possibly be. As well as the amazing teachers, we've had our librarians ensuring our literary needs are met, our careers advisors making sure we know how to get into uni and Tafe, our SAS staff for keeping things running smoothly, the sport coordinator for getting us to the right field at the right time to play against the right team, and our school executive of Mr O'Brien, Ms Schadel, Ms Katherine and Mr Martin, who have led this school every step of the way, and kept "the main thing, the main thing".

And then of course, who could forget Ms Laman. Affectionately known as Lamo. Nobody else I know could play for the Waratahs, teach both PE and Food Tech, and keep all of us lads on track. She's been assisted by several teachers over the years, including Mr Nelson, Ms Zarif and Ms Coleman, so a big thank you to them also.

I think we should give a big round of applause to all the staff, who work here at Epping Boys' High School, especially Miss Laman, for all they have done for us over the last 6 years...

Now I don't think any speech could truly reflect the experiences of our cohort without addressing the insane nature of the year we've had. And what a year it's been. We started out with making a BIG splash at the swimming carnival, and this was quickly overshadowed by Covid-19. What started as a slightly exciting experience of trying to anticipate what would happen next quickly became a depressing realisation of the realities and devastation a pandemic can bring. And it definitely made many things harder. Studying – got harder. Getting toilet paper – got harder.

But I think we all learned a couple of things that we wouldn't have without the events that occurred this year

1. We learnt how vital it is to keep in touch with the friends we have made. For me at least, one of the things that was so essential to keeping me sane was calls with mates from school. Enjoying the thrill of someone sending around a code for another zoom call meeting. And even as we go off after this week into the 'real world' I hope we all have many friends we can keep in touch with from our time here at Epping.



- 2. How much we missed school. I'm sure we'd all be lying if we said were disappointed about Epping's first school closure all the way back on the 6th of March. But as the novelty wore off, and the days turned to weeks of being off school, I think we all realised how good this place really is and how much we missed it how lucky we are to attend Epping Boys'.
- 3. The importance of adapting to what's thrown at us. Every single day seemed to give some new news, or some changing circumstances. But one thing I think we did really well as a year was being able to roll with the punches. We were able to improvise, adapt, and overcome. We did get through it, and we take these skills with us.

So while we wouldn't have chosen the year to be this way, despite the challenges, there are definitely a lot of good things we have taken away from it.

But before I'm done, there are more people we need to thank. To our parents and families watching at home, thank you for all the support, encouragement and love you have given us to get us here. We're so thankful for all you do for us.

And finally, thank you to all you boys. I could not have asked for a more amazing year group to spend my time at Epping boys with. There are many people in this year I have admired, in so many different areas, be it in sport, academics, or what they do in extracurricular activities. And as I look back on the last years we've had, I've been so thankful for all the conversations, friendships and good times I've shared with so many of you. I thank you all.

So, goodbye and best wishes for the future. Thank you all for everything. As we go out to see what life has in store for us, remember the skills and values Epping has taught us, and how fortunate we are to have had this strong foundation to build on. Nelson Mandela once said "Education is the most powerful weapon which you can use to change the world". Let's use the education we have for good. We have a world of opportunities and possibilities ahead of us. Let's go.

#### Vivek Waller—School Captain 2020-2021

Year 12,

I just want to thank you for your commitment to the school over the past few years and for being a great bunch of blokes, and now that you are leaving, I realise just how much I'm going to miss you all.

You guys have been here since my first day, always as the year above us and always ready to knock us back down if we ever got up ourselves. I have gotten to know quite a few of you really well, through extracurriculars like SRC, band, weekend sport or just generally making fun of Arsh together.

Personally, we achieved a lot. Led by Rohan Awati and Sahil Grover the 2nd grade cricket team managed to lose the grand final, breaking the multiple year record Epping held on the competition, and we managed to lose it again a year later. Despite these losses, the team won't be the same without you guys and the many laughs you each brought.

Many of you have been role models to both me and many other students around the school. You have shown me how to be both a good person and a good student and I know that everyone in my year group has someone in yours that they look up to.

You should all be very proud of what you have achieved over your years at Epping. The way that you have handled yourselves in an incredibly strenuous year has been exemplary and all of you have shown immense resilience and patience with what I can only imagine has been an extremely stressful time. You have given the blueprint for what a good year group at Epping should be. One

which is able to have a laugh and enjoy life as well as study hard, put your heads down and complete whatever is in front of. It will not be the same without you blokes for the rest of the year and when you are doing your HSC.

On that note boys, study hard and you will nail it. Do your best and make Epping proud. Set the bar high for what my year group has to achieve next year. However, also remember that there is a life after the HSC, and the marks you get don't define you. So even if you don't do well, don't worry. All that will happen is my year will look even better when we jump over the bar you guy have set.



Thank you, boys, for everything you have done.

# Classif Graduation Lunch

















#### Year 12 Adviser 2020

Over the past six years this group of fine young men threw themselves into all areas of school life. The vast majority of Year 12 can reflect on their time at Epping Boys High School with a sense of accomplishment, for these students have taken the many opportunities presented to them and truly became involved in the school.

It is the countless contributions to musicals, drama, debating, sport, CAPA, network café, Duke of Edinburgh, music programs, technology and academic competitions and a myriad of other cocurricular activities that will be long remembered.

Although 2020 did not seem to go to plan as COVID-19 struck, the boys have shown understanding, perseverance and most importantly resilience in their everyday lives. They have strengthened their own and their peer's ability to cope with life's challenges as they transition into a new stage of their lives.

I am grateful to have had the opportunity to get to know each and every one of "my" boys. It has meant a lot to be a part of the lives of these gentlemen and get to know each and everyone of them as individuals as well as a group, some more than others.

Year 12, I can honestly say you have made me laugh an obscene amount, you have made me cry, you have frustrated me but above all you have made me proud. I would not have missed this experience of watching your grow into fine young men for anything.

A few things to remember: make your own decisions, manage your money, make the most of your time, don't give up and never stop learning!

To those boys who have been with us throughout this journey—those who have been with us from the start, to those have left us, and to those who have joined us most recently—thank you!!

6 years down, none to go (:



#### Year 12—Creative & Performing Arts



Year 12 Visual Arts Class.



This year we did a small showing of the HSC Visual Arts Bodies of Work to parents and staff in small Covid safe groups. Students work will be published on a special exhibition website early in term 4.



Year 12 Music 2 class.



Year 12 Music 1 class.

Music students maintained a strong sense of comradery, even without the significant opportunities to perform due to Covid.



Year 12 Drama class.

Imagine no group devised as part of the HSC external assessment...yes that was the result of social distancing requirements and a huge loss for the boys. It was possible to do this as a class task which allowed the boys to engage with this significant component of the HSC Drama experience.

# Creative and Performing Arts 2020 HSC students.

What stands out again and again, is the sense of connectedness that boys have with their classmates within the Creative and Performing Arts subjects – Music, Drama and Visual Arts. This year, this has been particularly important and has kept the boys buoyant through the adjustments to the way our HSC practical works have been able to operate. A huge congratulations to all of the boys in Year 12 and especially our CAPA students. Go forth and continue to be creative!!

#### PDHPE Year 12

To all 38 Year 12 PDHPE students, wishing you all the best in all of your upcoming HSC exams, especially the PDHPE Exams on Friday 30th October—9:25am—12:30pm. Don't forget to study your syllabus and to answer the right options.

It has been a pleasure to teach you all and get to know you so well over the last 2 years. You have had a huge impact on the school in so many ways over the last 6 years including upholding and expanding the schools sporting culture through grade sport, representative sport, carnivals, knockout competitions, overseas tours and as leaders in school sport (Sport Captains, Team Captains, House Captains, Prefects etc).

Remember leading up, during the HSC and beyond throughout your lives, try to keep up your balanced lifestyle and keep influencing others positively to be as healthy as they can be too.

We are proud of all of your efforts. Good Luck! Mr Bailey and Mr Gordon





Good Luck and Farewell Year 12 - 2020 from the office ladies

# CONGRATULATIONS and Best Wishes

"YOUR OFF TO GREAT PLACES Today is your day Your mountain is waiting

So get on your way. You have brains in your head

Your have feet in your shoes

You can steer yourself any direction you choose.

You're on your own and you know what you know and

are the one who'll decide where to go..."



Dr Suess

#### EBHS Prefects



OzHarvest, Australia's leading food rescue charity, is seeking food donations to help feed Australians in need.

Please donate dry goods only such as cereals, pasta, biscuits, crackers, tinned food, boxed food etc.

# **DONATION DATE:** 26th-30th October **COLLECTION POINT:** Room F5

#### OZHARVEST.ORG 1800 108 006 🚺 🖸 🎔 🛅 @ozharvest

Hunger is one of the major problems facing many unfortunate Australians across the country and the rise of the pandemic has left many individuals struggling to afford basic necessities such as food. Disadvantaged groups such as those in relative and absolute poverty need our help.

To do this, the Prefects will be holding an OzHarvest food drive, collecting non-perishable items such as canned foods for those in need. These goods will then be collected by OzHarvest who will deliver them directly to more than 1300 charities supporting people in need across the country.

Our food drive will be held during Week 3 of this term (26th - 30th of October) where room F5 will be open from 8:15 till 8:45 each morning as the collection point. Anything donated will be greatly appreciated!

#### Lachintha Kankanamage



#### **News from Social Science**

#### Year 7 Geography brings Landforms to Life!

Year 7 Geography E and V recently completed major assignments for their current topic 'Landscapes and Landforms'. Students had a choice of either completing a travel diary, or a model and travel diary. Each boy was randomly assigned a different landform and told to let their creativity run wild!

The boys met this challenge with gusto. Paper mache, lego, paint, and endless other materials were utilised to create lifelike representations of a range of locations, from the salt flats of Salar de Uyuni in Bolivia to the steaming Stokkur Geyser in Iceland. Key geographical information was conveyed, including relevant formations and processes and flora and fauna.

The travel diary was chosen by students who preferred to use literature to educate and entertain the audience about their landform. They embarked on a seven day journey, filled with stories of wonder and awe, as well as a fair share of mishap and mayhem. Along the way, they communicated information about their site, including its location, formation, threats and management.

Many boys completed this task to an outstanding standard, clearly investing significant time and energy into their completion. Their skills in project management were evident. For some, it was a learning experience in the importance of needing to start assignments early to ensure they are completed to their best ability.

We commend the boys for their efforts and look forward to their continuing journey. We hope that one day some of them might just get to visit the places they so ingeniously depicted in their projects!



Mrs Dunn and Mr Dziedzic Social Sciences

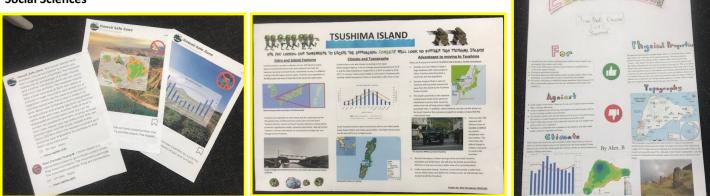


#### Year 9 Global Studies are planning to survive the Zombie Apocalypse!!

Year 9 Global Studies are currently studying a dynamic topic called "Zombie Geography". As part of this project-based topic, students have recently completed an assignment inwhich they used their expert knowledge of topography, climate, physical geography and maps to select a location on Earth where they believed they would best survive a zombie attack.

Some students decided to flee to secluded islands in Hawaii and Japan, whilst others decided that the ideal strategy was to his in areas closer to home, such as Australia and New Zealand. Students created public awareness campaign about their location and why it was the most logical choice. Some made a website, others a poster and some even made a social media campaign. The engagement with the task and the standard of work presented was very high and all students demonstrated strong critical thinking skills and geographical expertise.

#### Mrs Dunn and Mr Dziedzic Social Sciences



#### Year 11 Mock Trial Team

The Mock Trial is a state wide competition run by the Law Society of NSW. It pits school teams against each other in fictional criminal and civil cases in front of legal professionals (solicitors, barristers and even judges) who act as magistrate. Real-life court procedures are mimicked, giving students a unique insight into the legal industry. Trials are awarded on the basis of guilt ("beyond reasonable doubt") for criminal matters and are awarded on the "balance of probabilities" for civil matters. A detailed points system is also utilised on the basis of strength of argument, delivery and adherence to protocols, which is used to determine the ultimate victor in each trial.

The Epping Boys High School team was made up of eight students from the year 11 Legal Studies cohort; Vivek Waller, Keats Mackay, Archie Scherf, Ibrahim Mahmood, Chengyue Li, Chengchao Li, Rex Traje and Conor Preece, all of whom represented their school with pride.

Our first trial was against Turramurra High School. This trial occurred over Zoom due to COVID restrictions and we were allocated defence. Our client was alleged to have committed drink driving offences. While we were new to the mock trial format, our witnesses, barristers and solicitor performed capably. Especially memorable was Vivek's closing address, in which he wrapped up our arguments assertively and persuasively. In the view of the magistrate, we successfully created reasonable doubt, however, we were soundly beaten on points.

We headed undeterred into round 2 against Cumberland HS. This time, we were prosecuting a matter of larceny. Our team put in a much-improved performance and was able to raise several inconsistencies in the defence witnesses, whilst our witnesses held strong in the face of piercing cross-examination. Again, we 'won the battle and lost the war' by proving the charge beyond reasonable doubt, but losing on score by a single point (206 to 205).

This brought our involvement in the shortened 2020 competition to a close. I would like to thank the boys for their efforts and the manner in which they acquitted themselves. I would also like to thank Mr Lee Dewane for co-convening the team with me this year and the significant time he put in. Finally, Mrs Jaye Dunn stepped in on several occasions to crucially hold the ship together, even acting as magistrate in the first trial when a sudden change in circumstances meant our assigned judge pulled out last-minute.

We look forward to assembling a new team of students undertaking Legal Studies next year!

Mr David Dziedzic Social Sciences

#### Year 8 Enrichment Project

8E have just completed their Enrichment Project for 2020; a specially designed program to enhance collaboration, communication and critical thinking skills. Students worked in teams to create a one minute video on a social justice issue that they feel passionate about, as part of the national Videos for Change competition.

Congratulations to Henry, Edward C, Edward L, Matthew P and Ryujoon K for their winning entry. The theme of their video was "Think before you speak" which is an important message to shre. Well done, also, to the winners of the People's Choice Award as voted by their peers and Henry, Matthew and Ben for being nominated by teachers for displaying Respect, Responsibility and Engagement throughout the Project.

Thank you to all members of 8E, their teachers and judges, Mr Martin, Mr Kayes and Ms Duinker.

Mrs Jaye Dunn Social Sciences









# SECOND HAND UNIFIROM

If you have any school uniform that you would like to donate to the school, that your boys have grown out of and that's still in good condition, please bring them into the front office.

#### Podcast

On the 21st of August, "Media For Millennials", a group dedicated to educating young people how to create different forms of media, visited Epping Boys High School. A group of boys from the "Tournament Of Minds Team" and the "Creative Writing Club" had the chance to participate in a day's course on "How To Create A Podcast". The course was very engaging and was led by Stephanie Aceglay, who has her own podcast; "What You Didn't Know..." Go have a listen!

On the day, we were to learn the skills required to be the producer, editor and manager of a professional podcast. We first brainstormed some ideas, these ranged from a show about paradoxes, to rants about random ideas. In this stage we also discussed what the goal of our podcasts would be, and who our audience was.

Next we fulfilled the role of a host. We used resources provided by "Media for Millennials", such as quality dampening mics, to record a podcast of a similar quality to one recorded in a recording studio. We then edited the clips, and added music, and sound effects.



At the end of the day, we listened to everyone's podcasts, and talked about how to market, and make money from podcasts. It was a great day, and we would recommend it to any students looking to learn about media, podcasts, marketing, or even just a fun activity. Thank you to Stephanie Aceglay, Media for Millennials and the library staff, for organising this event.

#### By Adit Bhatia and Henry Hall

### Year 10 Debating

The EBHS Year 10 Debating Team beat James Ruse High's Debating Team last week. EBHS won a convincing victory over the reigning State Champions from 2019, James Ruse Agricultural High School.

The students, Mubeen Khan, Arthur Lee, Maea Applegarth and Noah Bywater, had to argue in the affirmative: "That social media be banned for people under the age of 18".

The debate was closely called but our team argued more benefits that outweigh the disadvantages which won the team the victory. Ironically, soon after their victory, the boys proceeded to broadcast their win on their own personal Social Media platforms.

The Year 10 Debating team from EBHS now faces their counterparts from Denison College Bathurst Campus on Thursday, 24th September via Zoom.

Mr John Vergara Debating Coordinator







# School Drop-off and Pick up Arrangements

Epping Boys High School is a very busy school, with more than 1300 boys entering and exiting the school at peak times before and after school. To keep your students safe, we all need to follow some simple rules.

While we encourage the boys to make their own way to and from school to encourage responsibility and self-sufficiency, we understand that it is not always possible. From time to time you may need to drop him off or pick him up from school.

If you are going to drop off or pick up your son before or after school please ensure you:

- Do NOT drive into school grounds
- Do **NOT** stop in the Bus Zone
- Do NOT stop in the No Stopping Zone
- Always park/stop legally around the school



**Do** drop your son past the school gate on Vimiera Road at a safe place. A popular and safe option for dropping and picking up your son from school is in the Car Park at Marsfield Park opposite the school on Vimiera Road. Be aware of signage

Please park safely and legally, even if it means walking further to the school gate. Parking signs are planned with Children's safety in mind.



## <u>Please remember to label all of</u> <u>your son's belongings.</u>

#### The pile is growing with so many unlabelled ITEMS!!

Lost property will be returned to students if they are labelled with their name. Items in lost property that are not labelled and have not been claimed by the end of term will be donated to the 2nd Hand Clothing Pool.

## Book Packs 2021

Book packs include all their stationery needs for the whole year.

Year 7 Book Packs for 2021 will be on sale at the School Canteen from 23 November 2020 for \$95.00 each. This includes Safety Glasses and Apron.

Year 8 Book Packs are available now for \$65.00 (not including Safety Glasses or Apron).

Aprons \$15.00 Safety Glasses \$9.00 Aprons and safety glasses can be purchased all year round.

#### Strive to Achieve School Travel for 2021



2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Students who require a School Opal card or travel pass for 2021 can now **apply** online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who have changed school/campus, changed address, repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should <u>re-apply or update their details.</u>

\*Applications must be completed by the student's parent or legal guardian if the student is aged under 16 years. Students 16 years and over must complete the application form themselves.

Where there is a change of distance eligibility based on a student's grade, the system will automatically update a student's entitlement if they meet the new criteria. If they do not meet the new <u>eligibility criteria</u>, they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

Term Bus Pass holders will receive a notification to re-apply.

If a student needs to update their information or re-apply, they should go online to

#### https://apps.transport.nsw.gov.au/ssts/updateDetails

Applications need to be submitted before 31 December 2020 to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from their nominated operator, this may be distributed via the school or sent direct to their address. Note: some R&R operators do not issue travel passes. Students/Parents should confirm with their nominated operator if they do not receive a pass.

#### **New Concession Entitlement Cards**

Transport for NSW will be replacing the below cards with Transport Concession Entitlement Cards (TCEC) from October 2020:

- \* Senior Secondary Student Concession Card (16 years and over) also used by Mature Secondary Students (18 years and over), Distance Education Students and Home School Students
- \* Proof of Age card (when a student under 16 years of age looks older)
- Boarder Rail Pass.

All previous cards will be valid until they expire. Students who require a Transport Concession Entitlement Card should speak with their school administration staff.

Enquiries regarding school student travel can be submitted to Transport for NSW at: https://transportnsw.info/contact-us/feedback/passes-concessions-feedback





## **Epping Boys High School**

Dear Parent /Guardian,

MSP Photography recently photographed at Epping Boys High School. If your child is a part of the different teams and/or groups in the following categories these are now available for you to view and purchase online

- Summer Sports Groups
- Winter Sports Groups
- Extra-Curricular Groups
- Specialty Groups

These photographs will be available to purchase on line for a limited time only.

#### Cut-off date will be 18 October 2020

Should you wish to order any of these photographs, please go to:

https://mspsydney.fotomerchanthv.com/search/ (do not enter in google search)

You will need to use the following access code to gain entry into the portfolio of photographs:

#### Code: **EBHS2542**

#### The cost of each photo is \$20.00

#### To order your photos

- 1. Sign in using your passcode and fill in the automated form
- 2. Select Traditional Group Photo
- To choose which photos you would like to order click on the icon CHOOSE PHOTO and add to cart.
- 4. To purchase multiple photos repeat the 3rd step
- 5. Once these have been added to your cart you can continue onto the payment process to complete your order



If you require any further information please contact

#### MSP Photography - Sydney on 9499 6555

**Community Notices** 

NSW Department of Education

## Take care of your mental health



It's okay to feel stressed, anxious or worried.



Use credible sources when looking for information about COVID-19 and how to stay safe.



If you're feeling overwhelmed, take a break from watching the news and social media.



Try these healthy coping strategies to find the ones that work best for you:

- Talk to family, friends or teachers about your problems.
- Do something you enjoy.
- Use relaxation techniques like deep breathing or meditation.

If you want to talk it though with someone or find more tips, reach out to one of the following groups:

Kids Helpline 1800 55 1800 (24/7) kidshelpline.com.au

Reachout au.reachout.com headspace 1800 650 890 eheadspace.org.au

Lifeline 13 11 14 (24/7)



Cover your mouth when coughing or sneezing



Clean your hands regularly

Stay home if you're sick





Contact your GP or HealthDirect on 1800 022 222 if you're concerned



## **Community Notices**

## Council to help HSC students overcome challenges



The City of Ryde will stage a new webinar specifically designed to support HSC Students through their upcoming exams.

While sitting the HSC can be a stressful time in everyone's life, students sitting this year's school-leaver exams have had to take on additional challenges created by the coronavirus (COVID-19) pandemic.

As part of the City of Ryde's commitment to helping local youth Council will stage the special webinar on Tuesday 15 September, between 6:30pm and 7:15pm.

Hosted by Dr Michael Carr-Gregg, the session will be aimed at HSC students and their parents, providing them with advice on how to prepare for the exams and also take the time to enjoy what us a significant time in their schooling life.

Dr Carr-Gregg is on of Australia's highest profile psychologists who has launched a range of mental health initiatives in the fields of parenting, children, adolescents and the use of technology for mental health.

The City of Ryde is also partnering with Sydney North Health Network to deliver a campaign focused on promoting self-care and looking after each other through the HSC.

The campagn will involve a series of short videos from various stakeholders including CPs, nurses, past HSC students, local youth services and education providers. This campaign will launch in late September.

https://www.ryde.nsw.gov.au

"2020 has been an extremely stressful year for most of us, but it has been particularly challenging for Year 12 students," City of Ryde Mayor, Clr Jerome Laxale said.

"As a City we will continue to do what we can to help students during this difficult time."

## **Book a Study Seat**

Morning and Afternoon Sessions available

Ryde Library | West Ryde Library | Eastwood Library To book visit https://www.ryde.nsw.gov.au/Library/Using-the-Library/Study-Seating

化化化正规化化成化化化化化化化化化

## STRIVE TO ACHIEVE Community Notices

## **OCTOBER DRAMA WORKSHOPS**





## ENROL NOW

KILLARA AND ONLINE WE TAKE CREATIVE KIDS VOUCHERS 1 - 5 DAYS CLASSES AVAILABLE MARIAN ST



#### This summer

# **Play Baseball**

with Macquarie Saints

Saturday 24 October

ounds are Pioneer & Waterloo Rarks, Marsfield

lges 4 yrs to adults – Tbeli Ditch for 10 yrs & up

0

Follow us on Facebook, or contact: Adrian Hobson 0419 693 710 Russell Sheffield 0410 057 989

## STRIVE TO ACHIEVE Community Notices



SUNDAY FROM 9 TILL 2

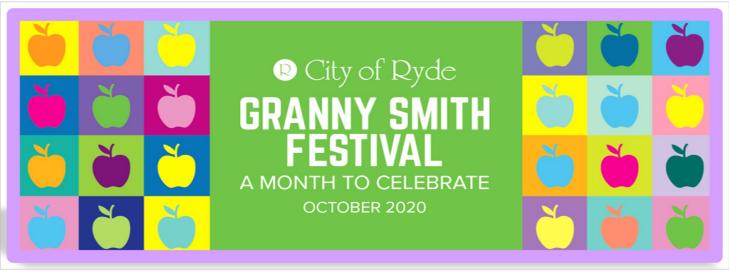
18 October, 2020 | 15 November, 2020 | 20 December, 2020

That Great Market Lindfield is a gorgeous indoor/outdoor all weather market held at the East Lindfield Community Hall and gardens. Every month we have beautiful stalls filled with locally made products and produce, great live music, things for the kids, plenty of food and places to sit and enjoy the friendly, relaxing Sunday vibes.





Visit Ku-ring-gai Council website for more information and to purchase tickets.



#### STRIVE TO ACHIEVE **Board Games Club Epping Boys High School** Want to make new friends? - Are you bored at lunchtime? is on Facebook Come to the Board Games Club Who Elui 1.20pm THURSDAY lunchtime in K2 Come along and have some fun EVERYONE IS WELCOME See Ms Lane EVERY DAY AT LUNCHTIME 1.20 pm to 2.00pm in the science faculty In F5 Classroom for more information 2.00pm ALL WELCOME RECYCLE RECYCLE YOI **BATTERIES!** SCIENCE | TECHNOLOGY | ENGINEERING | ARTS | MATHS AT Epping Boys High School STEAM challenges students to solve the problems of the Science staff room.

future in a creative way supported by evidence and first-hand research. All students are welcome to come along and change the world on Thursday Lunchtimes in K05

#### See Mr Leggo in Science

A household battery recycle bin can now be found outside the

Please take advantage of this service and help reduce toxic chemicals poisoning our environment by disposing of your household batteries in our recycle bin. Recycle bins can also be found at Eden Gardens at North Ryde



CHESS CLUB

is located in K23 during lunch time on Monday, Tuesday, Thursday and Friday. No experience necessary. Come along and make new friends.

**ALL WELCOME** 



## **Epping Boys High School - Canteen Price List**

#### BREAKFAST:

BREAKFAST:	
English Muffins Ham & Lite Cheese	\$1.80
Herb & Lite Cheese Toastie (Thursday's)	\$2.50
Café Raisin Toast (2slices)	\$2.80
Hash Brown	\$1.00
Breakfast to go - Toasted Muesli with Yoghurt	\$2.80
Coconut & Apple	
HOT FOOD:	
Hot Home Made Special Roll of the Day	\$4.20
Grilled Chicken Fillet	\$3.00
Lite Sausage Roll (halal)	\$3.20
Good Tucker Cheese & Spinach Roll	\$3.00
Pizza Rounds	\$3.20
Grilled Chicken & Lettuce Burger	\$4.20
Veggie Burger & Salad	\$4.40
Lite Beef Burger & Salad (online only)	\$4.50
Macaroni Cheese	\$4.20
Lasagne	\$4.20
Teriyaki Chicken & Rice	\$4.20
Lite Beef Pie (halal)	\$4.00
Lite Curry Pie	\$4.30
Hot Dog	\$3.50
Home Made Soup <mark>(seasonal)</mark>	\$4.00
COLD ITEMS:	
SUSHI (9 options) Tuesday & Thursdays	\$3.80
SANDWICHES:	
SANDWICHES: Chicken & Salad	\$4.50
	\$4.50 \$4.50
Chicken & Salad	
Chicken & Salad Salad, Cheese, Lettuce & Pickles	\$4.50
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce	\$4.50 \$4.50
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce	\$4.50 \$4.50 \$4.50
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad	\$4.50 \$4.50 \$4.50 \$4.50
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b>	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$4.50
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato Roast Beef & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese Chicken Caesar Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese Chicken Caesar Salad <b>WRAPS:</b>	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20 \$4.20
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad ROLLS: Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese Chicken Caesar Salad WRAPS: Chilli Chicken & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20 \$4.20
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese Chicken Caesar Salad <b>WRAPS:</b> Chilli Chicken & Salad Honey Mustard Chicken & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20 \$4.20 \$4.20
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad ROLLS: Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese Chicken Caesar Salad WRAPS: Chilli Chicken & Salad Honey Mustard Chicken & Salad Mexican Chicken & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20 \$4.20 \$4.20 \$4.20
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad <b>ROLLS:</b> Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese Chicken Caesar Salad <b>WRAPS:</b> Chilli Chicken & Salad Honey Mustard Chicken & Salad Mexican Chicken & Salad Pulled Beef & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20 \$4.20 \$4.20 \$4.20 \$4.20 \$4.20
Chicken & Salad Salad, Cheese, Lettuce & Pickles Ham, Cheese, Tomato & Lettuce Curried Egg & Lettuce Roast Beef & Salad Ham & Salad Tuna & Salad ROLLS: Chicken, Lettuce & Tomato Roast Beef & Salad Tuna & Salad Salad & Cheese Chicken Caesar Salad WRAPS: Chilli Chicken & Salad Honey Mustard Chicken & Salad Mexican Chicken & Salad Pulled Beef & Salad	\$4.50 \$4.50 \$4.50 \$4.50 \$4.50 \$5.00 \$5.00 \$5.00 \$4.20 \$4.20 \$4.20 \$4.20

#### DRINKS:

DRINKS:	
Water (600mls)	\$2.00
Water (1.5Lt)	\$3.50
Up & Go - Chocolate & Vanilla	\$2.80
Oak Plus - Chocolate, Vanilla & Banana	\$3.80
Oak Flavoured Milk (300mls) - Chocolate, Strawberry	\$2.80
& Vanilla Malt	
Oak Lite Milk (500mls) - Chocolate & Strawberry	\$3.80
Oak Thick - Death by Chocolate & Vanilla Killa	\$3.80
Ice Break (500mls) - Regular Shot	\$3.80
Pepsi Max - Plain & Vanilla	\$2.80
Natural Sparkling Mineral Water (500mls)	\$2.80
100% Juice Poppers - Apple, Orange & Apple b/current	\$2.00
Glee (250mls) Grape & Tropical	\$2.80
Chill Iced Tea (250mls) Peach & Raspberry	\$2.80
Plain Milk (600mls)	\$3.00
	çoloo
SNACK ITEMS:	
Toasted Garlic Tortilla	\$1.00
Milo Energy Snack Bar	\$1.50
BBQ Snaps (gluten free & halal)	\$2.00
Red Rock Chips - Plain	\$2.00
Lite Muffins	\$2.50
Fresh Fruit (seasonal)	\$1.00
Home Made Banana Bread	\$3.00
Breakfast to go Toasted Muesli with Yoghurt	\$3.00
Coconut & Apple	<i>9</i> 3.00
ICE BLOCKS & ICE CREAMS:	
Frozen Fruit Cups	\$1.10
Moosies - Chocolate & Blueberry	\$2.00
Quelch Stick	\$1.00
Iced Mony	\$1.00
Snap-Stix	\$1.00
	Ŷ1.00
SAUCES:	
Tomato	<b>\$0.30</b>
BBQ	\$0.30 \$0.30
Mustard	\$0.30 \$0.30
Chilli	\$0.30 \$0.30
Cillin	<b>30.30</b>



Daylight Sportswear Pty Ltd ABN 76 069 733 455 6-8 Lone Pine Place, Smeaton Grange NSW 2567 Telephone: (02) 4648 1066 Fax: (02) 46470143 Email: daylight@daylightcorp.com

## Epping Boys High School Uniform Shop

#### Price List

Item	Price \$	Size	Qty	Total incl GST
Tailored Trousers	45.00			
Grey Beltloop Shorts	37.00			
S/S Grey Middle School Shirt	35.00			
L/S Grey Middle School Shirt	37.00			
S/S White Senior School Shirt	35.00			
L/S White Senior School Shirt	37.00			
Jumpers				
Green Wool Jumpers 10, 12, 14, 16, 18	72.00			
Green Wool Jumpers 20, 22, 24, 26, 28	72.00			
Polar Fleece Jacket	45.00			
Sport / PE				
Microfibre Jacket (summer)	67.00			
Winter Jacket	67.00			
Trackpants	45.00			
Sport Polo	37.00			
Sport Shorts Darvall (red)	30.00			
Sports Shorts Harris (yellow)	30.00			
Sports Shorts Terry (green)	30.00			
Sports Shorts Midson (blue)	30.00			
Others				
School Socks S 2-8; M 8-11; L 11-14; XL 14-17	7.50			
Rugby Socks	8.00			
Boys Blazers	121.00			
Caps – one size Beanie – one size	12.00 15.00			
Middle School Tie	20.00			
Senior School Tie	20.00			

Cash and credit card – eftpos facility. Cheques will NOT be accepted.

The Uniform Shop is open:

Monday 10.00 am until 2.00 pm

Thursday 7.30 am until 11.30 am

The Uniform Shop is located in G Block. If you have any queries, please contact Delma Marsden on 0451 255 624 \*PLEASE BRING YOUR OWN BAG\*

Why not order online?? It is quick and easy. Simply create an account profile, place your order and pickup from the Daylight Uniform Shop on the next open day. Daylightsportswear.com/epping or phone 0451 255 624 to place your order when paying by credit card (expiry date & CCV are required).



#### Please note that we are now bag free

#### EBHS CHANGE OF STUDENT PERSONAL INFORMATION

Student First Name:		Student Surnam	ie	Roll Class
Previous Address:				
			Date Addres	s Changed:
			Post Code:	
Home Phone:				
Parent/Guardian 1: W	ork Phone:	Ра	irent/Guardian 1:Mo	bile
Parent/Guardian 1: Er	n <b>ail:</b>			
Parent/Guardian 2: W	ork Phone:	Pa	arent/Guardian 2: M	obile:
Parent/Guardian 2: Er	nail:			
Emergency Contact	1 (someone other	than Parent/Guardian)		
Name:		Emergen	cy Contact Phone: .	
Relationship to Studer	nt (eg Aunt, Friend	):		
Emergency Contact	2 (someone other	than Parent/Guardian)		
Name:		Emergen	cy Contact Phone: .	
Relationship to Studer	nt (eg Aunt, Friend	):		
Parent/Guardian Nam	e:			
Parent/Guardian Signa	ature:			Date:
OFFICE USE ONLY	□ ERN	Student File	□ NESA	□ Transport

#### **SMS NOTIFICATIONS**

#### **Absences**

If you receive a text regarding your son's absence, please only reply if he is sick or on leave. If you believe your son is at school or on a school excursion etc., please telephone the school on 9869 2701.

#### **General SMS Information**

Due to the SMS system we have, all text messages are sent in bulk from the computer. We are unable to reply to any text messages we receive. If you have any queries about an SMS please phone the school on 9869 2701.

#### **Notification of Absence**

If your son is going to be absent, please call the school ASAP and upon return, please use the following form to explain your son's absence. NB: Early Leavers permission notes should be submitted to the Front Office. These notes must be signed by a deputy principal prior to being submitted to the front office. If your son will be away for five or more days, an application for extended leave/travel form must be filled out and submitted to the Principal two weeks prior to absence. Forms may be collected from the Front Office.

#### **NOTIFICATION OF ABSENCE**

Student Surname:	. Given Name:	Roll Class:
WHOLE DAY ABSENCE Date(s):	LATE ARRIVAL Date:	
EARLY LEAVER Date:	Departure time:	
Reason for absence:		
Parent/Guardian Name:	Parent/Guardian Signature:	Date:
(Please Print)		